

VI Carreira Popular De Cambados

Resultados absoluta

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | PTO SEXO | CATEGORÍA | PTO CAT | EQUIPO | POBLACIÓN | T. NETO | RITMO | T. OFICIAL | VUELTA 1 | VUELTA 2 | VUELTA 3 |
|-----|--------|-----------------|----------------------|------|----------|------------------|---------|-----------------------------------|------------------------|---------|-------|------------|----------|----------|----------|
| 1 | 37 | Alejandro | Fernández Rivera | M | 1 | Promesa-Senior M | 1 | 3&run By Pedro Nimo | Ourense | 31:28 | 3:09 | 31:28 | 10:22 | 10:45 | 10:21 |
| 2 | 115 | Nuno | Costa | M | 2 | Promesa-Senior M | 2 | Independiente | Porto | 31:33 | 3:10 | 31:33 | 10:23 | 10:45 | 10:26 |
| 3 | 537 | Abraham Roberto | Castellanos Portillo | M | 3 | Promesa-Senior M | 3 | Independiente | Chihuahua | 31:41 | 3:10 | 31:41 | 10:23 | 10:46 | 10:34 |
| 4 | 42 | Ivan | Docamp Gonzalez | M | 4 | Promesa-Senior M | 4 | Sociedad Gimnastica De Pontevedra | Ribadavia | 31:50 | 3:11 | 31:50 | 10:22 | 10:45 | 10:43 |
| 5 | 291 | Jorge | Crespo Arias | M | 5 | Veteranos A M | 1 | Sar Vermú Petroni | Negreira | 32:54 | 3:18 | 32:54 | 10:40 | 11:02 | 11:13 |
| 6 | 320 | Ricardo | Vázquez Vaamonde | M | 6 | Veteranos A M | 2 | Escola Atletismo Deza | Lalin | 33:49 | 3:23 | 33:49 | 11:02 | 11:18 | 11:29 |
| 7 | 123 | Diego | Ruiz Breijo | M | 7 | Promesa-Senior M | 5 | San Paio A Estrada | A Coruña | 34:29 | 3:27 | 34:30 | 11:19 | 11:40 | 11:31 |
| 8 | 269 | Francisco José | Sánchez López | M | 8 | Veteranos A M | 3 | Independiente | Santiago | 34:47 | 3:29 | 34:49 | 11:52 | 11:37 | 11:20 |
| 9 | 280 | Juan Carlos | Casal Pérez | M | 9 | Veteranos A M | 4 | 3&run Club De Corredores Pedro | Santiago De Compostela | 34:54 | 3:29 | 34:55 | 11:53 | 11:37 | 11:25 |
| 10 | 256 | Felipe | Miguens Gasamanes | M | 10 | Veteranos A M | 5 | AT. Sar - Vermu Petroni | Pontecesures | 35:00 | 3:30 | 35:00 | 11:20 | 11:50 | 11:50 |
| 11 | 94 | Alberto | Alvarez Bendaña | M | 11 | Promesa-Senior M | 6 | Sar Vermú- Petroni | Padron | 35:00 | 3:30 | 35:00 | 11:21 | 11:51 | 11:50 |
| 12 | 112 | Anxo | Ruano Fernandez | M | 12 | Promesa-Senior M | 7 | Sar Vermu Petroni | Santiago | 35:01 | 3:30 | 35:01 | 11:38 | 11:53 | 11:32 |
| 13 | 251 | Gustavo | Rios Sanchez | M | 13 | Veteranos A M | 6 | Usc | Santiago De Compostela | 35:19 | 3:32 | 35:19 | 11:38 | 11:53 | 11:50 |
| 14 | 114 | Guillermo | Pedrero López | M | 14 | Promesa-Senior M | 8 | Asociación Deportiva C.A.R. | Redondela | 35:20 | 3:32 | 35:21 | 11:31 | 12:02 | 11:49 |
| 15 | 8 | Pablo | Dominguez Martinez | M | 15 | Promesa-Senior M | 9 | C.D. Bikila Granada | Almeria | 35:22 | 3:32 | 35:22 | 11:23 | 12:04 | 11:56 |
| 16 | 58 | Diego | Calvete Carballa | M | 16 | Promesa-Senior M | 10 | San Miguel De Marín | Sanxenxo | 35:22 | 3:32 | 35:22 | 11:41 | 11:50 | 11:52 |
| 17 | 306 | Manuel | Prieto De La Iglesia | M | 17 | Veteranos A M | 7 | Athletics Smooy Team | Vigo | 35:23 | 3:33 | 35:24 | 11:38 | 11:54 | 11:52 |
| 18 | 311 | Alejandro | Begega Ordiz | M | 18 | Veteranos A M | 8 | Independiente | Carril | 35:26 | 3:33 | 35:26 | 11:36 | 11:55 | 11:55 |
| 19 | 103 | Jose Manuel | Omil Iglesias | M | 19 | Promesa-Senior M | 11 | Club Deportivo Pinarium | Marin | 35:28 | 3:33 | 35:29 | 11:31 | 12:01 | 11:57 |
| 20 | 113 | Fran | Iglesias De La Iglas | M | 20 | Promesa-Senior M | 12 | Sociedad Gimnástica De Pontevedra | Redondela | 35:38 | 3:34 | 35:38 | 11:08 | 12:04 | 12:27 |
| 21 | 136 | Leticia | Fernández Barbosa | F | 1 | Promesa-Senior F | 1 | Ria Ferrol | Poio | 35:39 | 3:34 | 35:40 | 11:50 | 11:47 | 12:03 |
| 22 | 76 | Ruben | Rodriguez Vidal | M | 21 | Promesa-Senior M | 13 | C. D. Ría De Arousa | O Grove | 35:46 | 3:34 | 35:46 | 11:54 | 12:06 | 11:47 |
| 23 | 249 | Víctor | Barcala Mora | M | 22 | Veteranos A M | 9 | Pontevedra | Pontevedra | 35:58 | 3:36 | 35:59 | 11:36 | 12:01 | 12:23 |
| 24 | 228 | David | Pérez Santamaría | M | 23 | Veteranos A M | 10 | Atletismo Sar Vermú Petroni | Padrón | 36:12 | 3:37 | 36:12 | 11:59 | 12:06 | 12:08 |
| 25 | 182 | David | Martinez Costa | M | 24 | Veteranos A M | 11 | Independiente | Cambados | 36:23 | 3:38 | 36:23 | 11:49 | 12:14 | 12:22 |
| 26 | 414 | Antonio | Fuertes Saavedra | M | 25 | Veteranos B M | 1 | Real Club Celta Atletismo | Vigo | 36:22 | 3:38 | 36:24 | 11:48 | 12:18 | 12:18 |
| 27 | 453 | Carlos | Busto Lobato | M | 26 | Veteranos B M | 2 | Sar-vermu Petroni | Catoira | 36:24 | 3:38 | 36:26 | 11:50 | 12:12 | 12:23 |
| 28 | 441 | Francisco | Pazos Campos | M | 27 | Veteranos B M | 3 | Atletismo + 9 Moraña | Pontevedra | 36:45 | 3:41 | 36:45 | 11:50 | 12:24 | 12:31 |
| 29 | 160 | Paula | Mayobre González | F | 2 | Promesa-Senior F | 2 | Escola De Atletismo Paula Mayo | Ares | 36:46 | 3:41 | 36:46 | 11:49 | 12:15 | 12:43 |
| 30 | 336 | Pedro | Traba Caamaño | M | 28 | Veteranos A M | 12 | Club Atletismo Outes - John Tu | Freixo | 36:41 | 3:40 | 36:46 | 12:03 | 12:03 | 12:36 |
| 31 | 399 | Santiago | Bernárdez Macía | M | 29 | Veteranos B M | 4 | Campestre Running Club | Vigo | 36:47 | 3:41 | 36:49 | 11:39 | 12:26 | 12:43 |
| 32 | 365 | Carlos | Garrido Lafuente | M | 30 | Veteranos A M | 13 | Independiente | Pontevedra | 36:47 | 3:41 | 36:49 | 12:15 | 12:18 | 12:15 |
| 33 | 102 | Antonio | Carballal Gonzalez | M | 31 | Promesa-Senior M | 14 | Club Deportivo Pinarium | Marin | 36:51 | 3:41 | 36:52 | 11:49 | 12:23 | 12:41 |
| 34 | 483 | Ramiro | Perez Pereira | M | 32 | Veteranos C M | 1 | Sar Vermu Petroni | Sollans Teo | 36:51 | 3:41 | 36:54 | 12:14 | 12:19 | 12:19 |
| 35 | 90 | Ivan | Segade Carou | M | 33 | Promesa-Senior M | 15 | Club Atletismo Boimorto | A Coruña | 36:56 | 3:42 | 36:57 | 12:13 | 12:21 | 12:22 |
| 36 | 302 | Jesús Manuel | Puga Martínez | M | 34 | Veteranos A M | 14 | Miler | Poio | 37:00 | 3:42 | 37:03 | 12:13 | 12:24 | 12:23 |
| 37 | 352 | Gonzalo | Rodriguez Lopez | M | 35 | Veteranos A M | 15 | Asociacion Deportiva C.A.R | Redondela | 37:05 | 3:42 | 37:07 | 12:01 | 12:43 | 12:22 |
| 38 | 536 | Joselyn Daniely | Brea Abreu | F | 3 | Promesa-Senior M | 3 | Independiente | Pontevedra | 37:08 | 3:42 | 37:08 | 11:52 | 12:38 | 12:39 |
| 39 | 63 | Manuel | Dalmeida Lopez | M | 36 | Promesa-Senior M | 16 | Atenas Vda | Villagarcia De Arosa | 37:15 | 3:44 | 37:16 | 11:46 | 12:39 | 12:50 |
| 40 | 198 | Marcos | Sobрино Brea | M | 37 | Veteranos A M | 16 | Corredoiras | Bueu | 37:18 | 3:44 | 37:19 | 12:25 | 12:30 | 12:24 |
| 41 | 83 | Jose Manuel | Gomez Canabal | M | 38 | Promesa-Senior M | 17 | Independiente | Santiago De Compostela | 37:24 | 3:44 | 37:24 | 12:10 | 12:40 | 12:35 |
| 42 | 230 | Juan | Soliño Lanzos | M | 39 | Veteranos A M | 17 | Independiente | Cangas De Morrazo | 37:26 | 3:44 | 37:28 | 12:19 | 12:40 | 12:28 |
| 43 | 46 | Roberto | Santos Nuñez | M | 40 | Promesa-Senior M | 18 | Corredoiras Bueu | Bueu | 37:32 | 3:45 | 37:33 | 12:27 | 12:30 | 12:36 |
| 44 | 80 | Adrián | Castroagudin Gómez | M | 41 | Promesa-Senior M | 19 | Atletismo +9 Moraña | Pontecesures | 37:37 | 3:46 | 37:38 | 12:10 | 12:50 | 12:38 |
| 45 | 233 | Ricardo | Verde Piñeiro | M | 42 | Veteranos A M | 18 | Corredoiras | Bueu | 37:39 | 3:46 | 37:39 | 12:16 | 12:45 | 12:39 |

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| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | PTO SEXO | CATEGORÍA | PTO CAT | EQUIPO | POBLACIÓN | T. NETO | RITMO | T. OFICIAL | VUELTA 1 | VUELTA 2 | VUELTA 3 |
|-----|--------|----------------|--------------------|------|----------|------------------|---------|--------------------------------|----------------------|---------|-------|------------|----------|----------|----------|
| 46 | 226 | Jose Ramon | Lago Quinteiro | M | 43 | Veteranos A M | 19 | Fontes Do Sar | Santiago De Composte | 37:37 | 3:46 | 37:42 | 12:31 | 12:40 | 12:27 |
| 47 | 181 | José Manuel | Montoto Areán | M | 44 | Veteranos A M | 20 | Atletismo Deza | Lalín | 37:41 | 3:46 | 37:44 | 12:19 | 12:42 | 12:41 |
| 48 | 290 | Juan | García Fandiño | M | 45 | Veteranos A M | 21 | Club Atletismo Fontes Do Sar | Santiago De Composte | 37:46 | 3:47 | 37:51 | 12:30 | 12:41 | 12:36 |
| 49 | 359 | Alberto | Iglesias Cabaleiro | M | 46 | Veteranos A M | 22 | Asociacion Deportiva Car | Redondela | 37:51 | 3:47 | 37:54 | 12:14 | 12:46 | 12:52 |
| 50 | 275 | Luis Javier | Fernandez Otero | M | 47 | Veteranos A M | 23 | Sar Vermu Petroni | Padron | 37:52 | 3:47 | 37:54 | 12:38 | 12:46 | 12:28 |
| 51 | 361 | Santiago | Vázquez Pesqueira | M | 48 | Veteranos A M | 24 | Independiente | Pontevedra | 37:53 | 3:47 | 37:55 | 12:13 | 12:50 | 12:51 |
| 52 | 153 | Raquel | Suarez Pedrosa | F | 4 | Promesa-Senior F | 4 | Ria De Ferrol | Santiago De Composte | 37:57 | 3:47 | 37:58 | 12:18 | 13:01 | 12:40 |
| 53 | 293 | Antonio | Pajariño Vilas | M | 49 | Veteranos A M | 25 | Independiente | Pontevedra | 37:59 | 3:48 | 38:01 | 12:21 | 12:51 | 12:49 |
| 54 | 180 | Jose Domingo | Sendon Rodriguez | M | 50 | Veteranos A M | 26 | Fontes Do Sar | Bertamirans -ames | 37:59 | 3:48 | 38:03 | 12:15 | 12:58 | 12:46 |
| 55 | 28 | Manuel | Carreira Oubiña | M | 51 | Promesa-Senior M | 20 | Independiente | Romai | 38:05 | 3:49 | 38:05 | 11:59 | 13:02 | 13:05 |
| 56 | 122 | Jose Luis | Somoza Amado | M | 52 | Promesa-Senior M | 21 | Universidade De Vigo | Lugo | 38:05 | 3:49 | 38:07 | 12:18 | 12:59 | 12:49 |
| 57 | 41 | Manuel | Rey Valladares | M | 53 | Promesa-Senior M | 22 | Independiente | A Estrada | 38:05 | 3:49 | 38:13 | 12:20 | 12:52 | 12:54 |
| 58 | 366 | Jose Gavino | Edreira Garcia | M | 54 | Veteranos A M | 27 | Club Deportivo Pinarium | Pontevedra | 38:09 | 3:49 | 38:13 | 12:16 | 13:02 | 12:52 |
| 59 | 64 | Eloy | Triñanes Ccosta | M | 55 | Promesa-Senior M | 23 | Independiente | O Grove | 38:12 | 3:49 | 38:15 | 12:33 | 12:52 | 12:49 |
| 60 | 200 | Óscar | Fernández | M | 56 | Veteranos A M | 28 | Independiente | Vilanova | 38:13 | 3:49 | 38:15 | 12:14 | 12:44 | 13:16 |
| 61 | 92 | Javier | Rivas Lopez | M | 57 | Promesa-Senior M | 24 | Club Deportivo Pinarium | Marin | 38:15 | 3:49 | 38:18 | 12:21 | 13:14 | 12:40 |
| 62 | 351 | Jose Luis | Boveda Castro | M | 58 | Veteranos A M | 29 | Club Deportivo Ria De Arousa | O Grove | 38:18 | 3:50 | 38:20 | 12:32 | 12:52 | 12:54 |
| 63 | 337 | Jose | Bujan Gonzalez | M | 59 | Veteranos A M | 30 | Clube De Atletismo Outes-john | Outes | 38:15 | 3:49 | 38:28 | 12:42 | 12:47 | 12:47 |
| 64 | 187 | Juan Luis | Callón Cameám | M | 60 | Veteranos A M | 31 | C.D. Ria De Arousa Do Grove | O Grove | 38:26 | 3:51 | 38:29 | 12:32 | 12:52 | 13:03 |
| 65 | 425 | Domingo | Alvarez Rodriguez | M | 61 | Veteranos B M | 2 | Burgas Ourense Atletismo | Ourense | 38:32 | 3:51 | 38:33 | 12:31 | 13:11 | 12:50 |
| 66 | 386 | Juan Diego | Vázquez Remigio | M | 62 | Veteranos A M | 32 | Club Deportivo Ria De Arousa | Pontevedra | 38:38 | 3:52 | 38:39 | 12:34 | 12:57 | 13:07 |
| 67 | 66 | Antonio | Fernández Gómez | M | 63 | Promesa-Senior M | 25 | Independiente | Pontevedra | 38:38 | 3:52 | 38:42 | 12:47 | 13:03 | 12:49 |
| 68 | 4 | Daniel | Rivera Sánchez | M | 64 | Promesa-Senior M | 26 | Independiente | Santiago De Composte | 38:45 | 3:52 | 38:47 | 12:32 | 13:25 | 12:48 |
| 69 | 52 | Daniel | Ardao Mulet | M | 65 | Promesa-Senior M | 27 | Independiente | Vigo | 38:44 | 3:52 | 38:47 | 12:56 | 13:02 | 12:48 |
| 70 | 273 | Jose A. | Fuentes Sayar | M | 66 | Veteranos A M | 33 | Club Pinarium | Marín | 38:45 | 3:52 | 38:48 | 12:43 | 13:10 | 12:53 |
| 71 | 24 | Raúl | Iglesias Duro | M | 67 | Promesa-Senior M | 28 | Noitebra Fc | O Pino | 38:40 | 3:52 | 38:48 | 12:52 | 13:01 | 12:47 |
| 72 | 61 | Abraham | Torre Soengas | M | 68 | Promesa-Senior M | 29 | Verxel N.D. | Sanxenxo | 38:48 | 3:53 | 38:50 | 12:26 | 13:05 | 13:18 |
| 73 | 97 | Xabier | Orozco Prieto | M | 69 | Promesa-Senior M | 30 | C.D. Pinarium | Pontevedra | 38:47 | 3:52 | 38:51 | 12:44 | 13:13 | 12:50 |
| 74 | 33 | Marcos Antonio | Pascual Fidalgo | M | 70 | Promesa-Senior M | 31 | Independiente | A Merca | 38:48 | 3:53 | 38:52 | 12:31 | 12:58 | 13:20 |
| 75 | 18 | Adrián | González Blanco | M | 71 | Promesa-Senior M | 32 | Athletics Smooy Team | Nigrán | 38:55 | 3:54 | 38:56 | 11:38 | 14:23 | 12:55 |
| 76 | 390 | Pedro | Gonzalez Blanco | M | 72 | Veteranos A M | 34 | Athletics Smooy Team | Vigo | 38:53 | 3:53 | 38:56 | 12:46 | 13:13 | 12:55 |
| 77 | 354 | Sergio | Buceta Montero | M | 73 | Veteranos A M | 35 | Independiente | Ames | 38:54 | 3:54 | 38:59 | 12:40 | 13:11 | 13:04 |
| 78 | 190 | Andres | Sueiro Mendez | M | 74 | Veteranos A M | 36 | Tirillas | Dena | 38:59 | 3:54 | 39:01 | 12:12 | 13:39 | 13:08 |
| 79 | 213 | Martin | Estevez Estevez | M | 75 | Veteranos A M | 37 | Corredoiras De Bueu | Cangas Del Morrazo | 39:06 | 3:54 | 39:07 | 12:26 | 13:21 | 13:20 |
| 80 | 317 | Lucas | Garcia Iglesias | M | 76 | Veteranos A M | 38 | Punta Cabalo Illa De Arousa | Illa De Arousa | 39:01 | 3:54 | 39:09 | 12:28 | 13:10 | 13:24 |
| 81 | 121 | Ruben | Patiño Vieites | M | 77 | Promesa-Senior M | 33 | Independiente | Vilagarcia De Arousa | 38:58 | 3:54 | 39:10 | 12:39 | 13:12 | 13:08 |
| 82 | 13 | Maxi | Oubiña Falcón | M | 78 | Promesa-Senior M | 34 | Clube Atletismo Cambados | Cambados | 39:10 | 3:55 | 39:11 | 12:04 | 13:31 | 13:37 |
| 83 | 315 | Luis Miguel | Cancela Gonzalez | M | 79 | Veteranos A M | 39 | Moraña Runing | Moraña | 39:11 | 3:55 | 39:13 | 12:45 | 13:16 | 13:12 |
| 84 | 204 | Carmelo | Oubiña Duran | M | 80 | Veteranos A M | 40 | Independiente | Cambados | 39:14 | 3:56 | 39:17 | 12:50 | 13:12 | 13:13 |
| 85 | 268 | Jordi | Carrasco Nuñez | M | 81 | Veteranos A M | 41 | Rungalicia | Moraña | 39:17 | 3:56 | 39:18 | 12:45 | 13:16 | 13:17 |
| 86 | 191 | Jose Antonio | Gonzalez Martinez | M | 82 | Veteranos A M | 42 | Galaieka | Portonovo-sanxenxo | 39:16 | 3:56 | 39:19 | 12:55 | 13:13 | 13:09 |
| 87 | 48 | Juan Luis | Ramiro Gomez | M | 83 | Promesa-Senior M | 35 | Atletismo Universidade De Vigo | Vigo | 39:19 | 3:56 | 39:22 | 12:59 | 13:06 | 13:16 |
| 88 | 248 | José Julián | Beltrán Taboada | M | 84 | Veteranos A M | 43 | Miler Running Club | Pontevedra | 39:21 | 3:56 | 39:25 | 12:56 | 13:09 | 13:17 |
| 89 | 407 | Antonio | Vazquez Iglesias | M | 85 | Veteranos B M | 5 | Burgas Ourense Atletismo | Ourense | 39:21 | 3:56 | 39:25 | 12:53 | 13:13 | 13:16 |
| 90 | 247 | Javier | Guimarey Senin | M | 86 | Veteranos A M | 44 | Sar-vermu Petroni | Valga | 39:23 | 3:56 | 39:26 | 12:55 | 13:11 | 13:17 |

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|-----|--------|------------------|--------------------|------|----------|------------------|---------|--------------------------------|----------------------|---------|-------|------------|----------|----------|----------|
| 91 | 277 | Anton | Gómez Pombo | M | 87 | Veteranos A M | 45 | R.C.Celta Atletismo | Vigo | 39:24 | 3:56 | 39:28 | 12:51 | 13:14 | 13:21 |
| 92 | 44 | Marcos | Otero Rodríguez | M | 88 | Promesa-Senior M | 36 | Atletismo A Estrada | A Estrada | 39:23 | 3:56 | 39:28 | 12:52 | 13:18 | 13:14 |
| 93 | 23 | David | Pérez Mayán | M | 89 | Promesa-Senior M | 37 | Independiente | Meaño | 39:30 | 3:57 | 39:35 | 12:37 | 13:31 | 13:23 |
| 94 | 107 | Daniel | Perez Rodas | M | 90 | Promesa-Senior M | 38 | Independiente | Cangas De Morrazo | 39:32 | 3:57 | 39:38 | 13:07 | 13:12 | 13:13 |
| 95 | 154 | Camila | Alonso Aradas | F | 5 | Promesa-Senior F | 5 | Pinarium | Ferrol | 39:42 | 3:58 | 39:43 | 12:52 | 13:28 | 13:23 |
| 96 | 205 | Lucas | Pouso Vidal | M | 91 | Veteranos A M | 46 | Club Atletismo Cambados | Vilanova De Arousa | 39:42 | 3:58 | 39:48 | 13:27 | 13:05 | 13:11 |
| 97 | 301 | Raimundo | Fernández Gómez | M | 92 | Veteranos A M | 47 | Independiente | Pontevedra | 39:50 | 3:59 | 39:53 | 12:50 | 13:33 | 13:28 |
| 98 | 368 | Bernardo | Duran Duran | M | 93 | Veteranos A M | 48 | Club A Canuda Seguros Bilbao | As Neves | 39:54 | 3:59 | 39:54 | 13:03 | 13:28 | 13:24 |
| 99 | 17 | Adrian | Gomez Fernandez | M | 94 | Promesa-Senior M | 39 | Independiente | Santiago Compostela | 39:57 | 4:00 | 40:03 | 13:09 | 13:28 | 13:21 |
| 100 | 100 | Adrián | Vives Reino | M | 95 | Promesa-Senior M | 40 | Miler Running Club | Marín | 40:01 | 4:00 | 40:11 | 13:26 | 13:28 | 13:08 |
| 101 | 321 | José Enrique | Eiroa Morás | M | 96 | Veteranos A M | 49 | Independiente | A Coruña | 40:12 | 4:01 | 40:14 | 13:18 | 13:38 | 13:18 |
| 102 | 214 | David | Carnero Ledo | M | 97 | Veteranos A M | 50 | Burgas Ourense Atletismo | Ourense | 40:09 | 4:01 | 40:14 | 12:54 | 13:31 | 13:45 |
| 103 | 327 | Elias | Rial Vidal | M | 98 | Veteranos A M | 51 | Independiente | Cangas | 40:13 | 4:01 | 40:16 | 12:51 | 13:43 | 13:41 |
| 104 | 338 | Santiago | Ramos Iglesias | M | 99 | Veteranos A M | 52 | C.D San Paio | Santiago De Composte | 40:08 | 4:00 | 40:17 | 13:17 | 13:35 | 13:17 |
| 105 | 11 | Miguel | Sueiro Méndez | M | 100 | Promesa-Senior M | 41 | Tirillas | Dena | 40:13 | 4:01 | 40:17 | 13:32 | 13:21 | 13:21 |
| 106 | 209 | Marcos | Perez Lourido | M | 101 | Veteranos A M | 53 | Club Atletismo Negreira | Negreira | 40:15 | 4:02 | 40:19 | 12:39 | 13:41 | 13:56 |
| 107 | 22 | Jacobo | López Corral | M | 102 | Promesa-Senior M | 42 | Esprintes Ourense | Ourense | 40:15 | 4:02 | 40:19 | 13:22 | 13:40 | 13:15 |
| 108 | 130 | Beatriz | Fernandez Gil | F | 6 | Promesa-Senior F | 6 | Corredoiras De Bueu | Cangas Del Morrazo | 40:20 | 4:02 | 40:21 | 12:51 | 13:45 | 13:44 |
| 109 | 432 | Francisco | Fuentes Castro | M | 103 | Veteranos B M | 6 | Coruña Trail | A Coruña | 40:20 | 4:02 | 40:23 | 13:21 | 13:31 | 13:29 |
| 110 | 166 | Sergio | Cadaval Martínez | M | 104 | Xuvenís-Junior M | 1 | Independiente | Ribeira | 40:20 | 4:02 | 40:24 | 12:53 | 13:45 | 13:42 |
| 111 | 295 | Jose | Losada Pérez | M | 105 | Veteranos A M | 54 | Independiente | A Coruña | 40:18 | 4:02 | 40:26 | 13:14 | 13:31 | 13:34 |
| 112 | 271 | David | Arias Quinteiro | M | 106 | Veteranos A M | 55 | Where Is The Chandal? | Vilagarcía De Arousa | 40:20 | 4:02 | 40:26 | 13:34 | 13:31 | 13:16 |
| 113 | 255 | Segundo | Navia Giraldez | M | 107 | Veteranos A M | 56 | Mobu Running Team | Vilagarcía De Arousa | 40:25 | 4:02 | 40:28 | 12:58 | 13:47 | 13:41 |
| 114 | 245 | César | Buján Barral | M | 108 | Veteranos A M | 57 | Atenas Running Vda | O Pino | 40:25 | 4:02 | 40:30 | 13:39 | 13:27 | 13:20 |
| 115 | 39 | Javier | Rey Silva | M | 109 | Promesa-Senior M | 43 | Atenas Running Vda | Vilagarcía De Arousa | 40:27 | 4:03 | 40:33 | 13:28 | 13:19 | 13:42 |
| 116 | 137 | Barca | Toba Suárez | F | 7 | Promesa-Senior F | 7 | Sociedad Gimnástica De Ponteve | Muxia | 40:35 | 4:04 | 40:37 | 13:15 | 13:38 | 13:43 |
| 117 | 344 | Xosé Antón | Barreiro Pereira | M | 110 | Veteranos A M | 58 | Clube Deportivo San Paio | Santiago De Composte | 40:27 | 4:02 | 40:40 | 13:21 | 13:26 | 13:41 |
| 118 | 70 | Alberto | Reboredo Durán | M | 111 | Promesa-Senior M | 44 | Club Deportivo San Paio | A Estrada | 40:28 | 4:03 | 40:40 | 13:21 | 13:28 | 13:40 |
| 119 | 67 | David | Gonzalez Fuertes | M | 112 | Promesa-Senior M | 45 | Independiente | Gijon | 40:37 | 4:04 | 40:41 | 13:41 | 13:42 | 13:15 |
| 120 | 300 | Pablo | Gonzalez Fuertes | M | 113 | Veteranos A M | 59 | Independiente | Gijon | 40:37 | 4:04 | 40:41 | 13:41 | 13:42 | 13:15 |
| 121 | 416 | Francisco | Sanmarco Santos | M | 114 | Veteranos B M | 7 | Sar-vermu Petroni | Pontecesures | 40:41 | 4:04 | 40:44 | 13:11 | 13:45 | 13:45 |
| 122 | 257 | Alvaro | Zarauza Beiras | M | 115 | Veteranos A M | 60 | Independiente | Ames | 40:34 | 4:04 | 40:50 | 13:18 | 13:27 | 13:50 |
| 123 | 194 | Ramon | Escuredo Cascon | M | 116 | Veteranos A M | 61 | Independiente | Pontevedra | 40:43 | 4:04 | 40:51 | 13:05 | 13:35 | 14:04 |
| 124 | 308 | Javier | Dopazo Louzan | M | 117 | Veteranos A M | 62 | Miler Running Club | Pontevedra | 40:46 | 4:05 | 40:51 | 13:15 | 13:46 | 13:47 |
| 125 | 355 | Pablo | Santos Nuñez | M | 118 | Veteranos A M | 63 | Ahí Vou Eu | Vilanova De Arousa | 40:39 | 4:04 | 40:53 | 13:21 | 13:37 | 13:43 |
| 126 | 307 | Fernando | Pérez Gómez | M | 119 | Veteranos A M | 64 | Miler Running Club | Pontevedra | 40:50 | 4:05 | 40:55 | 13:29 | 13:42 | 13:40 |
| 127 | 223 | Francisco Javier | González Casal | M | 120 | Veteranos A M | 65 | Independiente | A Coruña | 40:51 | 4:05 | 40:55 | 13:14 | 13:42 | 13:56 |
| 128 | 362 | Ricardo | Canedo Iglesias | M | 121 | Veteranos A M | 66 | Pinarium | Pontevedra | 40:48 | 4:05 | 40:59 | 13:09 | 13:41 | 13:59 |
| 129 | 482 | Manuel | Calvo Gerardi | M | 122 | Veteranos C M | 3 | Atletismo +9 Moraña | Moraña | 40:57 | 4:05 | 41:00 | 13:14 | 13:49 | 13:54 |
| 130 | 313 | Michel | Martínez Nieto | M | 123 | Veteranos A M | 67 | Club Atletismo Outes - Cao-joh | Outes | 40:57 | 4:05 | 41:02 | 13:17 | 13:48 | 13:53 |
| 131 | 316 | Luis | Santiago Costa | M | 124 | Veteranos A M | 68 | Club Atletismo Vigo | Vigo | 40:58 | 4:05 | 41:05 | 13:27 | 13:41 | 13:51 |
| 132 | 252 | Baltasar | Figueiras Martínez | M | 125 | Veteranos A M | 69 | Atletismo Sar Vermu Petroni | Teo | 40:58 | 4:06 | 41:10 | 14:04 | 13:50 | 13:05 |
| 133 | 165 | Adrián | Freire Gil | M | 126 | Xuvenís-Junior M | 2 | Club Atletismo Negreira | Negreira | 41:08 | 4:07 | 41:11 | 12:56 | 13:53 | 14:20 |
| 134 | 340 | Xil | Rodríguez Gil | M | 127 | Veteranos A M | 70 | Independiente | O Milladoiro Ames | 41:05 | 4:07 | 41:12 | 13:38 | 13:52 | 13:36 |
| 135 | 246 | Manuel | Fernandez Balboa | M | 128 | Veteranos A M | 71 | Ponte A Correr | Poio | 41:07 | 4:07 | 41:15 | 13:14 | 13:46 | 14:09 |

VI Carreira Popular De Cambados

Resultados absoluta

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | PTO SEXO | CATEGORÍA | PTO CAT | EQUIPO | POBLACIÓN | T. NETO | RITMO | T. OFICIAL | VUELTA 1 | VUELTA 2 | VUELTA 3 |
|-----|--------|----------------------|--------------------|------|----------|------------------|---------|--------------------------------|----------------------|---------|-------|------------|----------|----------|----------|
| 136 | 68 | Manuel Ángel | López Ferreiro | M | 129 | Promesa-Senior M | 46 | Independiente | Santiago De Composte | 41:06 | 4:07 | 41:19 | 13:33 | 13:58 | 13:36 |
| 137 | 215 | Gerardo | Pérez Prieto | M | 130 | Veteranos A M | 72 | Independiente | Cambados | 41:10 | 4:07 | 41:21 | 13:23 | 13:28 | 14:20 |
| 138 | 470 | Jose Manuel | Dopico Soto | M | 131 | Veteranos C M | 4 | Independiente | A Coruña | 41:21 | 4:08 | 41:23 | 13:37 | 14:06 | 13:39 |
| 139 | 253 | Roberto | Fariña Charlin | M | 132 | Veteranos A M | 73 | Team Corbelo | Cambados | 41:21 | 4:08 | 41:24 | 13:12 | 13:56 | 14:15 |
| 140 | 363 | Eduardo | Daporta Castro | M | 133 | Veteranos A M | 74 | Independiente | Cambados | 41:24 | 4:09 | 41:24 | 13:15 | 13:56 | 14:15 |
| 141 | 54 | Miguel | Calvo Marques | M | 134 | Promesa-Senior M | 47 | Independiente | Vigo | 41:15 | 4:07 | 41:25 | 13:24 | 13:44 | 14:09 |
| 142 | 458 | Marcos | Mato Armas | M | 135 | Veteranos B M | 8 | Ad Cerne | Palas De Rei | 41:11 | 4:07 | 41:25 | 13:31 | 13:41 | 14:00 |
| 143 | 47 | Cristian | Señorans Martinez | M | 136 | Promesa-Senior M | 48 | Punta Cabalo Arousa Runners | Illa De Arousa | 41:21 | 4:08 | 41:27 | 13:27 | 13:46 | 14:10 |
| 144 | 72 | Miguel | Estévez Paratcha | M | 137 | Promesa-Senior M | 49 | Clube De Atletismo Vigo | Vigo | 41:21 | 4:08 | 41:29 | 13:27 | 13:43 | 14:12 |
| 145 | 480 | Luis | Pereiro Gómez | M | 138 | Veteranos C M | 5 | Veteranos De Galicia | Pontevedra | 41:16 | 4:07 | 41:30 | 13:40 | 13:53 | 13:45 |
| 146 | 519 | Maria Carmen | Penas Blanco | F | 8 | Veteranas A F | 1 | Independiente | Arzua | 41:30 | 4:09 | 41:31 | 13:53 | 13:50 | 13:48 |
| 147 | 335 | Jorge | Janeiro Lorenzo | M | 139 | Veteranos A M | 75 | C.D.Pinarium | Pontevedra | 41:30 | 4:09 | 41:32 | 11:37 | 12:42 | 17:13 |
| 148 | 353 | Francisco Javier | Blanco Magdalena | M | 140 | Veteranos A M | 76 | Independiente | O Grove | 41:24 | 4:09 | 41:32 | 13:23 | 13:54 | 14:08 |
| 149 | 346 | Manuel | Rosales Pazos | M | 141 | Veteranos A M | 77 | Club Deportivo Pinarium | Pontevedra | 41:36 | 4:10 | 41:39 | 13:14 | 14:26 | 13:57 |
| 150 | 532 | Esther | Pedrosa | F | 9 | Veteranas B F | 1 | Usc | Santiago | 41:37 | 4:10 | 41:39 | 13:53 | 13:50 | 13:55 |
| 151 | 305 | Pablo | Camino Martinez | M | 142 | Veteranos A M | 78 | Running Sarria | Sarria | 41:22 | 4:08 | 41:39 | 13:18 | 14:04 | 14:00 |
| 152 | 222 | Alberto | Saavedra Mendez | M | 143 | Veteranos A M | 79 | Independiente | Vilaboia | 41:38 | 4:10 | 41:42 | 13:18 | 14:10 | 14:11 |
| 153 | 328 | Antonio Natera Sanch | Natera Sanchez | M | 144 | Veteranos A M | 80 | Independiente | Pontevedra | 41:35 | 4:09 | 41:44 | 13:28 | 14:04 | 14:03 |
| 154 | 333 | Hector | Souto Perez | M | 145 | Veteranos A M | 81 | Dt1 Team | Ourense | 41:41 | 4:10 | 41:50 | 13:28 | 14:09 | 14:05 |
| 155 | 73 | Gustavo | Gonzalez Vilar | M | 146 | Promesa-Senior M | 50 | Independiente | Silleda | 41:46 | 4:10 | 41:53 | 13:11 | 13:51 | 14:46 |
| 156 | 109 | Jonatan | Somoza Martí | M | 147 | Promesa-Senior M | 51 | Independiente | Vilanova De Arousa | 41:37 | 4:10 | 41:53 | 13:55 | 13:58 | 13:44 |
| 157 | 29 | Samuel | Oubiña Casal | M | 148 | Promesa-Senior M | 52 | Independiente | Sanxenxo | 41:54 | 4:11 | 41:55 | 13:10 | 14:17 | 14:28 |
| 158 | 239 | José Manuel | Adán Rodríguez | M | 149 | Veteranos A M | 82 | Independiente | Ourense | 41:50 | 4:11 | 41:57 | 13:47 | 13:53 | 14:11 |
| 159 | 151 | Lorena | Salgueiro Ferreiro | F | 10 | Promesa-Senior F | 8 | Usc | Pontevedra | 41:59 | 4:12 | 42:01 | 13:53 | 13:57 | 14:09 |
| 160 | 40 | Samuel | Abreu Prado | M | 150 | Promesa-Senior M | 53 | 3&run Club De Corredores Pedro | Santiago De Composte | 41:58 | 4:12 | 42:01 | 12:56 | 14:16 | 14:47 |
| 161 | 281 | Eusebio | Nieto Outeda | M | 151 | Veteranos A M | 83 | Punta Cabalo Runers | Illa De Arousa | 41:55 | 4:12 | 42:01 | 13:27 | 14:13 | 14:16 |
| 162 | 238 | Toño | Sampedro Mariño | M | 152 | Veteranos A M | 84 | Independiente | Ribeira | 41:51 | 4:11 | 42:02 | 13:31 | 14:12 | 14:09 |
| 163 | 392 | David | Novo Martinez | M | 153 | Veteranos A M | 85 | Independiente | Santa Uxía De Ribeir | 41:51 | 4:11 | 42:02 | 14:06 | 13:50 | 13:56 |
| 164 | 297 | Francisco José | Peixoto Andrés | M | 154 | Veteranos A M | 86 | Club Atletismo Tui - Thermalia | Tui | 41:55 | 4:12 | 42:04 | 13:47 | 14:11 | 13:58 |
| 165 | 31 | Jose Antonio | Covelo | M | 155 | Promesa-Senior M | 54 | Independiente | Vigo | 41:59 | 4:12 | 42:04 | 13:27 | 14:13 | 14:20 |
| 166 | 169 | Andrei | Cadavid | M | 156 | Xuvenís-Junior M | 3 | Rungalicia | Pontevedra | 42:02 | 4:12 | 42:04 | 14:02 | 14:38 | 13:23 |
| 167 | 371 | Gonzalo | Bugallo Gonzalez | M | 157 | Veteranos A M | 87 | Ahi Vou Eu | Vilanova De Arousa | 41:53 | 4:11 | 42:07 | 13:29 | 14:15 | 14:10 |
| 168 | 455 | José Ramón | Martínez Blanco | M | 158 | Veteranos B M | 9 | Independiente | Ourense | 42:01 | 4:12 | 42:09 | 13:47 | 14:15 | 14:01 |
| 169 | 389 | Jose Carlos | Mera Rodríguez | M | 159 | Veteranos A M | 88 | Independiente | Pontevedra | 41:51 | 4:11 | 42:11 | 14:02 | 14:02 | 13:48 |
| 170 | 199 | Manuel | Ulla Rega | M | 160 | Veteranos A M | 89 | Asociación Deportiva C.A.R | Arcade (soutomaior) | 42:03 | 4:12 | 42:11 | 13:27 | 14:18 | 14:19 |
| 171 | 326 | Jacobo | Limeres Posse | M | 161 | Veteranos A M | 90 | Universidad Santiago | Bertamiráns | 41:56 | 4:12 | 42:13 | 14:16 | 14:01 | 13:40 |
| 172 | 278 | Alberto | Figueiro Alfonso | M | 162 | Veteranos A M | 91 | Clube Deportivo Ría De Arousa | O Grove | 42:08 | 4:13 | 42:14 | 13:33 | 14:13 | 14:23 |
| 173 | 418 | Juan | Ruso Beiras | M | 163 | Veteranos B M | 10 | Independiente | Ames | 41:58 | 4:12 | 42:14 | 14:16 | 13:52 | 13:51 |
| 174 | 229 | Emilio | Martínez Nuñez | M | 164 | Veteranos A M | 92 | Usc | Santiago De Composte | 41:58 | 4:12 | 42:15 | 14:17 | 13:51 | 13:52 |
| 175 | 438 | Javier | Fernandez Feijoo | M | 165 | Veteranos B M | 11 | Independiente | Santiago De Composte | 42:00 | 4:12 | 42:17 | 14:17 | 14:03 | 13:42 |
| 176 | 292 | Cesar | Fernandez Blanco | M | 166 | Veteranos A M | 93 | Car Redondela | Redondela | 42:10 | 4:13 | 42:19 | 13:27 | 14:19 | 14:25 |
| 177 | 394 | Ricardo | Rodríguez Piñeiro | M | 167 | Veteranos B M | 12 | Independiente | Cambados | 42:09 | 4:13 | 42:19 | 13:45 | 14:20 | 14:04 |
| 178 | 374 | José Ignacio | Villanueva Gómez | M | 168 | Veteranos A M | 94 | 6 Pés Pa Un Banco | Narón | 42:01 | 4:12 | 42:20 | 14:43 | 13:54 | 13:26 |
| 179 | 270 | Santiago | Barreiro Piñeiro | M | 169 | Veteranos A M | 95 | Corredoiras Bueu | Bueu | 42:19 | 4:14 | 42:21 | 13:49 | 14:21 | 14:10 |
| 180 | 345 | Marcos | Fandiño Reissmann | M | 170 | Veteranos A M | 96 | Cd Pinarium | Pontevedra | 42:07 | 4:13 | 42:22 | 14:14 | 13:55 | 13:58 |

VI Carreira Popular De Cambados

Resultados absoluta

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | PTO SEXO | CATEGORÍA | PTO CAT | EQUIPO | POBLACIÓN | T. NETO | RITMO | T. OFICIAL | VUELTA 1 | VUELTA 2 | VUELTA 3 |
|-----|--------|------------------|--------------------|------|----------|------------------|---------|--------------------------------|----------------------|---------|-------|------------|----------|----------|----------|
| 181 | 461 | Carlos | Ruiz Garcia | M | 171 | Veteranos B M | 13 | Ponte A Correr | Poio | 42:07 | 4:13 | 42:23 | 13:57 | 14:08 | 14:03 |
| 182 | 259 | Juan Manuel | Lopez Do Pazo | M | 172 | Veteranos A M | 97 | Burgas Ourense Atletismo | Ourense | 42:20 | 4:14 | 42:25 | 13:37 | 14:15 | 14:29 |
| 183 | 528 | Silvia | Rodríguez Ferro | F | 11 | Veteranas B F | 2 | Esprintes Ourense | Beade Ourense | 42:20 | 4:14 | 42:27 | 14:07 | 14:12 | 14:02 |
| 184 | 282 | Jorge | Briones Meijide | M | 173 | Veteranos A M | 98 | Independiente | A Coruña | 42:12 | 4:13 | 42:28 | 13:59 | 14:18 | 13:56 |
| 185 | 272 | Alberto | Lorenzo Uz | M | 174 | Veteranos A M | 99 | Vigorunners | Vigo | 42:27 | 4:15 | 42:34 | 14:04 | 14:21 | 14:03 |
| 186 | 341 | Pablo | Sendin Raña | M | 175 | Veteranos A M | 100 | Independiente | O Porriño | 42:25 | 4:15 | 42:36 | 13:44 | 14:27 | 14:15 |
| 187 | 5 | Sergio | Santos Lois | M | 176 | Promesa-Senior M | 55 | Independiente | Cambados | 42:36 | 4:15 | 42:38 | 13:03 | 14:27 | 15:07 |
| 188 | 263 | Alfonso José | Pazo Olivares | M | 177 | Veteranos A M | 101 | Urban Runners Club Santiago | Lugo | 42:46 | 4:17 | 42:48 | 14:03 | 14:15 | 14:29 |
| 189 | 287 | Héctor | Cajaraville Araújo | M | 178 | Veteranos A M | 102 | Independiente | Santiago | 42:43 | 4:16 | 42:51 | 13:19 | 14:00 | 15:25 |
| 190 | 377 | Manuel | Gonzalez Adan | M | 179 | Veteranos A M | 103 | Atletismo Deza | Lalin | 42:49 | 4:17 | 42:53 | 13:52 | 14:19 | 14:40 |
| 191 | 69 | Manuel | Moure Vázquez | M | 180 | Promesa-Senior M | 56 | Atletismo Fontes Do Sar | Santiago De Composte | 42:48 | 4:17 | 42:58 | 14:09 | 14:25 | 14:15 |
| 192 | 367 | José Jesus | García García | M | 181 | Veteranos A M | 104 | Team Corbelo | Portonovo | 42:47 | 4:17 | 43:02 | 13:57 | 14:13 | 14:39 |
| 193 | 95 | Oscar | Dopazo Vázquez | M | 182 | Promesa-Senior M | 57 | Independiente | Santiago De Composte | 42:54 | 4:17 | 43:05 | 14:12 | 14:30 | 14:13 |
| 194 | 32 | Manuel | Gregorio Rodriguez | M | 183 | Promesa-Senior M | 58 | Independiente | Vigo | 43:09 | 4:19 | 43:15 | 13:27 | 15:13 | 14:30 |
| 195 | 427 | Carlos | Silva César | M | 184 | Veteranos B M | 14 | Usc | Teo | 43:10 | 4:19 | 43:17 | 14:26 | 14:31 | 14:15 |
| 196 | 140 | Tania Maria | Silvelo Pallin | F | 12 | Promesa-Senior F | 9 | Universidad Santiago De Compos | Santiago De Composte | 43:11 | 4:19 | 43:17 | 14:27 | 14:30 | 14:15 |
| 197 | 396 | Santiago | Falcón Pérez | M | 185 | Veteranos B M | 15 | Independiente | O Grove | 43:18 | 4:20 | 43:26 | 13:50 | 14:33 | 14:57 |
| 198 | 428 | José Antonio | Álvarez Flores | M | 186 | Veteranos B M | 16 | Independiente | Lugo | 43:17 | 4:20 | 43:26 | 14:09 | 14:28 | 14:41 |
| 199 | 289 | Dionisio | Muñiz Gonzalez | M | 187 | Veteranos A M | 105 | Independiente | Cambados | 43:16 | 4:20 | 43:28 | 13:31 | 14:47 | 14:59 |
| 200 | 57 | Francisco Javier | Allo Aragunde | M | 188 | Promesa-Senior M | 59 | Punta Cabalo Runers | Illa De Arousa | 43:16 | 4:20 | 43:28 | 13:59 | 14:23 | 14:55 |
| 201 | 250 | Juan Manuel | Campos Míguez | M | 189 | Veteranos A M | 106 | Independiente | A Estrada | 43:07 | 4:19 | 43:29 | 14:45 | 14:18 | 14:05 |
| 202 | 349 | Manuel | Figueira Perez | M | 190 | Veteranos A M | 107 | Sar-vermu Petroni | Pontecesures | 43:19 | 4:20 | 43:29 | 14:46 | 14:22 | 14:12 |
| 203 | 485 | Antonio | Riera Cachero | M | 191 | Veteranos C M | 6 | Atletismodeza | Lalin | 43:14 | 4:19 | 43:30 | 14:21 | 14:37 | 14:17 |
| 204 | 370 | Juan Manuel | Bautis Otero | M | 192 | Veteranos A M | 108 | Usc | Milladoiro | 43:31 | 4:21 | 43:33 | 13:53 | 14:42 | 14:57 |
| 205 | 74 | Pablo | Reguera Ferreira | M | 193 | Promesa-Senior M | 60 | Independiente | Soutomaior | 43:31 | 4:21 | 43:33 | 13:39 | 14:53 | 15:00 |
| 206 | 520 | Eva Isabel | Babiano García | F | 13 | Veteranas A F | 2 | Independiente | Venturada | 43:33 | 4:21 | 43:34 | 13:56 | 15:00 | 14:38 |
| 207 | 186 | Antonio | Capelo García | M | 194 | Veteranos A M | 109 | Independiente | Cambados | 43:29 | 4:21 | 43:36 | 14:05 | 14:43 | 14:42 |
| 208 | 471 | Jesús | Raña Platas | M | 195 | Veteranos C M | 7 | Club Usc Universidad | Santiago De Composte | 43:28 | 4:21 | 43:36 | 13:52 | 14:39 | 14:58 |
| 209 | 310 | Miguel | Maroño Dominguez | M | 196 | Veteranos A M | 110 | Independiente | A Estrada | 43:30 | 4:21 | 43:38 | 14:25 | 14:39 | 14:27 |
| 210 | 179 | Ivan | Cordal Barreiro | M | 197 | Veteranos A M | 111 | Independiente | Cambados | 43:35 | 4:22 | 43:38 | 13:37 | 14:58 | 15:02 |
| 211 | 220 | Santiago | Romay Domínguez | M | 198 | Veteranos A M | 112 | Independiente | O Grove | 43:26 | 4:20 | 43:38 | 14:11 | 14:34 | 14:42 |
| 212 | 124 | Fernando | Santiago Rodríguez | M | 199 | Promesa-Senior M | 61 | Punta Cabalo Arousa Runners | Illa De Arousa | 43:27 | 4:21 | 43:40 | 14:16 | 14:33 | 14:39 |
| 213 | 507 | Sonia | Vazquez Rodriguez | F | 14 | Veteranas A F | 3 | A.C.D. O Carballo | Taboada | 43:33 | 4:21 | 43:41 | 14:14 | 14:36 | 14:44 |
| 214 | 30 | Diego | Fontan Otero | M | 200 | Promesa-Senior M | 62 | Independiente | Sanxenxo | 43:41 | 4:22 | 43:42 | 13:37 | 15:00 | 15:05 |
| 215 | 25 | Alberto | Moure Andrade | M | 201 | Promesa-Senior M | 63 | Independiente | Santiago De Composte | 43:38 | 4:22 | 43:46 | 13:33 | 15:03 | 15:03 |
| 216 | 479 | Camilo | Iglesias Lopez | M | 202 | Veteranos C M | 8 | Club Atletismo Milladoiro Sant | Teo | 43:44 | 4:22 | 43:48 | 14:06 | 14:49 | 14:49 |
| 217 | 477 | Francisco Javier | Acosta Crespo | M | 203 | Veteranos C M | 9 | Atenas | Vilagarcía De Arousa | 43:48 | 4:23 | 43:52 | 14:11 | 14:32 | 15:05 |
| 218 | 201 | Albino | Iglesias Blanco | M | 204 | Veteranos A M | 113 | C.D. Pinarium | Pontevedra | 43:46 | 4:22 | 43:56 | 14:27 | 14:49 | 14:31 |
| 219 | 265 | Manuel | Diz Chaves | M | 205 | Veteranos A M | 114 | Armenteira E Punto | Vilagarcía De Arousa | 43:50 | 4:23 | 43:58 | 14:27 | 14:52 | 14:32 |
| 220 | 155 | Iria | Campos Trabazo | F | 15 | Promesa-Senior F | 10 | Artrogral Tri 498 | Lalin | 43:56 | 4:23 | 43:58 | 14:13 | 14:48 | 14:56 |
| 221 | 429 | Joaquín | Barreiro Tato | M | 206 | Veteranos B M | 17 | Atletismo A Estrada | A Estrada | 43:51 | 4:23 | 43:59 | 14:30 | 14:46 | 14:37 |
| 222 | 388 | Tomas | Seoane Muñiz | M | 207 | Veteranos A M | 115 | Independiente | O Grobe | 43:51 | 4:23 | 44:02 | 14:48 | 14:38 | 14:27 |
| 223 | 350 | Francisco Jose | Perez Meis | M | 208 | Veteranos A M | 116 | Club Deportivo Ria De Arousa | O Grove | 43:59 | 4:24 | 44:02 | 13:38 | 14:50 | 15:32 |
| 224 | 387 | David | Carmuega Nerga | M | 209 | Veteranos A M | 117 | Independiente | Pontevedra | 43:54 | 4:23 | 44:04 | 14:29 | 14:46 | 14:41 |
| 225 | 420 | Francisco | Couceiro Magan | M | 210 | Veteranos B M | 18 | Fontes Do Sa5r | A Estrada | 43:58 | 4:23 | 44:05 | 14:23 | 14:51 | 14:45 |

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Resultados absoluta

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | PTO SEXO | CATEGORÍA | PTO CAT | EQUIPO | POBLACIÓN | T. NETO | RITMO | T. OFICIAL | VUELTA 1 | VUELTA 2 | VUELTA 3 |
|-----|--------|----------------|----------------------|------|----------|------------------|---------|--------------------------------|----------------------|---------|-------|------------|----------|----------|----------|
| 226 | 288 | Moisés | Iglesias Ameneiro | M | 211 | Veteranos A M | 118 | Atletismo Fontes Do Sar | Laraño Santiago De C | 43:58 | 4:23 | 44:05 | 14:23 | 14:51 | 14:45 |
| 227 | 35 | Adrian | Navia Giraldez | M | 212 | Promesa-Senior M | 64 | Mobu Running Team | Vilagarcia De Arousa | 43:57 | 4:23 | 44:06 | 14:16 | 14:56 | 14:47 |
| 228 | 14 | Alejandro | Perez Conde | M | 213 | Promesa-Senior M | 65 | Independiente | O Grove | 43:58 | 4:23 | 44:08 | 14:37 | 14:43 | 14:39 |
| 229 | 516 | Feli | López Arnau | F | 16 | Veteranas A F | 4 | Patukos Tim Ranin | La Coruña | 44:06 | 4:25 | 44:10 | 14:30 | 14:45 | 14:51 |
| 230 | 285 | Jose Manuel | Pazo Pereira | M | 214 | Veteranos A M | 119 | Serviocio | Pontevedra | 44:04 | 4:24 | 44:11 | 15:17 | 15:11 | 13:38 |
| 231 | 342 | Manuel Rafael | Perez Gonzalez | M | 215 | Veteranos A M | 120 | Esprintes Ourense | Pereiro De Aguiar Ou | 44:08 | 4:25 | 44:13 | 13:54 | 15:04 | 15:11 |
| 232 | 451 | Ricardo | Balsa Ces | M | 216 | Veteranos B M | 19 | 3&run Club De Corredores By Pe | Ames | 43:59 | 4:24 | 44:14 | 14:29 | 15:01 | 14:30 |
| 233 | 402 | Miguel Ángel | Cos Blanco | M | 217 | Veteranos B M | 20 | Independiente | Marín | 44:11 | 4:25 | 44:15 | 13:46 | 15:08 | 15:18 |
| 234 | 87 | Marcial | Fernandez Reino | M | 218 | Promesa-Senior M | 66 | Miler Vintage Running | Ourense | 44:05 | 4:25 | 44:16 | 14:15 | 14:53 | 14:59 |
| 235 | 360 | Miguel | Santomil Lapido | M | 219 | Veteranos A M | 121 | Independiente | Padron | 44:06 | 4:25 | 44:16 | 14:35 | 14:40 | 14:52 |
| 236 | 188 | Juan | Rumbao Souto | M | 220 | Veteranos A M | 122 | San Miguel De Marín | Marín | 44:12 | 4:25 | 44:21 | 14:38 | 14:54 | 14:42 |
| 237 | 110 | Ramon | Noya Varela | M | 221 | Promesa-Senior M | 67 | Independiente | Vilanova | 44:11 | 4:25 | 44:21 | 15:09 | 14:33 | 14:30 |
| 238 | 125 | Ángela | Chapela Bouzas | F | 17 | Promesa-Senior F | 11 | Independiente | Vilagarcía De Arousa | 44:10 | 4:25 | 44:21 | 15:09 | 14:34 | 14:28 |
| 239 | 218 | Eduardo | Vazquez | M | 222 | Veteranos A M | 123 | Independiente | Vilagarcia De Arousa | 44:13 | 4:25 | 44:26 | 13:58 | 15:13 | 15:04 |
| 240 | 51 | Jose | Sanjuan Gonzalez | M | 223 | Promesa-Senior M | 68 | Independiente | Vigo | 44:23 | 4:26 | 44:27 | 14:28 | 14:57 | 14:59 |
| 241 | 91 | Juan | Sánchez Freiría | M | 224 | Promesa-Senior M | 69 | Independiente | Meaño | 44:12 | 4:25 | 44:34 | 14:12 | 14:49 | 15:12 |
| 242 | 6 | Ángel | Piñeiro Chaves | M | 225 | Promesa-Senior M | 70 | Independiente | Vilalonga | 44:17 | 4:26 | 44:35 | 14:30 | 14:54 | 14:54 |
| 243 | 131 | Marga | Villaverde Rosales | F | 18 | Promesa-Senior F | 12 | Gv Sports | Pontevedra | 44:29 | 4:27 | 44:36 | 14:13 | 15:06 | 15:11 |
| 244 | 279 | Manuel | Soto Lopez | M | 226 | Veteranos A M | 124 | Where Is The Chandal? | Vilagarcia De Arousa | 44:24 | 4:27 | 44:38 | 15:03 | 14:49 | 14:32 |
| 245 | 379 | Jesús | Fernández Soengas | M | 227 | Veteranos A M | 125 | Independiente | Vigo | 44:23 | 4:26 | 44:42 | 14:23 | 14:57 | 15:04 |
| 246 | 221 | Francisco Jose | Barreiro Pazos | M | 228 | Veteranos A M | 126 | San Miguel De Marín | Pontevedra | 44:35 | 4:27 | 44:43 | 14:49 | 15:03 | 14:44 |
| 247 | 217 | Ivan | Sabajanes Pallares | M | 229 | Veteranos A M | 127 | Independiente | Pontevedra | 44:26 | 4:27 | 44:43 | 14:23 | 15:08 | 14:55 |
| 248 | 12 | Andres | Serantes Fernandez | M | 230 | Promesa-Senior M | 71 | Independiente | Poio | 44:34 | 4:27 | 44:44 | 14:10 | 15:27 | 14:58 |
| 249 | 49 | Yago | Rodríguez Saavedra | M | 231 | Promesa-Senior M | 72 | Independiente | La Coruña | 44:33 | 4:27 | 44:45 | 14:36 | 15:11 | 14:48 |
| 250 | 481 | Manuel | Rodríguez Rodriguez | M | 232 | Veteranos C M | 10 | Atletismo Deza | Lalín | 44:43 | 4:28 | 44:46 | 14:13 | 14:58 | 15:32 |
| 251 | 242 | José Carlos | Rey Aguiar | M | 233 | Veteranos A M | 128 | Independiente | Cambados | 44:44 | 4:28 | 44:47 | 14:06 | 15:19 | 15:20 |
| 252 | 93 | Jorge | Riobó Galiano | M | 234 | Promesa-Senior M | 73 | Gv Sports | Pontevedra | 44:32 | 4:27 | 44:48 | 15:15 | 14:58 | 14:21 |
| 253 | 423 | Alfonso | Barreiro Padin | M | 235 | Veteranos B M | 21 | At Ria De Arousa | O Grove | 44:39 | 4:28 | 44:49 | 14:20 | 15:31 | 14:49 |
| 254 | 88 | Diego | Lozano Formoso | M | 236 | Promesa-Senior M | 74 | Independiente | Esgos | 44:30 | 4:27 | 44:49 | 15:14 | 14:55 | 14:23 |
| 255 | 385 | Javier | Busto Mata | M | 237 | Veteranos A M | 129 | Atenas Running Vda | Vilagarcía De Arousa | 44:45 | 4:28 | 44:51 | 14:21 | 15:15 | 15:10 |
| 256 | 243 | Sergio | Soto Buceta | M | 238 | Veteranos A M | 130 | Rr-romai Running | Barrantes | 44:27 | 4:27 | 44:51 | 14:46 | 14:52 | 14:50 |
| 257 | 195 | Jose Maria | Pomares Fernandez | M | 239 | Veteranos A M | 131 | Punta Cabalo Arousa Runner´s | Cambados | 44:39 | 4:28 | 44:51 | 14:40 | 15:06 | 14:54 |
| 258 | 348 | Estanislao | Torres Otero | M | 240 | Veteranos A M | 132 | Club Ciclista O Grovr | O Grove | 44:49 | 4:29 | 44:55 | 15:44 | 14:36 | 14:30 |
| 259 | 10 | Laureano | Troitiño Limeres | M | 241 | Promesa-Senior M | 75 | Independiente | Pontevedra | 44:51 | 4:29 | 44:57 | 14:01 | 15:27 | 15:24 |
| 260 | 101 | Noé | Comesaña Ambrosio | M | 242 | Promesa-Senior M | 76 | Independiente | Vigo | 44:48 | 4:28 | 44:58 | 14:35 | 15:05 | 15:10 |
| 261 | 96 | Gonzalo | López De Guereñu Nod | M | 243 | Promesa-Senior M | 77 | Gv Sports | Pontevedra | 44:44 | 4:28 | 44:59 | 15:15 | 14:57 | 14:33 |
| 262 | 294 | Daniel | Garcia Arellano | M | 244 | Veteranos A M | 133 | Gv Sports | Pontevedra | 44:46 | 4:28 | 45:02 | 15:15 | 14:58 | 14:35 |
| 263 | 412 | Antonio | Varela Cachafeiro | M | 245 | Veteranos B M | 22 | Club Pomasa | Barro | 45:01 | 4:30 | 45:07 | 14:17 | 15:18 | 15:27 |
| 264 | 417 | Miguel Ángel | Aboal Beato | M | 246 | Veteranos B M | 23 | Independiente | Pontevedra | 44:49 | 4:29 | 45:11 | 14:58 | 15:04 | 14:49 |
| 265 | 323 | Alfonso | Rodríguez Framil | M | 247 | Veteranos A M | 134 | Independiente | Ames | 45:07 | 4:31 | 45:17 | 14:45 | 15:13 | 15:11 |
| 266 | 99 | Simon | Garcia Piedras | M | 248 | Promesa-Senior M | 78 | Independiente | Sanxenxo | 45:16 | 4:32 | 45:17 | 13:44 | 16:00 | 15:33 |
| 267 | 183 | Joaquín | Fernández De Heredia | M | 249 | Veteranos A M | 135 | Miler Running Club | Pontevedra | 44:57 | 4:30 | 45:18 | 15:23 | 14:56 | 14:39 |
| 268 | 357 | Jorge | Criado Prieto | M | 250 | Veteranos A M | 136 | Independiente | Ferrol | 45:02 | 4:30 | 45:21 | 14:42 | 15:13 | 15:08 |
| 269 | 236 | Manuel Angel | Castro Portas | M | 251 | Veteranos A M | 137 | Punta Cabalo Runners | Illa De Arousa | 45:11 | 4:31 | 45:25 | 15:29 | 15:07 | 14:36 |
| 270 | 375 | Bernardo | Piñeiro Abalo | M | 252 | Veteranos A M | 138 | Independiente | Vilagarcia | 45:14 | 4:32 | 45:26 | 14:43 | 15:17 | 15:15 |

VI Carreira Popular De Cambados

Resultados absoluta

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | PTO SEXO | CATEGORÍA | PTO CAT | EQUIPO | POBLACIÓN | T. NETO | RITMO | T. OFICIAL | VUELTA 1 | VUELTA 2 | VUELTA 3 |
|-----|--------|------------------|--------------------|------|----------|------------------|---------|--------------------------------|----------------------|---------|-------|------------|----------|----------|----------|
| 271 | 413 | Ricardo | Fernández Guerra | M | 253 | Veteranos B M | 24 | Team One Diabetes Challenge | Pontevedra | 45:05 | 4:30 | 45:28 | 15:20 | 15:06 | 14:40 |
| 272 | 437 | Alejandro | Padín Triñanes | M | 254 | Veteranos B M | 25 | Clube Deportivo Ría De Arousa | O Grove | 45:11 | 4:31 | 45:28 | 14:41 | 15:04 | 15:27 |
| 273 | 138 | Elena | Perez Gonzalez | F | 19 | Promesa-Senior F | 13 | Ourenruning | Orense | 45:22 | 4:32 | 45:29 | 14:50 | 15:05 | 15:28 |
| 274 | 404 | Cesar | Leboso Ferreiro | M | 255 | Veteranos B M | 26 | Esprintes Ourense | Ourense | 45:22 | 4:32 | 45:29 | 14:49 | 14:55 | 15:39 |
| 275 | 55 | Iván | Piñeiro Abal | M | 256 | Promesa-Senior M | 79 | Independiente | Cambados | 45:15 | 4:32 | 45:30 | 15:15 | 14:50 | 15:11 |
| 276 | 219 | Juan Manuel | Pintado Costa | M | 257 | Veteranos A M | 139 | Club Atletismo Cambados | Cambados | 45:14 | 4:32 | 45:30 | 15:27 | 15:15 | 14:33 |
| 277 | 433 | Fernando | Cores Allo | M | 258 | Veteranos B M | 27 | Independiente | Illa De Arousa | 45:10 | 4:31 | 45:30 | 15:11 | 14:57 | 15:02 |
| 278 | 393 | José Ángel | Vázquez Oliveira | M | 259 | Veteranos B M | 28 | Club Atletismo Cambados | Cambados | 45:21 | 4:32 | 45:33 | 15:08 | 15:16 | 14:58 |
| 279 | 498 | Susana | Rial Santos | F | 20 | Veteranas A F | 5 | Club Atletismo Boimorto | O Pino | 45:18 | 4:32 | 45:33 | 15:03 | 15:06 | 15:10 |
| 280 | 492 | Nuria | Santiago Rodríguez | F | 21 | Veteranas A F | 6 | Punta Cabalo Arousa Runners | Illa De Arousa | 45:19 | 4:32 | 45:34 | 15:02 | 15:24 | 14:53 |
| 281 | 77 | David | Vázquez Padín | M | 260 | Promesa-Senior M | 80 | Independiente | Cambados | 45:19 | 4:32 | 45:35 | 15:52 | 14:49 | 14:39 |
| 282 | 347 | Andrés | Cacheda Blanco | M | 261 | Veteranos A M | 140 | Independiente | Vilagarcía De Arous | 45:23 | 4:32 | 45:36 | 15:08 | 15:18 | 14:58 |
| 283 | 476 | Manuel | Iglesias Uzal | M | 262 | Veteranos C M | 11 | Atletismo Fontes Do Sar | Laraño Santiago De C | 45:31 | 4:33 | 45:38 | 14:33 | 15:23 | 15:35 |
| 284 | 318 | Angel | Juviño Prego | M | 263 | Veteranos A M | 141 | Dream Team | Arteixo | 45:27 | 4:33 | 45:39 | 14:53 | 15:34 | 15:02 |
| 285 | 444 | Carlos | Abuín Chaves | M | 264 | Veteranos B M | 29 | Independiente | Ribadumia | 45:25 | 4:32 | 45:40 | 15:04 | 15:11 | 15:11 |
| 286 | 339 | Jose Ángel | Curra Pousada | M | 265 | Veteranos A M | 142 | Independiente | Raxó | 45:33 | 4:33 | 45:45 | 14:57 | 15:17 | 15:19 |
| 287 | 196 | Rafa | Cuña Vilan | M | 266 | Veteranos A M | 143 | Independiente | Rois | 45:36 | 4:33 | 45:47 | 15:06 | 15:16 | 15:15 |
| 288 | 343 | Juan Ramon | Caamaño Figueira | M | 267 | Veteranos A M | 144 | Independiente | Rianxo | 45:36 | 4:33 | 45:55 | 14:49 | 15:19 | 15:29 |
| 289 | 129 | Natalia | Otero Oubiña | F | 22 | Promesa-Senior F | 14 | Independiente | Vilanova De Arousa | 45:42 | 4:34 | 45:58 | 15:00 | 15:26 | 15:17 |
| 290 | 260 | Miguel Angel | Ocampo Rey | M | 268 | Veteranos A M | 145 | Atletismo A Gandara Monforte | Monforte De Lemos | 45:45 | 4:35 | 46:00 | 15:08 | 15:25 | 15:14 |
| 291 | 484 | Herminio Jose | Miguens Chazo | M | 269 | Veteranos C M | 12 | Esubo | Vilagarcía De Arousa | 45:39 | 4:34 | 46:01 | 15:14 | 15:20 | 15:06 |
| 292 | 177 | Enrique | Iglesias Fernandez | M | 270 | Veteranos A M | 146 | Independiente | Cambados | 45:44 | 4:35 | 46:03 | 15:08 | 15:19 | 15:19 |
| 293 | 192 | Manuel | Sanmartín Malvarez | M | 271 | Veteranos A M | 147 | Club Atletismo Negreira | Negreira | 45:46 | 4:35 | 46:04 | 15:27 | 15:19 | 15:01 |
| 294 | 383 | Gonzalo | Rodríguez Fontán | M | 272 | Veteranos A M | 148 | Independiente | Cambados | 46:01 | 4:36 | 46:09 | 15:35 | 14:59 | 15:28 |
| 295 | 373 | Manuel | Outon Oviedo | M | 273 | Veteranos A M | 149 | Independiente | Sanxenxo | 46:04 | 4:37 | 46:14 | 14:55 | 15:34 | 15:36 |
| 296 | 312 | Damián | Andrade Padín | M | 274 | Veteranos A M | 150 | Club Atletismo Galaekia. | Raxó | 46:03 | 4:37 | 46:18 | 15:32 | 15:21 | 15:11 |
| 297 | 499 | María Del Carmen | Cotovad Malvar | F | 23 | Veteranas A F | 7 | Miler Running Club | Pontevedra | 46:16 | 4:38 | 46:22 | 15:03 | 15:33 | 15:41 |
| 298 | 431 | Fran | Ulloa Prado | M | 275 | Veteranos B M | 30 | A.C.D. O Carballo | Taboada | 46:13 | 4:37 | 46:22 | 14:33 | 15:24 | 16:17 |
| 299 | 415 | Jose Luis | Dapena Tenorio | M | 276 | Veteranos B M | 31 | Independiente | Pontevedra | 46:15 | 4:38 | 46:22 | 15:00 | 15:33 | 15:43 |
| 300 | 403 | Luis | Freire | M | 277 | Veteranos B M | 32 | Club Atletismo Negreira | Negreira | 46:20 | 4:38 | 46:24 | 15:12 | 15:34 | 15:35 |
| 301 | 206 | Francisco Javier | Suarez Bermudez | M | 278 | Veteranos A M | 151 | Independiente | Oroso | 46:31 | 4:39 | 46:32 | 15:00 | 15:42 | 15:49 |
| 302 | 227 | Manuel J. | Vázquez Regal | M | 279 | Veteranos A M | 152 | Club Atletismo Chantada | Chantada | 46:24 | 4:38 | 46:36 | 15:18 | 15:29 | 15:38 |
| 303 | 225 | Mario | Otero Díaz | M | 280 | Veteranos A M | 153 | Club Deportivo Ría De Arousa O | O Grove | 46:28 | 4:39 | 46:41 | 14:59 | 15:41 | 15:49 |
| 304 | 50 | Samuel | Mariño Paz | M | 281 | Promesa-Senior M | 81 | Independiente | Cambados | 46:30 | 4:39 | 46:46 | 15:13 | 15:33 | 15:45 |
| 305 | 71 | Roberto | Feijoo Rey | M | 282 | Promesa-Senior M | 82 | Independiente | Cambados | 46:30 | 4:39 | 46:46 | 15:08 | 15:18 | 16:05 |
| 306 | 468 | Javier | Vidal Villar | M | 283 | Veteranos C M | 13 | Independiente | Pontevedra | 46:26 | 4:38 | 46:47 | 15:54 | 15:06 | 15:26 |
| 307 | 98 | Alberto | Otero Trigo | M | 284 | Promesa-Senior M | 83 | Independiente | Cambados | 46:34 | 4:40 | 46:50 | 15:13 | 15:32 | 15:50 |
| 308 | 406 | José Manuel | Lareu Gutierrez | M | 285 | Veteranos B M | 33 | Independiente | Barrantes- Ribadumia | 46:37 | 4:40 | 46:52 | 15:42 | 15:39 | 15:17 |
| 309 | 298 | Ángel | Camiña Cores | M | 286 | Veteranos A M | 154 | Independiente | Cambados | 46:41 | 4:40 | 46:57 | 16:02 | 15:42 | 14:58 |
| 310 | 358 | Javier | Navia Aido | M | 287 | Veteranos A M | 155 | Independiente | Cambados | 46:32 | 4:39 | 46:57 | 16:31 | 14:30 | 15:32 |
| 311 | 284 | Manuel | Ligeró Abilleira | M | 288 | Veteranos A M | 156 | Serviocio | Pontevedra | 46:52 | 4:41 | 46:59 | 15:17 | 15:42 | 15:54 |
| 312 | 79 | Oscar | Torres Rego | M | 289 | Promesa-Senior M | 84 | Atletismo +9 Moraña | Moraña | 46:42 | 4:40 | 46:59 | 15:33 | 15:34 | 15:37 |
| 313 | 381 | Javier | Gil Pereira | M | 290 | Veteranos A M | 157 | Independiente | Santiago De Composte | 46:53 | 4:41 | 47:01 | 14:49 | 16:02 | 16:03 |
| 314 | 523 | Pilar | Gomez Otero | F | 24 | Veteranas A F | 8 | Independiente | Santiago De Composte | 46:53 | 4:41 | 47:01 | 14:49 | 16:02 | 16:03 |
| 315 | 189 | Xavi | Llopis Pazo | M | 291 | Veteranos A M | 158 | C. A. Fontes Do Sar | A Coruña | 46:45 | 4:40 | 47:02 | 15:26 | 15:19 | 16:00 |

VI Carreira Popular De Cambados

Resultados absoluta

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | PTO SEXO | CATEGORÍA | PTO CAT | EQUIPO | POBLACIÓN | T. NETO | RITMO | T. OFICIAL | VUELTA 1 | VUELTA 2 | VUELTA 3 |
|-----|--------|----------------|----------------------|------|----------|------------------|---------|--------------------------------|----------------------|---------|-------|------------|----------|----------|----------|
| 316 | 176 | Alberto | Gallego Rivera | M | 292 | Veteranos A M | 159 | Independiente | Vilagarcía | 46:52 | 4:41 | 47:09 | 15:55 | 15:34 | 15:24 |
| 317 | 104 | Antonio Jesus | Martinez Sanjorge | M | 293 | Promesa-Senior M | 85 | Club Deportivo Pinarium | Marin | 47:04 | 4:42 | 47:12 | 15:00 | 16:19 | 15:46 |
| 318 | 105 | Adrian | Castro Abucide | M | 294 | Promesa-Senior M | 86 | Independiente | Santiago De Composte | 47:02 | 4:42 | 47:13 | 15:15 | 15:44 | 16:05 |
| 319 | 170 | Miguel | Otero Paz | M | 295 | Xuvenís-Junior M | 4 | Independiente | Cambados | 46:54 | 4:41 | 47:14 | 15:08 | 15:34 | 16:12 |
| 320 | 447 | Fernando | Abreu Fernández | M | 296 | Veteranos B M | 34 | C.A.R. Marisqueiro | Salvaterra De Miño | 47:11 | 4:43 | 47:23 | 15:40 | 15:42 | 15:51 |
| 321 | 34 | Jorge | Gonzalez Fernández | M | 297 | Promesa-Senior M | 87 | Esprintes | Ourense | 47:18 | 4:44 | 47:25 | 15:04 | 16:44 | 15:32 |
| 322 | 382 | Alberto | Rodiles Rios | M | 298 | Veteranos A M | 160 | Independiente | Teo | 47:07 | 4:43 | 47:32 | 15:30 | 15:41 | 15:58 |
| 323 | 408 | Manuel | Peña Lorenzo | M | 299 | Veteranos B M | 35 | Independiente | Cambados | 47:34 | 4:45 | 47:35 | 16:09 | 15:48 | 15:39 |
| 324 | 463 | Antonio | Serantes Acuña | M | 300 | Veteranos C M | 14 | Independiente | Cambados | 47:12 | 4:43 | 47:36 | 15:24 | 15:57 | 15:52 |
| 325 | 7 | Javier | Lastres Balboa | M | 301 | Promesa-Senior M | 88 | Independiente | Sanxenxo | 47:23 | 4:44 | 47:41 | 15:59 | 16:15 | 15:10 |
| 326 | 38 | Xaime | Villalba Rodríguez | M | 302 | Promesa-Senior M | 89 | Pinarium | Pontevedra | 47:22 | 4:44 | 47:41 | 16:15 | 15:54 | 15:14 |
| 327 | 167 | Juan Luis | García Meniño | M | 303 | Xuvenís-Junior M | 5 | Independiente | Ribadumia | 47:36 | 4:45 | 47:42 | 15:20 | 16:12 | 16:05 |
| 328 | 503 | Pilar | Alonso Vence | F | 25 | Veteranas A F | 9 | Independiente | Santiago De Composte | 47:24 | 4:45 | 47:43 | 16:14 | 15:54 | 15:17 |
| 329 | 274 | Javier | Saavedra Santiago | M | 304 | Veteranos A M | 161 | Gv Sports | Poio | 47:34 | 4:45 | 47:45 | 15:18 | 16:00 | 16:17 |
| 330 | 397 | Antonio | Merlos Miniño | M | 305 | Veteranos B M | 36 | Independiente | Poio | 47:39 | 4:46 | 47:46 | 15:09 | 16:49 | 15:42 |
| 331 | 459 | Jose Maria | Peleteiro Estevez | M | 306 | Veteranos B M | 37 | Independiente | Pontevedra | 47:33 | 4:45 | 47:53 | 16:25 | 15:46 | 15:23 |
| 332 | 276 | Oscar | Fontoira Otero | M | 307 | Veteranos A M | 162 | Clube Deportivo Ría De Arousa | O Grove | 47:48 | 4:46 | 48:02 | 15:11 | 15:56 | 16:42 |
| 333 | 286 | Alberto | Campos Couselo | M | 308 | Veteranos A M | 163 | Independiente | Pontevedra | 47:47 | 4:46 | 48:03 | 15:59 | 15:55 | 15:54 |
| 334 | 81 | Isidro | García Meniño | M | 309 | Promesa-Senior M | 90 | Independiente | Ribadumia | 48:00 | 4:48 | 48:07 | 15:28 | 16:15 | 16:18 |
| 335 | 224 | Enrique | Pérez González | M | 310 | Veteranos A M | 164 | Independiente | Vigo | 47:49 | 4:47 | 48:08 | 16:00 | 16:03 | 15:46 |
| 336 | 82 | Antonio Manuel | Vega García | M | 311 | Promesa-Senior M | 91 | Independiente | Ponteareas | 48:01 | 4:48 | 48:09 | 15:30 | 16:11 | 16:21 |
| 337 | 212 | José Ángel | Paz Baulde | M | 312 | Veteranos A M | 165 | Independiente | Cambados | 47:46 | 4:46 | 48:11 | 16:08 | 15:58 | 15:41 |
| 338 | 118 | Manuel | Ferreiro Orosa | M | 313 | Promesa-Senior M | 92 | Independiente | Vilalba | 48:05 | 4:48 | 48:14 | 15:34 | 15:29 | 17:03 |
| 339 | 75 | Alvaro | Vidal Casais | M | 314 | Promesa-Senior M | 93 | Independiente | Vilagarcía De Arosa | 48:03 | 4:48 | 48:16 | 16:26 | 16:23 | 15:15 |
| 340 | 261 | Juan Antonio | Conde Touriño | M | 315 | Veteranos A M | 166 | Atletismo A Gandara Monforte | Vilagarcía De Arousa | 48:03 | 4:48 | 48:18 | 16:23 | 16:44 | 14:57 |
| 341 | 422 | Alberto | Castro Fernandez | M | 316 | Veteranos B M | 38 | Independiente | Barrantes | 48:12 | 4:49 | 48:19 | 14:40 | 16:24 | 17:08 |
| 342 | 309 | Miguel Ángel | López De Lerma Casas | M | 317 | Veteranos A M | 167 | Corremos Como Podemos | Pontevedra | 48:00 | 4:48 | 48:20 | 15:53 | 16:17 | 15:51 |
| 343 | 148 | Ana | Vidal González | F | 26 | Promesa-Senior F | 15 | Maisqueauga | Vigo | 48:12 | 4:49 | 48:27 | 15:52 | 16:13 | 16:08 |
| 344 | 436 | Jose | Gomez Viaño | M | 318 | Veteranos B M | 39 | Independiente | Ames | 48:09 | 4:49 | 48:30 | 15:51 | 16:09 | 16:10 |
| 345 | 143 | Noelia | Figaredo Fernández | F | 27 | Promesa-Senior F | 16 | Independiente | Ribadavia | 48:14 | 4:50 | 48:32 | 15:47 | 16:13 | 16:14 |
| 346 | 500 | Montserrat | Silva Fernández | F | 28 | Veteranas A F | 10 | Archienemigos Team | Tomiño | 48:22 | 4:50 | 48:42 | 16:26 | 16:09 | 15:48 |
| 347 | 314 | Abraham | García Rodríguez | M | 319 | Veteranos A M | 168 | C.A.Uava | Telde | 48:25 | 4:50 | 48:46 | 15:26 | 16:39 | 16:22 |
| 348 | 469 | Ramon | Daporta Fernandez | M | 320 | Veteranos C M | 15 | Atletismo Cambados | Cambados | 48:31 | 4:51 | 48:49 | 16:03 | 16:10 | 16:19 |
| 349 | 443 | Angel | Turrión Pereiro | M | 321 | Veteranos B M | 40 | Independiente | A Coruña | 48:30 | 4:51 | 48:51 | 15:43 | 16:24 | 16:24 |
| 350 | 446 | Julio | Cordonié Porto | M | 322 | Veteranos B M | 41 | Independiente | A Coruña | 48:32 | 4:51 | 48:53 | 16:04 | 16:20 | 16:09 |
| 351 | 454 | Xesús | Manoel | M | 323 | Veteranos B M | 42 | Atletismo Sar-bermu Petroni | Pontecesures | 48:36 | 4:51 | 48:56 | 15:55 | 16:24 | 16:18 |
| 352 | 237 | Pablo | Dosil Navarro | M | 324 | Veteranos A M | 169 | Triatlón Arcade Inforhouse San | Vilgarcía De Arousa | 48:35 | 4:51 | 48:58 | 14:50 | 16:22 | 17:25 |
| 353 | 172 | Lara | Domínguez Martis | F | 29 | Xuvenís-Junior F | 1 | Independiente | Pobra Do Caramiñal | 49:03 | 4:55 | 49:03 | 15:13 | 17:28 | 16:23 |
| 354 | 424 | Gonzalo | Pazos Gonzalez | M | 325 | Veteranos B M | 43 | Ponte A Correr | Pontevedra | 48:44 | 4:52 | 49:05 | 16:07 | 16:14 | 16:24 |
| 355 | 241 | Víctor | Pache Hermida | M | 326 | Veteranos A M | 170 | Independiente | Cambados | 48:52 | 4:53 | 49:06 | 16:04 | 16:09 | 16:40 |
| 356 | 142 | Leticia | Alarcón Sabaris | F | 30 | Promesa-Senior F | 17 | Independiente | Portonovo | 48:55 | 4:53 | 49:07 | 16:24 | 16:12 | 16:20 |
| 357 | 452 | Ramón | Suarez Pazos | M | 327 | Veteranos B M | 44 | Urban Runners Club Santiago | Santiago De Composte | 48:53 | 4:53 | 49:07 | 16:21 | 16:30 | 16:03 |
| 358 | 184 | Cristóbal | Fandiño Torres | M | 328 | Veteranos A M | 171 | Independiente | Cambados | 48:43 | 4:52 | 49:09 | 15:51 | 16:15 | 16:38 |
| 359 | 231 | Fran | Romero Gonzalez | M | 329 | Veteranos A M | 172 | Punta Cabalo Arousa Runners | A Illa De Arousa | 48:49 | 4:53 | 49:13 | 15:19 | 16:23 | 17:07 |
| 360 | 157 | María | Souto Prieto | F | 31 | Promesa-Senior F | 18 | Lucus Caixa Rural | Vilalba | 49:09 | 4:55 | 49:14 | 15:42 | 16:55 | 16:34 |

VI Carreira Popular De Cambados

Resultados absoluta

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | PTO SEXO | CATEGORÍA | PTO CAT | EQUIPO | POBLACIÓN | T. NETO | RITMO | T. OFICIAL | VUELTA 1 | VUELTA 2 | VUELTA 3 |
|-----|--------|--------------|--------------------|------|----------|------------------|---------|--------------------------------|----------------------|---------|-------|------------|----------|----------|----------|
| 361 | 486 | Manuel | Capelo Rios | M | 330 | Veteranos C M | 16 | Serviocio Pontevedra | Poio | 49:04 | 4:55 | 49:17 | 16:01 | 16:26 | 16:38 |
| 362 | 460 | Matías | García Rivera | M | 331 | Veteranos B M | 45 | Universidade De Vigo | Vigo | 49:01 | 4:54 | 49:19 | 15:31 | 16:33 | 16:58 |
| 363 | 356 | Alberto | Lores Rodriguez | M | 332 | Veteranos A M | 173 | Miller | Bordons - Sanxenxo | 49:10 | 4:55 | 49:20 | 15:21 | 16:49 | 17:01 |
| 364 | 491 | Mayelín | Vaillant Martínez | F | 32 | Veteranas A F | 11 | Team Corbelo | Portonovo | 49:17 | 4:56 | 49:23 | 16:10 | 16:36 | 16:32 |
| 365 | 434 | Juan | Rivas Castro | M | 333 | Veteranos B M | 46 | Independiente | Cambados | 49:17 | 4:56 | 49:28 | 15:13 | 16:43 | 17:22 |
| 366 | 197 | Joaquin | Rodiño Rey | M | 334 | Veteranos A M | 174 | Club Atletismo Cambados | Cambados | 49:21 | 4:56 | 49:28 | 16:39 | 16:44 | 15:59 |
| 367 | 1 | Alberto | Fernández Boo | M | 335 | Promesa-Senior M | 94 | Independiente | Monforte De Lemos | 49:23 | 4:56 | 49:30 | 16:06 | 17:01 | 16:16 |
| 368 | 258 | Diego Luis | Huerta De Uña | M | 336 | Veteranos A M | 175 | Ponte A Correr | Pontevedra | 49:10 | 4:55 | 49:31 | 16:10 | 16:18 | 16:43 |
| 369 | 395 | Emilio | Sineiro Fernández | M | 337 | Veteranos B M | 47 | Independiente | Cambados | 49:08 | 4:55 | 49:31 | 16:02 | 16:43 | 16:24 |
| 370 | 369 | Cristóbal | Mateos García | M | 338 | Veteranos A M | 176 | Independiente | Ourense | 49:19 | 4:56 | 49:35 | 17:01 | 16:16 | 16:03 |
| 371 | 449 | Andrés | Domínguez Sánchez | M | 339 | Veteranos B M | 48 | Independiente | Pobra Do Caramiñal | 49:37 | 4:58 | 49:37 | 15:38 | 17:17 | 16:43 |
| 372 | 174 | Alba | Abal Durán | F | 33 | Xuvenís-Junior F | 2 | Independiente | Cambados | 49:17 | 4:56 | 49:37 | 16:24 | 16:39 | 16:15 |
| 373 | 522 | Chus | Otero Otero | F | 34 | Veteranas A F | 12 | Independiente | Cambados | 49:31 | 4:57 | 49:39 | 16:26 | 16:35 | 16:31 |
| 374 | 36 | Jose Luis | Gonzalez Abalo | M | 340 | Promesa-Senior M | 95 | Independiente | Vilagarcía De Arousa | 49:18 | 4:56 | 49:41 | 16:23 | 16:27 | 16:29 |
| 375 | 478 | FcO. Javier | Gonzalez Dominguez | M | 341 | Veteranos C M | 17 | Independiente | O Grove | 49:43 | 4:58 | 49:46 | 16:06 | 16:53 | 16:45 |
| 376 | 331 | Rubén | Lores Torres | M | 342 | Veteranos A M | 177 | Independiente | Portonovo | 49:24 | 4:56 | 49:47 | 15:53 | 16:19 | 17:13 |
| 377 | 202 | Manuel Jesus | Díaz Gálvez | M | 343 | Veteranos A M | 178 | Independiente | Mairena Del Aljarafe | 49:32 | 4:57 | 49:50 | 16:21 | 16:53 | 16:19 |
| 378 | 448 | Jorge | Estevez Rubirosa | M | 344 | Veteranos B M | 49 | Independiente | O Grove | 49:39 | 4:58 | 49:52 | 16:10 | 16:43 | 16:46 |
| 379 | 322 | Miguel Angel | Rodriguez Baquero | M | 345 | Veteranos A M | 179 | Gv Sports | Pontevedra | 49:35 | 4:58 | 49:53 | 16:46 | 16:30 | 16:20 |
| 380 | 504 | Maria | Bujan Barral | F | 35 | Veteranas A F | 13 | Where Is The Chandal? | Vilagarcía De Arousa | 49:38 | 4:58 | 49:54 | 16:34 | 16:40 | 16:26 |
| 381 | 266 | José Ramón | Corredoira Vazquez | M | 346 | Veteranos A M | 180 | Independiente | Poio | 49:38 | 4:58 | 49:57 | 15:46 | 17:04 | 16:49 |
| 382 | 19 | Pablo | Prado Rivas | M | 347 | Promesa-Senior M | 96 | Independiente | Illa De Arousa | 49:46 | 4:58 | 49:57 | 15:44 | 17:10 | 16:53 |
| 383 | 506 | Ernestina | Piñeiro Santorun | F | 36 | Veteranas A F | 14 | Independiente | Cambados | 49:51 | 4:59 | 49:59 | 16:25 | 16:35 | 16:51 |
| 384 | 501 | Susana | Chaves Alfonsin | F | 37 | Veteranas A F | 15 | Independiente | Ribadumia | 50:07 | 5:01 | 50:16 | 16:25 | 16:52 | 16:51 |
| 385 | 445 | Alvaro | Gonçalves Rolo | M | 348 | Veteranos B M | 50 | Maisqueauga | Vigo | 50:03 | 5:00 | 50:19 | 16:23 | 16:47 | 16:54 |
| 386 | 494 | Mara | Garrido Miguez | F | 38 | Veteranas A F | 16 | C.D. Ria De Arousa | O Grove | 50:09 | 5:01 | 50:23 | 16:02 | 16:47 | 17:21 |
| 387 | 511 | Puri | Cariñena Amigo | F | 39 | Veteranas A F | 17 | Club Atletismo Millaraio | Milladoiro (ames) | 50:14 | 5:01 | 50:25 | 16:07 | 16:39 | 17:29 |
| 388 | 62 | Martín | Fontán Conde | M | 349 | Promesa-Senior M | 97 | Independiente | Meaño | 50:01 | 5:00 | 50:26 | 17:22 | 16:55 | 15:44 |
| 389 | 325 | Emilio Jose | Vieites Costa | M | 350 | Veteranos A M | 181 | Independiente | Cambados | 50:24 | 5:03 | 50:44 | 17:12 | 17:40 | 15:33 |
| 390 | 466 | Marcelino | González Ozores | M | 351 | Veteranos C M | 18 | Independiente | Meaño | 50:44 | 5:04 | 50:45 | 16:34 | 16:39 | 17:32 |
| 391 | 304 | Carlos | Gomez Martinez | M | 352 | Veteranos A M | 182 | Independiente | Noia | 50:25 | 5:03 | 50:46 | 16:17 | 17:10 | 16:59 |
| 392 | 27 | Jesús | García Pérez | M | 353 | Promesa-Senior M | 98 | Independiente | Caldas De Reis | 50:34 | 5:03 | 50:50 | 15:10 | 17:27 | 17:58 |
| 393 | 410 | Manuel | Argibay Perez | M | 354 | Veteranos B M | 51 | Escola De Atletismo Deza | Silleda | 50:36 | 5:03 | 50:57 | 16:15 | 16:49 | 17:32 |
| 394 | 106 | Daniel | Castelao Pereira | M | 355 | Promesa-Senior M | 99 | Independiente | Santiago De Composte | 50:49 | 5:05 | 50:59 | 15:10 | 16:28 | 19:11 |
| 395 | 208 | Jorge | Villar Miranda | M | 356 | Veteranos A M | 183 | Independiente | Santiago De Composte | 50:34 | 5:03 | 51:00 | 16:14 | 17:01 | 17:20 |
| 396 | 144 | Edilia | Galvis Higuera | F | 40 | Promesa-Senior F | 19 | Independiente | Pontevedra | 50:59 | 5:06 | 51:02 | 16:32 | 17:20 | 17:08 |
| 397 | 409 | Francisco | Fernández Ortega | M | 357 | Veteranos B M | 52 | Independiente | Cambados | 50:46 | 5:04 | 51:10 | 16:16 | 17:01 | 17:30 |
| 398 | 262 | Segundo | Blanco Vidal | M | 358 | Veteranos A M | 184 | Run+ | Vilagarcía De Arousa | 50:46 | 5:04 | 51:12 | 16:31 | 17:03 | 17:13 |
| 399 | 145 | Jennifer | Basdedios Martinez | F | 41 | Promesa-Senior F | 20 | Atletismo Femenino Celta De Vi | Portonovo | 51:04 | 5:06 | 51:14 | 16:04 | 17:17 | 17:44 |
| 400 | 518 | Rosa María | Casáis Barral | F | 42 | Veteranas A F | 18 | Independiente | Cambados | 50:56 | 5:06 | 51:16 | 16:57 | 16:44 | 17:16 |
| 401 | 450 | Félix | Aparicio Grande | M | 359 | Veteranos B M | 53 | Independiente | Cambados | 50:58 | 5:06 | 51:20 | 16:34 | 17:06 | 17:19 |
| 402 | 496 | Celina | Torrado Outeda | F | 43 | Veteranas A F | 19 | Ponte A Correr | Pontevedra | 51:10 | 5:07 | 51:29 | 16:40 | 17:03 | 17:27 |
| 403 | 168 | Julián | Gago Couceiro | M | 360 | Xuvenís-Junior M | 6 | C.D.Pinarium | Pontevedra | 51:05 | 5:06 | 51:29 | 17:57 | 16:54 | 16:16 |
| 404 | 421 | Xoán Carlos | Oubiña Deus | M | 361 | Veteranos B M | 54 | Punta Cabalo Arousa Runners | Illa De Arousa | 51:07 | 5:06 | 51:32 | 17:40 | 17:16 | 16:11 |
| 405 | 510 | Beatriz | Caamaño Martínez | F | 44 | Veteranas A F | 20 | Independiente | Pontevedra | 51:24 | 5:08 | 51:34 | 16:51 | 17:26 | 17:08 |

VI Carreira Popular De Cambados

Resultados absoluta

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | PTO SEXO | CATEGORÍA | PTO CAT | EQUIPO | POBLACIÓN | T. NETO | RITMO | T. OFICIAL | VUELTA 1 | VUELTA 2 | VUELTA 3 |
|-----|--------|------------------|---------------------|------|----------|------------------|---------|--------------------------------|----------------------|---------|-------|------------|----------|----------|----------|
| 406 | 254 | Jesus Manuel | Rodríguez Barreiro | M | 362 | Veteranos A M | 185 | Independiente | Vilagarcia De Arousa | 51:19 | 5:08 | 51:42 | 16:23 | 16:27 | 18:30 |
| 407 | 164 | Sara | Mariño Menor | F | 45 | Promesa-Senior F | 21 | Independiente | Sanxenxo | 51:29 | 5:09 | 51:43 | 16:33 | 17:12 | 17:44 |
| 408 | 502 | Beatriz | Castiñeira Lores | F | 46 | Veteranas A F | 21 | Gvsports | Combarro | 51:34 | 5:09 | 51:46 | 17:11 | 17:11 | 17:12 |
| 409 | 111 | Roberto | Rey Gomez | M | 363 | Promesa-Senior M | 100 | C.D.San Paio | Noia | 51:31 | 5:09 | 51:53 | 15:40 | 17:18 | 18:35 |
| 410 | 203 | Daniel | Silva Pazos | M | 364 | Veteranos A M | 186 | Independiente | Cambados | 51:57 | 5:12 | 51:58 | 16:50 | 17:45 | 17:23 |
| 411 | 535 | Celina | Rodríguez Sobrino | F | 47 | Veteranas C F | 1 | Atletismo +9 Moraña | Moraña | 51:50 | 5:11 | 52:05 | 16:45 | 17:22 | 17:44 |
| 412 | 513 | María Jesús | Gómez González | F | 48 | Veteranas A F | 22 | De Su Casa | Tomiño | 51:45 | 5:11 | 52:05 | 17:33 | 17:34 | 16:39 |
| 413 | 509 | Teresa | Tome Nieto | F | 49 | Veteranas A F | 23 | Noitebra | Santiago | 51:56 | 5:11 | 52:10 | 16:36 | 17:25 | 17:56 |
| 414 | 440 | Angel | Munin Otero | M | 365 | Veteranos B M | 55 | Noitebra | Santiago | 51:57 | 5:11 | 52:10 | 16:36 | 17:25 | 17:56 |
| 415 | 120 | Miguel | Otero Bouzada | M | 366 | Promesa-Senior M | 101 | Independiente | Cambados | | 5:14 | 52:23 | 17:48 | 17:01 | 17:36 |
| 416 | 264 | Javier | González Paz | M | 367 | Veteranos A M | 187 | Independiente | Poio | 52:06 | 5:13 | 52:25 | 16:45 | 17:40 | 17:43 |
| 417 | 150 | Isabel | Rey Rivas | F | 50 | Promesa-Senior F | 22 | Independiente | Brion | 52:19 | 5:14 | 52:33 | 16:17 | 17:36 | 18:27 |
| 418 | 524 | María Luisa | Cacabelos Padín | F | 51 | Veteranas B F | 3 | Independiente | Cambados | 52:09 | 5:13 | 52:33 | 17:35 | 17:10 | 17:25 |
| 419 | 267 | Francisco Manuel | Ribadomar Rodiño | M | 368 | Veteranos A M | 188 | Independiente | Cambados | 52:08 | 5:13 | 52:33 | 17:34 | 17:11 | 17:24 |
| 420 | 244 | Gerard | Fontan Perez | M | 369 | Veteranos A M | 189 | Armenteira E Punto | Romai | 52:10 | 5:13 | 52:35 | 17:16 | 17:36 | 17:19 |
| 421 | 59 | Antón | Cordal Barreiro | M | 370 | Promesa-Senior M | 102 | Independiente | Cambados | 52:15 | 5:13 | 52:36 | 16:22 | 17:41 | 18:14 |
| 422 | 127 | Sandra | Falcón Gándara | F | 52 | Promesa-Senior F | 23 | Independiente | Dena Meaño | 52:25 | 5:14 | 52:38 | 17:00 | 17:34 | 17:52 |
| 423 | 141 | Lucía | Novoa Gonzalez | F | 53 | Promesa-Senior F | 24 | Independiente | O Porriño | 52:24 | 5:14 | 52:38 | 16:51 | 17:56 | 17:38 |
| 424 | 334 | Sergio | Vences Rosales | M | 371 | Veteranos A M | 190 | Independiente | Marín | 52:29 | 5:15 | 52:46 | 17:01 | 18:13 | 17:15 |
| 425 | 330 | Mariano Alberto | Vila San Martín | M | 372 | Veteranos A M | 191 | C.D. Piton | Marín | 52:29 | 5:15 | 52:46 | 17:02 | 18:13 | 17:15 |
| 426 | 530 | Angeles | Iglesias Santiago | F | 54 | Veteranas B F | 4 | Independiente | Pontevedra | 52:48 | 5:17 | 52:52 | 16:32 | 18:12 | 18:05 |
| 427 | 85 | Daniel | Balado Neiro | M | 373 | Promesa-Senior M | 103 | Independiente | Santiago De Composte | 52:42 | 5:16 | 52:52 | 14:14 | 17:58 | 20:31 |
| 428 | 147 | María | Martínez Álvarez | F | 55 | Promesa-Senior F | 25 | Independiente | Vilanova De Arousa | 52:33 | 5:15 | 52:56 | 16:44 | 17:56 | 17:53 |
| 429 | 493 | Lucía | González Colino | F | 56 | Veteranas A F | 24 | Club Atletismo Cambados | Cambados | 53:00 | 5:18 | 53:01 | 16:51 | 17:45 | 18:25 |
| 430 | 517 | Mónica | Vélez Tena | F | 57 | Veteranas A F | 25 | Olimpico De Vedra | Poio | 53:03 | 5:18 | 53:17 | 16:24 | 18:17 | 18:22 |
| 431 | 324 | Pablo | Noya Duran | M | 374 | Veteranos A M | 192 | Independiente | Cambados | 53:00 | 5:18 | 53:20 | 17:13 | 17:40 | 18:09 |
| 432 | 378 | Roberto | Vilariño Fernández | M | 375 | Veteranos A M | 193 | Bululu | Carballo | 53:05 | 5:18 | 53:22 | 16:44 | 17:51 | 18:31 |
| 433 | 430 | Gonzalo | Alfonsin Soliño | M | 376 | Veteranos B M | 56 | Independiente | Santiago De Composte | 53:02 | 5:18 | 53:24 | 17:25 | 18:18 | 17:21 |
| 434 | 116 | Alejandro | Hoyos Barcala | M | 377 | Promesa-Senior M | 104 | Independiente | Vilagarcia De Arousa | 53:17 | 5:19 | 53:35 | 17:01 | 17:38 | 18:38 |
| 435 | 117 | Nicolás | Miñones Van-laethem | M | 378 | Promesa-Senior M | 105 | Independiente | Vilagarcia De Arousa | 53:17 | 5:19 | 53:35 | 17:01 | 17:38 | 18:38 |
| 436 | 332 | David | Losada Frieiro | M | 379 | Veteranos A M | 194 | Independiente | Ponte Arnelas | 53:26 | 5:21 | 53:43 | 17:02 | 18:13 | 18:12 |
| 437 | 159 | Noe | Fariña Sousa | F | 58 | Promesa-Senior F | 26 | Cd Pinarium | Marín | 53:33 | 5:21 | 53:46 | 17:16 | 17:58 | 18:20 |
| 438 | 56 | David | Pena Silva | M | 380 | Promesa-Senior M | 106 | Tran Tran | Vilagarcia De Arousa | 53:28 | 5:21 | 53:48 | 17:47 | 18:06 | 17:37 |
| 439 | 475 | Ramon | Rey Gey | M | 381 | Veteranos C M | 19 | Tran Tran | Vilagarcia De Arousa | 53:28 | 5:21 | 53:48 | 17:47 | 18:05 | 17:38 |
| 440 | 134 | Eva | Barcala Fresco | F | 59 | Promesa-Senior F | 27 | 3&run Club De Corredores Pedro | Santiago De Composte | 53:48 | 5:23 | 54:05 | 17:32 | 18:34 | 17:43 |
| 441 | 139 | Lucía | Silva Cancelo | F | 60 | Promesa-Senior F | 28 | 3&run By Pedro Nimo Club De Co | Santiago | 53:48 | 5:23 | 54:06 | 17:32 | 18:34 | 17:44 |
| 442 | 240 | Vicente | Gonzalez Resua | M | 382 | Veteranos A M | 195 | Independiente | Cambados | 54:01 | 5:24 | 54:24 | 16:31 | 18:27 | 19:05 |
| 443 | 234 | Iván | Rodríguez Pillado | M | 383 | Veteranos A M | 196 | Pasico A Pasico Triatlón | Orihuela (alicante) | 54:01 | 5:24 | 54:24 | 15:22 | 17:01 | 21:40 |
| 444 | 534 | Aida | Fernández Casal | F | 61 | Veteranas C F | 2 | Atletas Veteranos Ourense | Ourense | 54:25 | 5:26 | 54:30 | 17:57 | 18:22 | 18:07 |
| 445 | 419 | Rafael | Rodríguez Nogueira | M | 384 | Veteranos B M | 57 | Atletas Veteranos Ourense | Ourense | 54:25 | 5:26 | 54:30 | 17:57 | 18:22 | 18:07 |
| 446 | 319 | Emilio | Caeiro Casás | M | 385 | Veteranos A M | 197 | Independiente | Vilagarcia De Arousa | 54:13 | 5:25 | 54:33 | 17:35 | 18:17 | 18:22 |
| 447 | 405 | Tomás | Pérez Pérez | M | 386 | Veteranos B M | 58 | Independiente | Vigo | 54:12 | 5:25 | 54:37 | 17:43 | 18:05 | 18:24 |
| 448 | 232 | Fernando | Patricio Rey | M | 387 | Veteranos A M | 198 | Club Atletismo Cambados | Cambados | 54:24 | 5:26 | 54:42 | 18:03 | 18:08 | 18:15 |
| 449 | 495 | Mary | Abal Abal | F | 62 | Veteranas A F | 26 | Club Atletismo Cambados | Cambados | 54:24 | 5:26 | 54:43 | 18:02 | 18:08 | 18:15 |
| 450 | 21 | Fran | Paz Castro | M | 388 | Promesa-Senior M | 107 | Punta Cabalo Arousa Runners | Illa De Arousa | 54:58 | 5:30 | 55:07 | 17:25 | 19:08 | 18:27 |

VI Carreira Popular De Cambados

Resultados absoluta

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | PTO SEXO | CATEGORÍA | PTO CAT | EQUIPO | POBLACIÓN | T. NETO | RITMO | T. OFICIAL | VUELTA 1 | VUELTA 2 | VUELTA 3 |
|-----|--------|---------------|--------------------|------|----------|------------------|---------|--------------------------------|----------------------|---------|-------|------------|----------|----------|----------|
| 451 | 128 | Alicia | Dios Santiago | F | 63 | Promesa-Senior F | 29 | Independiente | Illa De Arousa | 55:15 | 5:31 | 55:33 | 17:47 | 18:35 | 18:53 |
| 452 | 465 | Antonio | Garcia Dorado | M | 389 | Veteranos C M | 20 | Independiente | Castrelo Cambados | 55:46 | 5:34 | 56:00 | 17:51 | 18:23 | 19:33 |
| 453 | 89 | Toño | Garcia Parada | M | 390 | Promesa-Senior M | 108 | Independiente | Cambados | 55:47 | 5:35 | 56:00 | 17:51 | 18:23 | 19:33 |
| 454 | 380 | Marcos Manuel | Rocha Orge | M | 391 | Veteranos A M | 199 | C.B. Tui | Vigo | 55:37 | 5:34 | 56:02 | 17:57 | 18:26 | 19:15 |
| 455 | 489 | Yumaira | Rial Abal | F | 64 | Veteranas A F | 27 | Independiente | Cambados | 55:43 | 5:34 | 56:05 | 18:39 | 18:22 | 18:42 |
| 456 | 467 | Javier | López Arrieta | M | 392 | Veteranos C M | 21 | Independiente | Madrid | 55:48 | 5:35 | 56:05 | 18:04 | 18:27 | 19:18 |
| 457 | 372 | Manuel | Pombo Suárez | M | 393 | Veteranos A M | 200 | Independiente | Santiago De Composte | 55:49 | 5:35 | 56:12 | 17:26 | 18:39 | 19:45 |
| 458 | 505 | Carmen | Lorenzo Pidre | F | 65 | Veteranas A F | 28 | Club Pinarium | Marín | 57:11 | 5:43 | 57:32 | 18:01 | 19:19 | 19:51 |
| 459 | 161 | Victoria | Hope | F | 66 | Promesa-Senior F | 30 | Independiente | O Grove | 57:10 | 5:43 | 57:32 | 19:12 | 19:05 | 18:54 |
| 460 | 487 | Manuel | Cruces Prado | M | 394 | Veteranos C M | 22 | Club Deportivo Pinarium | Placeres-pontevedra | 57:03 | 5:42 | 57:33 | 19:06 | 18:52 | 19:06 |
| 461 | 401 | Manuel | Castiñeira Gil | M | 395 | Veteranos B M | 59 | Independiente | Pontevedra | 57:51 | 5:47 | 57:51 | 18:02 | 20:11 | 19:40 |
| 462 | 149 | Belma | Muñiz Portela | F | 67 | Promesa-Senior F | 31 | Independiente | Dena | 57:45 | 5:47 | 57:52 | 17:31 | 20:03 | 20:11 |
| 463 | 158 | Patricia | Romero Penido | F | 68 | Promesa-Senior F | 32 | Independiente | Cangas | 57:52 | 5:47 | 58:06 | 17:52 | 19:23 | 20:38 |
| 464 | 119 | Diego | Requejo González | M | 396 | Promesa-Senior M | 109 | Fiate E Non Corras | Vigo | 57:51 | 5:47 | 58:06 | 17:48 | 19:26 | 20:38 |
| 465 | 132 | Celia | Gonzalez Garcia | F | 69 | Promesa-Senior F | 33 | Punta Cabalo Arousa Runners | Muros | 58:05 | 5:49 | 58:20 | 17:50 | 20:23 | 19:52 |
| 466 | 515 | Maria | Corredoira Baleato | F | 70 | Veteranas A F | 29 | 3run By Pedro Nimo Club De Cor | Ames | 58:12 | 5:49 | 58:32 | 18:42 | 19:34 | 19:57 |
| 467 | 43 | Manuel | Oubiña Aragunde | M | 397 | Promesa-Senior M | 110 | Independiente | Cambados | 58:33 | 5:51 | 58:42 | 18:01 | 19:54 | 20:40 |
| 468 | 435 | Jose Antonio | Fuertes Alcedo | M | 398 | Veteranos B M | 60 | Independiente | Ribadumia | 58:46 | 5:52 | 59:13 | 19:26 | 19:49 | 19:32 |
| 469 | 162 | Allison | Payne | F | 71 | Promesa-Senior F | 34 | Independiente | O Grove | 58:54 | 5:54 | 59:15 | 19:13 | 19:05 | 20:38 |
| 470 | 398 | Ramón | Fernández Dacal | M | 399 | Veteranos B M | 61 | Independiente | Lugo | 59:21 | 5:56 | 59:35 | 18:59 | 19:57 | 20:26 |
| 471 | 426 | Bernardo | Rodriguez Vazquez | M | 400 | Veteranos B M | 62 | Independiente | A Coruña | 59:48 | 5:59 | 59:59 | 19:22 | 20:14 | 20:13 |
| 472 | 533 | Guadalupe | Vilar Seren | F | 72 | Veteranas C F | 3 | Independiente | Cambados | 1:00:01 | 6:00 | 1:00:11 | 18:48 | 20:25 | 20:50 |
| 473 | 527 | Rita | Alonso Gestoso | F | 73 | Veteranas B F | 5 | Independiente | Vilagarcía De Arousa | 1:00:04 | 6:00 | 1:00:16 | 19:07 | 20:39 | 20:19 |
| 474 | 16 | Diego | Santos Parada | M | 401 | Promesa-Senior M | 111 | Independiente | Castrelo Cambados | 1:00:13 | 6:01 | 1:00:26 | 17:43 | 20:08 | 22:23 |
| 475 | 473 | Xaquín | Charlín González | M | 402 | Veteranos C M | 23 | Independiente | Cambados | 59:55 | 6:00 | 1:00:26 | 19:38 | 20:20 | 19:59 |
| 476 | 512 | Angeles | Navia Giraldez | F | 74 | Veteranas A F | 30 | Independiente | Santiago | 1:00:55 | 6:05 | 1:01:13 | 19:01 | 20:32 | 21:23 |
| 477 | 133 | Marta | Serantes Cuiñas | F | 75 | Promesa-Senior F | 35 | Independiente | Cambados | 1:01:51 | 6:11 | 1:02:15 | 19:49 | 20:59 | 21:04 |
| 478 | 299 | Moises | Lopez-gil Otero | M | 403 | Veteranos A M | 201 | Independiente | Cambados | 1:01:48 | 6:11 | 1:02:15 | 19:26 | 21:18 | 21:05 |
| 479 | 508 | Maria | Pazos Carbon | F | 76 | Veteranas A F | 31 | Independiente | Santiago | 1:02:21 | 6:14 | 1:02:38 | 19:31 | 21:24 | 21:27 |
| 480 | 497 | Gracia | Rubianes Carro | F | 77 | Veteranas A F | 32 | Independiente | Vilanova De Arousa | 1:02:34 | 6:15 | 1:02:43 | 19:37 | 21:24 | 21:34 |
| 481 | 296 | Miguel Angel | Toledano Gonzalez | M | 404 | Veteranos A M | 202 | Punta Cabalo Arousa Runners | Illa De Arousa | 1:02:19 | 6:14 | 1:02:44 | 18:14 | 23:04 | 21:02 |
| 482 | 376 | Javier | Piñeiro Alcalde | M | 405 | Veteranos A M | 203 | Independiente | Vilagarcia | 1:04:42 | 6:28 | 1:04:54 | 19:09 | 21:54 | 23:40 |
| 483 | 526 | Fernanda | Pintos Leiro | F | 78 | Veteranas B F | 6 | Club Atletismo Cambados | Cambados | 1:10:03 | 7:00 | 1:10:15 | 22:13 | 23:13 | 24:38 |
| 484 | 391 | Bruno | Diaz Lopez | M | 406 | Veteranos A M | 204 | Independiente | O Grove | 1:10:14 | 7:01 | 1:10:34 | 21:45 | 24:21 | 24:09 |
| 485 | 146 | Séverine | Methion | F | 79 | Promesa-Senior F | 36 | Independiente | O Grove | 1:10:13 | 7:01 | 1:10:34 | 21:44 | 24:21 | 24:09 |
| 486 | 152 | Ana Maria | Padin Lage | F | 80 | Promesa-Senior F | 37 | Independiente | Cambados | 1:11:30 | 7:09 | 1:11:53 | 21:33 | 24:07 | 25:51 |
| 487 | 529 | Ana | Alarcón Aguín | F | 81 | Veteranas B F | 7 | Independiente | Portonovo | 1:13:25 | 7:21 | 1:13:36 | 21:59 | 24:34 | 26:52 |