

## CLASIFICACIÓN

PTO	DORSAL	NOMBRE	APELLIDOS	SEXO	PTO SEXO	EQUIPO	TIEMPO OFICIAL	TIEMPO NETO	SECT 1	SECTOR 1 RITMO	POS SECT 1	TRANS 1	SECT 2	VEL MEDIA	POS SECT 2	TRANS 2	SECT 3	SECTOR 3 RITMO	POS SECT 3
1	77	Darío Manuel	Otero Pampin	M	1	Ct O Treito	58:40.4	58:39.6	15:00.2	3:00	2	50.2	34:14.7	31,54 Km/l	7	58.1	7:36.2	3:02	4
2	73	Cristian	Muíño Varela	M	2	Cereo	59:25.4	59:25.4	15:00.4	3:00	4	51.2	35:18.6	30,59 Km/l	15	49.5	7:25.5	2:58	2
3	64	David	Landeira Castro	M	3	Media Ducia By TorsorE.Es	59:28.8	59:27.5	14:59.8	2:60	1	47.6	35:22.8	30,53 Km/l	17	46.1	7:31.0	3:00	3
4	102	Alexandre	Rodriguez Paz	M	4	Ninguno	59:31.2	59:30.3	15:57.6	3:11	7	40.3	34:31.9	31,28 Km/l	10	42.6	7:37.6	3:03	5
5	8	Juan	Balsa Estévez	M	5	Team Corbelo	59:39.8	59:38.3	15:58.9	3:12	9	40.9	34:31.4	31,28 Km/l	9	46.0	7:40.9	3:04	7
6	57	Josecho	González Rey	M	6	Club Ciclista Dumbria	1:00:12.6	1:00:11.2	16:11.5	3:14	16	1:03.1	33:54.4	31,85 Km/l	5	55.6	8:06.3	3:14	15
7	93	Arturo	Ramos Rey	M	7	Talleres David	1:01:25.4	1:01:25.4	15:00.2	3:00	3	38.6	37:42.9	28,64 Km/l	39	40.2	7:23.3	2:57	1
8	46	José Vicente	Formoso Otero	M	8	Ninguno	1:01:38.1	1:01:36.8	16:09.8	3:14	15	56.3	35:29.6	30,43 Km/l	18	49.3	8:11.6	3:16	17
9	47	Kiko	García Abalo	M	9	Maxiko Tri Poio	1:01:41.1	1:01:41.1	15:57.4	3:11	6	47.6	35:45.4	30,20 Km/l	21	48.5	8:22.0	3:21	21
10	117	Anxo	Vilanova Tomé	M	10	Cc Muebles Compostela	1:02:04.6	1:02:00.9	17:06.8	3:25	26	57.9	34:05.8	31,68 Km/l	6	51.1	8:59.0	3:36	39
11	91	Arturo	Ramos Ferrol	M	11	Talleres David	1:02:12.0	1:02:10.7	16:02.5	3:12	10	42.9	36:36.6	29,50 Km/l	29	45.6	8:02.9	3:13	14
12	34	Alberto	Dopazo Miguez	M	12	Triatlón Talleres David Compostela	1:02:24.1	1:02:21.7	16:04.0	3:13	11	52.4	36:47.2	29,36 Km/l	31	51.6	7:46.3	3:06	9
13	21	José Carlos	Bujan Otero	M	13	Noitebra Fc	1:02:25.5	1:02:24.4	15:36.7	3:07	5	45.9	37:34.2	28,74 Km/l	36	47.6	7:39.7	3:04	6
14	114	Alberto	Vázquez Tubio	M	14	S.D.Barbantia Roda	1:02:44.5	1:02:42.6	16:31.8	3:18	21	1:02.2	36:19.3	29,73 Km/l	25	51.6	7:57.5	3:11	12
15	48	Fernando	García Lema	M	15	Triatlón Costa Da Morte	1:02:55.7	1:02:53.4	16:22.5	3:16	20	41.0	36:51.3	29,30 Km/l	32	47.5	8:11.0	3:16	16
16	27	Xurxo	Carballo Monteagudo	M	16	Ninguno	1:03:01.4	1:02:58.8	16:22.1	3:16	19	41.0	36:51.4	29,30 Km/l	33	44.3	8:19.8	3:20	20
17	99	Adrián	Rodriguez Cambón	M	17	A.D. Downhill Laracha	1:03:29.7	1:03:28.8	16:13.4	3:15	18	1:05.3	36:36.9	29,50 Km/l	30	1:01.4	8:31.7	3:24	27
18	20	Ivan	Bueno Hermida	M	18	Triatlón Costa Da Morte	1:03:46.8	1:03:43.4	18:04.7	3:37	48	59.7	35:02.6	30,82 Km/l	12	48.7	8:47.5	3:31	35
19	22	Avelino	Caamaño Nieto	M	19	Ponte Trail	1:03:57.0	1:03:55.1	16:11.7	3:14	17	43.8	37:41.0	28,65 Km/l	38	49.4	8:29.0	3:24	24
20	59	Salvador	Guerrero Galvan	M	20	Pisha Brava	1:04:06.7	1:04:04.9	16:06.1	3:13	14	55.8	38:14.9	28,24 Km/l	44	1:00.9	7:46.9	3:06	10
21	63	Kiko	Lago Santiago	M	21	A. D. Olimpia	1:04:09.2	1:04:09.2	16:39.6	3:20	22	2:23.8	35:48.8	30,16 Km/l	22	51.1	8:25.8	3:22	22
22	60	Jose Vicente	Guzman Ares	M	22	Club Triatlón Arcade Inforhouse	1:04:10.4	1:04:06.2	17:59.1	3:36	43	1:00.2	35:09.2	30,72 Km/l	13	57.5	9:00.1	3:36	41
23	49	Francisco Javier	García Vidal	M	23	Ninguno	1:04:21.5	1:04:19.4	16:43.9	3:21	23	1:10.5	36:23.5	29,68 Km/l	26	1:04.1	8:57.3	3:35	37
24	84	Marcos	Peña Alvarez	M	24	Ninguno	1:04:27.2	1:04:24.6	17:21.5	3:28	29	1:01.8	36:24.1	29,67 Km/l	27	50.9	8:46.3	3:30	32
25	98	Manuel	Rivera Ramos	M	25	Multideportivo Laxe	1:04:30.2	1:04:30.2	17:33.5	3:31	34	1:21.7	35:19.8	30,58 Km/l	16	1:11.8	9:03.2	3:37	43
26	86	David	Pérez Castro	M	26	3&run Bike Team	1:04:38.1	1:04:35.2	17:32.0	3:30	33	43.1	36:52.8	29,29 Km/l	34	40.8	8:46.3	3:30	33
27	85	Alberto	Pereira Fariña	M	27	Ninguno	1:04:45.0	1:04:42.6	17:36.9	3:31	37	1:14.4	35:39.5	30,29 Km/l	20	1:04.0	9:07.7	3:39	45
28	31	Marcos Antonio	Couto Costa	M	28	A.D. Mediaducia	1:05:00.3	1:04:57.7	17:43.4	3:33	39	55.8	36:56.6	29,24 Km/l	35	54.1	8:27.6	3:23	23
29	13	Xosé Antón	Barreiro Pereira	M	29	Olimpico De Vedra	1:05:22.4	1:05:20.8	16:04.3	3:13	12	42.1	39:40.1	27,22 Km/l	55	38.7	8:15.4	3:18	18
30	37	Juan	Fernández Balado	M	30	Club Atletismo Fontes Do Sar	1:05:34.8	1:05:30.5	20:23.2	4:05	81	1:02.4	32:38.7	33,09 Km/l	2	1:04.7	10:21.2	4:08	77
31	28	Gabriel	Castiñeira Pais	M	31	Ninguno	1:05:43.0	1:05:40.5	17:23.4	3:29	31	53.5	38:00.8	28,42 Km/l	42	52.5	8:30.0	3:24	26
32	71	Marcelino	Martínez Alonso	M	32	Ninguno	1:05:43.3	1:05:40.1	18:52.8	3:46	60	1:10.3	34:47.8	31,04 Km/l	11	1:24.8	9:24.2	3:46	55
33	36	Francisco	Fernandez Antelo	M	33	Os Raposos	1:05:55.7	1:05:50.7	19:22.8	3:52	70	1:06.1	33:31.4	32,22 Km/l	4	1:06.1	10:44.1	4:18	84
34	33	Andrés	Dominguez Silva	M	34	Triatlón Coruña	1:06:00.0	1:05:58.8	16:52.5	3:22	25	53.0	39:05.0	27,63 Km/l	49	49.1	8:19.1	3:20	19
35	4	Borja	Alvarez Fernandez	M	35	Ninguno	1:06:00.1	1:05:56.3	18:20.9	3:40	55	54.2	37:59.1	28,43 Km/l	41	42.7	7:59.2	3:12	13
36	51	Carlos	Gómez Barciela	M	36	Ninguno	1:06:02.9	1:05:59.4	17:59.3	3:36	44	1:22.9	36:13.3	29,82 Km/l	23	1:12.6	9:11.2	3:40	48
37	32	Francisco Manuel	Dominguez Recarey	M	37	Ninguno	1:06:04.4	1:06:01.6	19:21.6	3:52	67	1:17.2	34:18.3	31,48 Km/l	8	56.0	10:08.3	4:03	72
38	100	Borja	Rodriguez Otero	M	38	Castro Barbudo	1:06:05.6	1:06:04.6	18:01.5	3:36	45	1:25.0	36:13.9	29,82 Km/l	24	1:16.2	9:07.8	3:39	46
39	3	Marcos	Almozara Mayo	M	39	Ninguno	1:06:07.0	1:06:02.2	18:04.2	3:37	47	1:07.9	36:30.1	29,58 Km/l	28	1:02.5	9:17.3	3:43	53
40	53	José Miguel	Gómez Sánchez	M	40	Escola De Atletismo Paula Mayobre	1:06:10.5	1:06:09.1	15:58.4	3:12	8	53.2	40:31.3	26,65 Km/l	62	57.1	7:48.9	3:07	11
41	5	Ivan	Alvarez Fernandez	M	41	Ninguno	1:06:44.8	1:06:41.1	18:27.8	3:41	57	49.4	37:38.3	28,69 Km/l	37	44.2	9:01.2	3:36	42
42	16	José María	Blanco Pampín	M	42	Montaevai O Pino	1:06:48.6	1:06:45.3	17:39.8	3:32	38	1:11.7	37:57.9	28,45 Km/l	40	1:02.1	8:53.7	3:33	36
43	76	Pablo	Nieto Leis	M	43	Kurai	1:06:53.3	1:06:51.8	19:50.3	3:58	78	54.2	33:15.6	32,48 Km/l	3	51.8	11:59.8	4:48	92
44	62	Juan Francisco	Lago Paris	M	44	Ninguno	1:07:28.8	1:07:25.7	17:11.2	3:26	27	51.7	39:41.7	27,21 Km/l	57	55.4	8:45.4	3:30	31
45	90	Jairo	Prieto Caamaño	M	45	Triatlón Costa Da Morte	1:07:53.3	1:07:50.0	18:07.2	3:37	49	51.5	38:54.1	27,76 Km/l	47	49.6	9:07.4	3:39	44

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PTO	DORSAL	NOMBRE	APELLIDOS	SEXO	PTO SEXO	EQUIPO	TIEMPO OFICIAL	TIEMPO NETO	SECT 1	SECTOR 1 RITMO	POS SECT 1	TRANS 1	SECT 2	VEL MEDIA	POS SECT 2	TRANS 2	SECT 3	SECTOR 3 RITMO	POS SECT 3
46	55	Alberto	Gonzalez	M	46	La Fuga-kurai	1:08:08.0	1:08:04.9	17:34.1	3:31	35	53.0	39:52.6	27,09 Km/l	59	47.5	8:57.6	3:35	38
47	70	Marcos	Losada Garcia	M	47	Arcade Inforhouse	1:08:16.9	1:08:15.1	18:01.9	3:36	46	49.6	39:26.1	27,38 Km/l	53	1:18.6	8:38.7	3:27	29
48	15	Luis	Berías Laiño	M	48	Artrogal	1:08:17.4	1:08:12.2	21:11.8	4:14	87	57.7	32:11.2	33,55 Km/l	1	1:09.6	12:41.8	5:04	93
49	79	Francisco	Pais Fondo	M	49	Ninguno	1:08:25.0	1:08:22.3	17:23.0	3:29	30	52.5	40:44.3	26,51 Km/l	64	52.7	8:29.5	3:05	25
50	81	Francisco José	Pasantes Pérez	M	50	Triatlón Costa Da Morte	1:08:28.2	1:08:25.3	17:43.6	3:33	40	52.3	39:16.1	27,50 Km/l	50	1:03.3	9:29.7	3:24	58
51	120	Jose Alfonso	Villar Caamaño	M	51	Triatlón O Treito	1:08:53.9	1:08:48.7	19:21.5	3:52	65	44.4	38:07.4	28,33 Km/l	43	50.6	9:44.6	3:26	62
52	61	Alberto	Lado Porto	M	52	Ninguno	1:09:22.3	1:09:19.2	17:46.7	3:33	41	1:29.0	39:49.9	27,12 Km/l	58	1:05.4	9:08.0	3:29	47
53	67	Manuel	López Suarez	M	53	Montaevai O Pino	1:09:26.3	1:09:23.0	18:17.9	3:39	53	48.7	39:59.5	27,01 Km/l	60	49.4	9:27.2	3:30	56
54	83	José Manuel	Pedrosa Mayo	M	54	Artrogal Tri-498	1:09:27.1	1:09:21.7	19:23.2	3:53	71	48.5	38:19.4	28,18 Km/l	45	52.6	9:57.7	3:36	65
55	54	Jose Antonio	Gontan Castro	M	55	Atletismo Fontes Do Sar	1:09:27.8	1:09:25.9	16:04.9	3:13	13	42.1	44:16.0	24,39 Km/l	78	39.9	7:42.8	3:39	8
56	108	Juan Carlos	Trillo Caamaño	M	56	Dumbria	1:09:29.7	1:09:26.2	18:13.3	3:39	51	1:12.0	39:17.1	27,49 Km/l	51	1:14.1	9:29.5	3:40	57
57	74	Jose	Navarro Anton	M	57	Sd Barbantia Roda	1:09:35.3	1:09:33.2	16:50.7	3:22	24	1:19.0	41:48.8	25,83 Km/l	73	59.2	8:35.3	3:41	28
58	94	Suso	Ramos Rodríguez	M	58	A.D. Downhill Laracha	1:09:37.7	1:09:33.2	19:27.0	3:53	72	1:38.7	35:15.2	30,63 Km/l	14	3:11.6	10:00.6	3:42	67
59	95	Miguel	Rey Amarelle	M	59	Ninguno	1:09:44.0	1:09:41.8	17:25.8	3:29	32	49.3	41:52.1	25,79 Km/l	74	50.5	8:43.9	3:42	30
60	101	Mario	Rodríguez Otero	M	60	Atletismo Fontes Do Sar	1:09:51.1	1:09:49.0	17:35.3	3:31	36	1:01.5	41:27.8	26,05 Km/l	71	57.5	8:46.7	3:44	34
61	88	Alberto	Picon Otero	M	61	Ninguno	1:09:52.6	1:09:49.8	18:08.3	3:38	50	1:01.3	39:19.4	27,46 Km/l	52	1:17.7	10:02.9	3:47	69
62	23	Jose	Calviño Carreño	M	62	Triatlón O Treito	1:09:52.9	1:09:48.3	19:22.4	3:52	69	46.9	39:02.8	27,66 Km/l	48	51.7	9:44.2	3:48	61
63	7	Jose Ramon	Antelo Martinez	M	63	Ninguno	1:10:05.6	1:10:00.2	19:21.5	3:52	66	1:25.9	38:38.6	27,95 Km/l	46	1:18.2	9:15.9	3:48	51
64	10	Valentín	Barcia Anido	M	64	Ninguno	1:10:22.5	1:10:21.8	18:15.7	3:39	52	40.5	41:17.1	26,16 Km/l	70	47.3	9:21.1	3:50	54
65	119	David	Vilariño Fernández	M	65	World Fit Carballo	1:10:43.4	1:10:36.9	22:12.1	4:26	93	1:02.0	35:30.0	30,42 Km/l	19	1:04.1	10:48.5	3:51	85
66	39	Antonio	Fernández Duran	M	66	Triatlón Costa Da Morte	1:10:56.3	1:10:52.6	18:34.0	3:43	59	51.5	40:58.9	26,36 Km/l	66	50.3	9:37.8	3:54	60
67	68	Brais	Lorenzo Fernandez	M	67	Castro Barbudo	1:11:14.1	1:11:12.5	18:20.1	3:40	54	1:36.8	39:40.8	27,22 Km/l	56	1:27.4	10:07.3	3:54	71
68	105	Jose Maria	Ruso Giraut	M	68	Ninguno	1:11:25.0	1:11:22.7	18:26.5	3:41	56	1:40.0	40:44.9	26,51 Km/l	65	1:15.0	9:16.1	3:55	52
69	41	Carlos José	Fernández Iglesias	M	69	Ninguno	1:12:00.3	1:11:58.9	17:12.4	3:26	28	1:22.1	43:01.1	25,10 Km/l	75	1:11.2	9:11.9	3:56	49
70	50	Martín	Gavin Villar	M	70	A.D. Downhill	1:12:37.7	1:12:37.7	19:27.4	3:53	73	1:16.8	40:40.1	26,55 Km/l	63	1:06.9	10:06.4	3:59	70
71	97	Marcelino	Rivas Pombo	M	71	Club Atletismo Fontes Do Sar	1:12:48.9	1:12:46.7	17:52.3	3:34	42	1:27.3	43:12.8	25,00 Km/l	76	1:14.8	8:59.3	4:00	40
72	118	Víctor Manuel	Vilar Reina	M	72	Víctor Manuel Home Vilar Reina	1:12:53.5	1:12:47.2	20:14.2	4:03	79	51.5	39:26.3	27,38 Km/l	54	1:34.2	10:40.9	4:00	82
73	112	Javier	Vazquez Figueiras	M	73	Ninguno	1:13:16.7	1:13:11.6	19:45.6	3:57	76	1:15.3	41:10.3	26,23 Km/l	69	1:24.1	9:35.9	4:01	59
74	12	Antonio	Barreiro Cordeiro	M	74	Ninguno	1:13:30.8	1:13:24.9	19:45.6	3:57	77	1:30.5	41:06.0	26,27 Km/l	67	1:12.2	9:50.4	4:01	64
75	18	Jonatan	Blanco Pensado	M	75	Ninguno	1:13:36.1	1:13:33.4	18:28.4	3:42	58	40.0	43:21.7	24,91 Km/l	77	31.3	10:31.8	4:02	80
76	29	Fidel	Castro Couto	M	76	Ninguno	1:14:00.8	1:13:54.6	20:53.8	4:11	84	50.7	41:09.2	26,24 Km/l	68	49.0	10:11.7	4:03	73
77	75	Adrian	Nieto Lareo	M	77	Montaevai O Pino	1:14:02.7	1:13:59.4	20:55.1	4:11	85	1:07.8	40:11.4	26,87 Km/l	61	1:01.1	10:43.9	4:04	83
78	42	Santiago	Fernandez Rial	M	78	Mariscos Recio	1:15:38.3	1:15:32.5	19:05.6	3:49	64	1:19.3	44:44.7	24,14 Km/l	81	1:09.8	9:12.9	4:05	50
79	113	Oscar Daniel	Vazquez Rodriguez	M	79	Ninguno	1:18:05.9	1:18:00.5	20:46.4	4:09	83	1:16.6	44:59.7	24,00 Km/l	82	1:08.8	9:48.8	4:06	63
80	72	Juanma	Mata	M	80	Ninguno	1:18:20.3	1:18:17.6	19:00.0	3:48	61	1:23.8	45:55.4	23,52 Km/l	84	1:36.9	10:21.4	4:08	78
81	103	Antonio	Rodríguez Rodríguez	M	81	C.C. Santa Compañía	1:18:27.1	1:18:22.8	19:22.0	3:52	68	1:07.6	46:49.7	23,06 Km/l	86	1:03.1	10:00.1	4:08	66
82	2	Jose	Alfaya Fontan	M	82	Cdm Xesteiras	1:18:33.3	1:18:30.3	21:44.3	4:21	92	1:18.4	41:38.3	25,94 Km/l	72	1:02.2	12:47.0	4:10	94
83	35	Lorena	Fenandez Blanco	F	1	Ad Jarnachas	1:18:44.1	1:18:39.6	20:39.5	4:08	82	58.6	45:19.5	23,83 Km/l	83	1:15.6	10:26.3	4:12	79
84	80	Oscar	Pardiñas Liste	M	83	Oscar Pardiñas Liste	1:18:47.2	1:18:42.9	21:12.2	4:14	88	1:02.0	44:33.3	24,24 Km/l	80	1:19.2	10:35.9	4:14	81
85	11	Adrián	Barreiro Añón	M	84	Ninguno	1:18:48.8	1:18:43.8	19:44.2	3:57	75	1:31.5	46:11.2	23,38 Km/l	85	1:03.9	10:12.9	4:16	74
86	82	Javier	Pazos Recarey	M	85	Ninguno	1:19:24.9	1:19:19.2	19:01.5	3:48	62	57.3	48:02.2	22,48 Km/l	88	1:02.9	10:15.0	4:17	75
87	92	Martin	Ramos Miranda	M	86	Ad Jarnachas	1:19:53.6	1:19:49.3	21:33.0	4:19	91	1:07.0	44:21.6	24,35 Km/l	79	1:00.4	11:47.0	4:19	91
88	96	Camilo	Rial Sanchiño	M	87	Ninguno	1:20:31.9	1:20:27.7	19:05.3	3:49	63	52.4	49:33.2	21,79 Km/l	91	54.1	10:02.4	4:27	68
89	66	Xose Francisco	Lema Rivas	M	88	Ninguno	1:21:42.4	1:21:37.1	21:13.7	4:15	89	1:01.3	47:12.4	22,88 Km/l	87	1:01.6	11:07.9	4:27	87
90	58	Bernabé	Grille Otero	M	89	Bernabé Grille Otero	1:22:49.5	1:22:49.5	19:29.2	3:54	74	1:21.8	49:59.8	21,60 Km/l	92	1:37.7	10:20.9	4:34	76

## CLASIFICACIÓN

PTO	DORSAL	NOMBRE	APELLIDOS	SEXO	PTO SEXO	EQUIPO	TIEMPO OFICIAL	TIEMPO NETO	SECT 1	SECTOR 1 RITMO	POS SECT 1	TRANS 1	SECT 2	VEL MEDIA	POS SECT 2	TRANS 2	SECT 3	SECTOR 3 RITMO	POS SECT 3
91	52	Ivan	Gomez Lopez	M	90	Club Del Mar Pulpeiros Btt	1:23:36.1	1:23:34.4	21:00.6	4:12	86	1:00.4	49:16.5	21,92 Km/	90	50.1	11:26.6	4:34	89
92	24	Rocio	Campos Brea	F	2	Ninguno	1:26:09.7	1:26:05.3	21:30.5	4:18	90	1:19.0	50:48.3	21,25 Km/	93	1:20.0	11:07.4	4:35	86
93	111	Roberto	Vazquez Brea	M	91	Ninguno	1:27:36.9	1:27:32.5	20:22.5	4:04	80	1:10.7	52:52.1	20,42 Km/	94	1:40.0	11:27.0	4:43	90
94	87	Adán	Pérez Fidalgo	M	92	Ninguno	1:28:22.7	1:28:17.9	22:50.4	4:34	94	1:09.7	48:49.1	22,12 Km/	89	1:40.0	13:48.4	5:07	95
95	110	Alejandra	Varela Fontel	F	3	Atletismo Fontes Do Sar	1:33:00.6	1:32:55.0	22:50.5	4:34	95	1:39.0	55:20.7	19,51 Km/	95	1:40.0	11:24.6	5:31	88