



CLASIFICACIÓN ABSOLUTA

PTO	DORSAL	NOMBRE	APELLIDOS	SEXO	EQUIPO	TIEMPO OFICIAL	CATEGORIA	PTO SEX	PTO CAT	TIEMPO SECTOR 1	RITMO SEC 1	PTO SEC 1	TRANS 1	TIEMPO SECTOR 2	VELO MEDIA	PTO SEC 2	TRANS 2	TIEMPO SECTOR 3	RITMO SEC 3	PTO SEC 3
1	1	Luis Miguel	Velasquez	M	Tripenta Terras De Lugo	1:00:26.1	Sénior	1	1	10:08.6	13:31	1	1:24.4	31:56.7	37,57 Km/h	1	1:02.8	15:53.4	2:56	2
2	115	Pedro Antonio	Esmoris Molina	M	Triatlón Arteixo	1:03:06.2	Veterano	2	1	11:55.3	15:53	3	1:03.7	32:13.3	37,24 Km/h	2	51.5	17:02.2	3:09	11
3	55	Jacobo	Crego Fernandez	M	Olimpico De Vedra	1:03:46.5	Sénior	3	2	12:36.8	16:48	11	57.5	32:36.0	36,80 Km/h	3	43.4	16:52.6	3:07	7
4	200	Joselyn	Brea	F	Tripenta Terras De Lugo	1:03:59.5	Sénior	1	1	12:00.2	16:00	7	58.5	33:12.7	36,14 Km/h	7	53.1	16:54.8	3:08	8
5	14	Fabian	Ubeira Vidal	M	Asociacion Deportiva C.A.R.	1:04:10.2	Sénior	4	3	11:57.6	15:56	4	1:05.7	32:45.5	36,64 Km/h	4	53.7	17:27.6	3:14	13
6	132	Fady	Hout Varela	M	Triatlón Coruña	1:04:21.5	Veterano	5	2	11:59.8	15:59	6	1:00.4	32:49.5	36,56 Km/h	5	55.8	17:35.9	3:15	16
7	123	Francisco	Fernández Moldes	M	Tripenta Terras De Lugo	1:05:02.1	Sénior	6	4	11:59.7	15:59	5	1:01.3	33:10.9	36,18 Km/h	6	59.9	17:50.2	3:18	24
8	2	Manuel	Dosil Lago	M	Olimpico De Vedra	1:05:21.8	Sénior	7	5	14:23.7	19:11	39	52.7	33:17.6	36,05 Km/h	8	48.0	15:59.6	2:58	3
9	87	Miguel	Figueira Nuñez	M	Artrogal Tri 498	1:05:58.2	Sénior	8	6	12:31.3	16:41	10	1:03.7	33:50.3	35,46 Km/h	16	57.1	17:35.6	3:15	15
10	15	Francisco José	Guillán Pazos	M	Artrogal Tri 498	1:06:26.4	Sénior	9	7	12:45.3	17:00	13	1:04.6	33:36.4	35,71 Km/h	11	57.3	18:02.5	3:20	28
11	159	Andres	Lopez Torres	M	Triatlón Vilagarcia	1:06:32.5	Veterano	10	3	13:16.9	17:41	18	58.7	33:39.0	35,66 Km/h	12	49.7	17:48.0	3:18	21
12	91	Ruben	Monroy Gonzalez	M	Ninguno	1:06:56.6	Sénior	11	8	12:40.2	16:53	12	1:10.6	33:35.8	35,73 Km/h	10	53.4	18:36.4	3:27	38
13	127	Jaime	Meijide Vázquez	M	Triatlón Vilagarcia	1:07:12.0	Veterano	12	4	13:16.6	17:41	17	1:04.6	34:17.8	35,00 Km/h	21	55.8	17:37.0	3:16	18
14	37	Sergio	Martinez Esmoris	M	Triatlón Arteixo	1:07:30.0	Sénior	13	9	13:54.2	18:32	27	1:15.6	33:30.1	35,82 Km/h	9	1:01.6	17:48.5	3:18	22
15	56	Ismael	García Carballo	M	Olimpico De Vedra	1:07:45.4	Sénior	14	10	13:46.0	18:21	24	1:06.7	33:42.3	35,60 Km/h	13	49.2	18:21.0	3:24	34
16	46	Alberto	Alvarez Bendaña	M	Artrogal Tri 498	1:07:55.0	Sénior	15	11	12:58.4	17:17	15	1:10.6	34:37.4	34,66 Km/h	26	57.3	18:11.1	3:22	29
17	33	Cristian	Muñio Varela	M	Ninguno	1:07:58.1	Sénior	16	12	14:59.7	19:59	47	1:32.1	34:23.8	34,90 Km/h	22	54.4	16:08.0	2:59	4
18	25	Eloy	Gonzalez Horta	M	Artrogal Tri 498	1:07:59.1	Sénior	17	13	13:36.4	18:08	20	1:18.9	33:46.9	35,53 Km/h	14	57.9	18:18.8	3:23	31
19	38	Pablo	Cabanelas Eiras	M	Olimpico De Vedra	1:08:22.6	Sénior	18	14	13:18.1	17:44	19	1:02.1	34:15.6	35,03 Km/h	20	48.0	18:58.6	3:31	42
20	154	Gonzalo	González Piñeiro	M	Asociacion Deportiva C.A.R.	1:08:44.9	Veterano	19	5	15:29.3	20:39	56	1:17.6	34:09.9	35,13 Km/h	18	57.1	16:50.8	3:07	6
21	35	Miguel	Castro Ramos	M	Miguel Castro Ramos	1:09:06.1	Sénior	20	15	13:52.2	18:29	26	1:05.1	34:47.2	34,49 Km/h	29	51.0	18:30.4	3:26	37
22	77	Carlos	Candano Bello	M	Triatlón Ferrol	1:09:06.5	Sénior	21	16	13:44.3	18:19	23	1:15.4	34:49.7	34,46 Km/h	30	57.4	18:19.6	3:24	32
23	68	Javier	Castro Oliveira	M	Triatlón P. C. Rias Baixas	1:09:07.1	Sénior	22	17	14:20.5	19:07	36	1:08.1	34:15.5	35,03 Km/h	19	1:02.2	18:20.5	3:24	33
24	180	Edymar	Brea	F	Tripenta Terras De Lugo	1:09:10.3	Junior	2	1	13:56.6	18:35	29	1:12.2	36:09.5	33,19 Km/h	52	53.1	16:58.7	3:09	10
25	30	Joaquín	Boisa Dosil	M	Artrogal Tri 498	1:09:37.6	Sénior	23	18	13:37.4	18:09	21	1:16.0	34:31.1	34,76 Km/h	24	2:37.3	17:35.5	3:15	14
26	105	Jose Manuel	Lago Ces	M	O Peirán	1:09:38.0	Veterano	24	6	15:11.5	20:15	50	1:31.2	35:19.3	33,97 Km/h	36	51.0	16:44.9	3:06	5
27	32	Victor	Gonzalez Horta	M	Comesaña Sporting Club	1:10:23.6	Sénior	25	19	16:00.6	21:20	69	2:02.5	35:25.8	33,88 Km/h	39	1:03.2	15:51.2	2:56	1
28	111	Jose Carlos	Meno Miguez	M	Asociacion Deportiva C.A.R.	1:10:34.2	Veterano	26	7	15:30.1	20:40	58	1:11.7	35:02.9	34,25 Km/h	34	58.9	17:50.5	3:18	25
29	157	Carlos	Coira Lojo	M	Triatlón Vilagarcia	1:10:44.3	Veterano	27	8	13:55.8	18:33	28	1:22.3	36:01.1	33,31 Km/h	51	1:06.8	18:18.2	3:23	30
30	24	Jose Manuel	Tome Suarez	M	Jose Manuel Tome Suarez	1:11:04.4	Sénior	28	20	14:34.8	19:25	41	1:43.0	34:43.7	34,56 Km/h	28	1:08.0	18:54.8	3:30	40
31	16	Francisco Javier	Duran Pampin	M	Asociacion Deportiva C.A.R.	1:11:07.5	Sénior	29	21	14:46.8	19:41	43	1:06.5	35:00.4	34,28 Km/h	32	1:01.5	19:12.1	3:33	46
32	79	Ricardo	León Viñas	M	Ninguno	1:11:15.3	Sénior	30	22	15:26.4	20:35	54	1:39.1	36:22.3	32,99 Km/h	56	49.0	16:58.3	3:09	9
33	62	Abelardo Manuel	Soler Rivas	M	Artrogal Tri 498	1:11:16.1	Sénior	31	23	15:42.9	20:56	60	1:18.6	35:59.5	33,34 Km/h	49	54.7	17:20.3	3:13	12
34	45	Carlos	Juantey Garcia	M	Artrogal Tri 498	1:11:18.3	Sénior	32	24	15:26.5	20:35	55	1:21.0	35:53.2	33,44 Km/h	46	1:00.7	17:36.7	3:16	17
35	26	Antón	Gómez González	M	Talleres David Triatlón Compostela	1:11:25.5	Sénior	33	25	14:51.4	19:48	44	1:07.2	36:53.4	32,53 Km/h	63	54.9	17:38.3	3:16	19
36	110	Juan	Martinez Martinez	M	Artrogal Tri 498	1:11:26.1	Veterano	34	9	14:22.4	19:09	37	1:12.3	35:44.9	33,58 Km/h	41	56.7	19:09.7	3:33	45
37	42	Andres	Domínguez Silva	M	Club Triatlón Coruña	1:11:35.7	Sénior	35	26	14:23.3	19:11	38	1:03.2	35:52.2	33,45 Km/h	44	53.7	19:23.1	3:35	48
38	81	José Antonio	Gómez Rios	M	Artrogal Tri 498	1:11:38.5	Sénior	36	27	16:42.4	22:16	76	1:12.9	33:48.3	35,50 Km/h	15	58.8	18:55.9	3:30	41
39	23	Carlos	Máiz Manso	M	Club Triatlón Coruña	1:11:38.5	Sénior	37	28	13:43.5	18:17	22	1:22.1	36:22.9	32,99 Km/h	57	1:05.4	19:04.4	3:32	43
40	10	Roberto	Picón Espiño	M	Arca De Inforhouse Santiago	1:12:08.1	Sénior	38	29	14:59.6	19:59	46	1:18.7	36:25.3	32,95 Km/h	58	1:02.0	18:22.3	3:24	35
41	126	Pablo	Sanjurjo Poveda	M	Triatlón Ferrol	1:12:19.5	Veterano	39	10	12:47.8	17:03	14	1:12.0	35:50.3	33,48 Km/h	43	1:04.6	21:24.7	3:58	85
42	31	Antonio	Vilas Gómez	M	Artrogal Tri 498	1:12:20.4	Sénior	40	30	14:06.4	18:48	32	1:09.4	34:32.9	34,74 Km/h	25	1:01.3	21:30.3	3:59	86
43	51	Jose Antonio	Golpe Iglesias	M	Gv Sports	1:12:44.3	Sénior	41	31	13:48.8	18:24	25	1:03.2	36:26.0	32,93 Km/h	59	59.6	20:26.6	3:47	66
44	146	Jose Ramon	Lago Cives	M	Artrogal Tri 498	1:13:06.4	Veterano	42	11	17:40.2	23:33	98	2:17.7	34:06.9	35,19 Km/h	17	1:19.4	17:41.9	3:16	20
45	119	Pedro	Lista Suarez	M	C.C. Riazor	1:13:25.0	Veterano	43	12	14:29.8	19:19	40	1:20.9	37:06.4	32,34 Km/h	67	58.8	19:29.0	3:36	49
46	113	Manuel Alberto	Perez Garcia	M	Asociacion Deportiva C.A.R.	1:13:44.6	Veterano	44	13	16:08.8	21:31	71	1:13.7	35:24.3	33,89 Km/h	38	1:02.9	19:54.7	3:41	55
47	101	Ivan	Bueno Hermida	M	Triatlón Costa Da Morte	1:13:47.8	Veterano	45	14	17:37.9	23:29	96	1:22.1	34:42.9	34,58 Km/h	27	58.5	19:06.1	3:32	44
48	108	Fernando	Sieira Rios	M	Ninguno	1:13:50.5	Veterano	46	15	16:44.6	22:19	78	1:51.8	36:00.5	33,33 Km/h	50	1:14.8	17:58.7	3:20	27
49	131	Roberto Jose	Mendez Quindimil	M	Nosportlimit	1:13:57.1	Veterano	47	16	15:59.2	21:19	66	1:30.0	35:12.4	34,09 Km/h	35	1:03.8	20:11.6	3:44	61
50	82	Avelino	Caamaño Nieto	M	Artrogal Tri 498	1:14:07.2	Sénior	48	32	16:46.6	22:21	80	1:14.0	36:33.4	32,83 Km/h	60	1:04.6	18:28.4	3:25	36



CLASIFICACIÓN ABSOLUTA

PTO	DORSAL	NOMBRE	APELLIDOS	SEXO	EQUIPO	TIEMPO OFICIAL	CATEGORIA	PTO SEX	PTO CAT	TIEMPO SECTOR 1	RITMO SEC 1	PTO SEC 1	TRANS 1	TIEMPO SECTOR 2	VELO MEDIA	PTO SEC 2	TRANS 2	TIEMPO SECTOR 3	RITMO SEC 3	PTO SEC 3
51	40	Alberto	Gómez Vila	M	Beariz Triathlon	1:14:19.3	Sénior	49	33	17:27.6	23:16	91	1:10.9	35:02.4	34,25 Km/h	33	58.0	19:40.2	3:39	51
52	78	Adrián	Campaña Barros	M	Ninguno	1:14:20.0	Sénior	50	34	11:43.7	15:37	2	1:26.0	38:14.7	31,38 Km/h	78	1:17.8	21:37.7	4:00	89
53	34	Miguel	Dafonte Martinez	M	Vigoentrena	1:14:26.7	Sénior	51	35	15:03.0	20:04	49	2:06.9	38:10.4	31,44 Km/h	77	1:16.8	17:49.4	3:18	23
54	107	Juan Manuel	Mendez Frojan	M	Artrogal Tri 498	1:14:37.9	Veterano	52	17	15:00.3	20:00	48	1:40.0	36:10.7	33,17 Km/h	54	1:05.5	20:41.3	3:50	72
55	54	Jesus Francisco	Gómez Santos	M	Nosportlimit	1:15:16.3	Sénior	53	36	13:56.8	18:35	30	1:57.7	36:58.7	32,46 Km/h	65	1:36.0	20:47.0	3:51	75
56	176	Martín	Casal Mourellos	M	Talleres David Triatlón Compostela	1:15:21.6	Cadete	54	1	12:13.1	16:17	8	1:07.2	38:05.0	31,50 Km/h	74	1:12.0	22:44.1	4:13	107
57	17	Nestor	Romero Agra	M	Artrogal Tri 498	1:15:30.6	Sénior	55	37	15:59.7	21:19	67	1:26.9	36:54.8	32,52 Km/h	64	54.1	20:14.9	3:45	62
58	129	Pedro	Pérez Gago	M	Triatlón Vilagarcía	1:15:40.2	Veterano	56	18	16:17.1	21:43	72	1:18.1	37:22.7	32,11 Km/h	70	1:09.4	19:32.7	3:37	50
59	155	Manuel Angel	Pita Pereira	M	Triathlon Ferrol	1:15:47.7	Veterano	57	19	15:57.3	21:16	64	1:22.7	35:21.9	33,94 Km/h	37	1:10.6	21:55.0	4:04	95
60	53	Jose	Calviño Carreño	M	Btt Triatlón O Treito	1:15:51.5	Sénior	58	38	15:17.3	20:23	51	1:27.5	35:58.1	33,36 Km/h	47	1:10.4	21:58.1	4:04	96
61	19	José Manuel	Pedrosa Mayo	M	Artrogal Tri 498	1:15:51.7	Sénior	59	39	16:51.7	22:28	82	1:03.6	34:56.3	34,35 Km/h	31	1:09.9	21:50.1	4:03	94
62	8	Jairo	Prieto Caamaño	M	Triatlón Costa Da Morte	1:16:03.7	Sénior	60	40	17:16.7	23:01	90	1:34.1	36:10.6	33,17 Km/h	53	57.6	20:04.4	3:43	58
63	44	Francisco José	Pasantes Perez	M	Triatlón Costa Da Morte	1:16:03.8	Sénior	61	41	17:43.7	23:37	104	1:42.4	35:36.7	33,70 Km/h	40	1:03.8	19:57.0	3:42	56
64	49	Alberto	López González	M	La Fuga - Kurai	1:16:45.4	Sénior	62	42	15:52.5	21:09	62	1:54.0	36:52.6	32,54 Km/h	61	1:11.5	20:54.7	3:52	78
65	158	Omar	González Sampedro	M	Ninguno	1:16:47.6	Veterano	63	20	12:24.9	16:32	9	1:26.3	39:09.0	30,65 Km/h	89	1:06.2	22:41.1	4:12	106
66	102	Antonio	Fernandez Duran	M	Triathlon Costa Da Morte	1:16:49.4	Veterano	64	21	14:15.4	19:00	35	1:30.2	38:50.5	30,90 Km/h	85	1:01.9	21:11.3	3:55	80
67	29	José Alfonso	Villar Caamaño	M	Triatlón O Treito	1:16:52.4	Sénior	65	43	16:29.4	21:59	74	2:02.9	35:59.3	33,34 Km/h	48	1:09.2	21:11.5	3:55	81
68	48	Aitor	Calviño Garcoa	M	Btt Triatlón O Treito	1:16:55.7	Sénior	66	44	16:43.7	22:17	77	1:51.8	37:04.3	32,37 Km/h	66	1:27.3	19:48.4	3:40	53
69	117	Santiago	García González	M	Nosportlimit	1:17:11.7	Veterano	67	22	16:19.0	21:45	73	1:57.7	36:21.4	33,01 Km/h	55	1:10.9	21:22.5	3:57	84
70	112	Jose Manuel	Quinteiro	M	Asociación Deportiva C.A.R.	1:17:26.7	Veterano	68	23	16:54.1	22:32	84	1:28.1	37:16.5	33,20 Km/h	69	1:30.5	20:17.4	3:45	63
71	150	Eduardo	Bujan Santos	M	Btt Triatlón O Treito	1:17:48.0	Veterano	69	24	20:12.2	26:56	128	1:26.7	35:47.8	33,53 Km/h	42	1:05.9	19:15.2	3:34	47
72	73	Miguel	Tella Ferreiro	M	Nosportlimit	1:17:50.1	Sénior	70	45	14:37.5	19:29	42	1:14.8	36:52.7	32,54 Km/h	62	1:10.3	23:54.6	4:26	116
73	118	Xosé Antón	Barreiro Pereira	M	Olimpico De Vedra	1:17:51.3	Veterano	71	25	17:33.4	23:24	93	2:12.2	37:43.9	31,81 Km/h	71	1:40.9	18:40.8	3:27	39
74	57	Adrián	Souto Iglesias	M	Adrián Souto Iglesias	1:18:07.5	Sénior	72	46	14:56.7	19:55	45	1:25.9	40:33.2	29,59 Km/h	98	1:01.4	20:10.2	3:44	60
75	86	Efren	Ures Souto	M	A. D. Mediaducia	1:18:07.9	Sénior	73	47	15:38.5	20:51	59	1:36.7	39:41.8	30,23 Km/h	93	1:20.0	19:50.7	3:40	54
76	59	Alberto	Rilo Mosteiro	M	Nosportlimit	1:18:30.9	Sénior	74	48	20:20.8	27:07	132	2:10.0	34:26.3	34,84 Km/h	23	1:10.0	20:23.7	3:46	65
77	89	David	Fernández Fornis	M	Artrogal Tri 498	1:18:38.8	Sénior	75	49	17:15.2	23:00	89	1:45.9	38:05.6	31,50 Km/h	75	1:11.5	20:20.4	3:46	64
78	181	Iria Mariana	Di John Portela	F	Tripenta Terras De Lugo	1:18:47.6	Junior	3	2	13:01.3	17:21	16	1:17.9	42:00.1	28,57 Km/h	120	1:20.9	21:07.2	3:55	79
79	80	Santiago	Romero Ons	M	Club Atletismo Porriño	1:19:04.4	Sénior	76	50	16:40.7	22:13	75	1:24.1	37:52.3	31,69 Km/h	72	1:21.4	21:45.7	4:02	93
80	121	Juan	Castiñeira Romero	M	Triatlón Costa Da Morte	1:19:32.3	Veterano	77	26	18:13.4	24:17	114	1:54.5	40:14.4	29,82 Km/h	94	1:17.2	17:52.7	3:19	26
81	153	Jose Antonio	Costa Rodriguez	M	Agrupación Atlética Mazí	1:19:43.2	Veterano	78	27	17:33.9	23:24	94	2:21.5	38:50.9	30,90 Km/h	86	1:09.9	19:46.9	3:40	52
82	52	Lito	Rodríguez Pouso	M	Btt Triatlón O Treito	1:19:52.2	Sénior	79	51	20:19.5	27:05	131	1:48.8	35:52.2	33,45 Km/h	45	1:02.2	20:49.4	3:51	76
83	142	Jose Higinio	Portals Caamaño	M	Ninguno	1:20:07.6	Veterano	80	28	17:41.2	23:35	101	1:07.6	38:38.9	31,06 Km/h	82	1:04.6	21:35.2	3:60	87
84	138	Jose	Rilo Lopez	M	Nosportlimit	1:20:12.2	Veterano	81	29	16:57.9	22:36	85	2:01.0	38:23.0	31,26 Km/h	80	2:15.5	20:34.6	3:49	69
85	74	Jorge	García Mallo	M	La Fuga - Kurai	1:20:31.0	Sénior	82	52	17:32.6	23:23	92	2:12.0	38:37.1	31,07 Km/h	81	1:24.2	20:44.9	3:50	73
86	130	Eduardo	Souto Vázquez	M	Nosportlimit	1:20:39.9	Veterano	83	30	17:07.4	22:49	86	1:48.7	38:09.6	31,45 Km/h	76	1:32.8	22:01.2	4:05	98
87	116	Arturo	Pasantes Vidal	M	Triathlon Costa Da Morte	1:21:01.2	Veterano	84	31	18:48.3	25:04	121	2:07.4	38:21.1	31,29 Km/h	79	1:16.5	20:27.6	3:47	67
88	43	Alberto	Rodríguez Tubio	M	Trinorth	1:21:03.1	Sénior	85	53	18:31.7	24:41	116	1:59.9	38:46.9	30,95 Km/h	84	1:07.5	20:36.9	3:49	71
89	20	Alejandro	Fernandez Ramos	M	Nosportlimit	1:21:30.7	Sénior	86	54	17:45.9	23:40	105	2:16.5	40:15.7	29,81 Km/h	95	1:14.4	19:57.9	3:42	57
90	39	Adrian	Quevedo	M	Nosportlimit	1:21:31.5	Sénior	87	55	17:38.2	23:31	97	2:00.5	38:01.6	31,56 Km/h	73	1:23.8	22:27.3	4:09	102
91	4	Iago	Del Pozo Sanchez	M	La Fuga - Kurai	1:21:33.3	Sénior	88	56	15:29.5	20:39	57	1:38.1	41:50.3	28,68 Km/h	117	1:16.0	21:19.3	3:57	82
92	21	Pablo	Insúa Pedrosa	M	Artrogal Tri 498	1:21:40.8	Sénior	89	57	18:32.5	24:43	117	2:01.2	39:29.4	30,39 Km/h	92	1:01.6	20:35.9	3:49	70
93	36	Jesus	Martinez Castro	M	Btt Triatlón O Treito	1:22:00.7	Sénior	90	58	18:39.7	24:52	119	1:44.3	38:42.8	31,00 Km/h	83	1:10.1	21:43.5	4:01	91
94	122	Daniel Marcos	Esmoris Arranz	M	Nosportlimit	1:22:14.7	Veterano	91	32	16:05.8	21:27	70	1:48.7	39:06.5	30,69 Km/h	88	1:28.8	23:44.7	4:24	114
95	47	Héctor	Simón Martínez	M	Nosportlimit	1:22:19.3	Sénior	92	59	17:49.8	23:45	109	1:35.3	40:38.8	29,53 Km/h	101	1:44.2	20:30.9	3:48	68
96	205	Camino	Carballeira	F	Vigoentrena	1:22:19.6	Sénior	4	2	15:21.7	20:28	52	2:08.6	42:26.5	28,27 Km/h	121	1:33.2	20:49.4	3:51	77
97	134	Federico	Porto Arias	M	Club Triathlon Coruña	1:22:34.2	Veterano	93	33	15:57.4	21:16	65	2:08.0	40:52.0	29,36 Km/h	103	1:36.0	22:00.6	4:04	97
98	141	Jose Benito	Charlin Trigo	M	Triathlon Vilagarcía Atenas Vda	1:22:35.4	Veterano	94	34	18:07.7	24:09	112	1:53.4	39:26.9	30,43 Km/h	91	1:22.3	21:44.9	4:01	92
99	12	Alberto	Gonzalez Suarez	M	La Fuga - Kurai	1:22:58.0	Sénior	95	60	20:13.5	26:57	129	1:38.0	39:00.5	30,76 Km/h	87	1:18.9	20:46.9	3:51	74
100	61	Manolo	Arca Pedrido	M	Artrogal Tri 498	1:23:34.7	Sénior	96	61	21:16.9	28:21	141	1:49.5	37:10.1	32,28 Km/h	68	1:36.0	21:42.1	4:01	90



CLASIFICACIÓN ABSOLUTA

PTO	DORSAL	NOMBRE	APELLIDOS	SEXO	EQUIPO	TIEMPO OFICIAL	CATEGORIA	PTO SEX	PTO CAT	TIEMPO SECTOR 1	RITMO SEC 1	PTO SEC 1	TRANS 1	TIEMPO SECTOR 2	VELO MEDIA	PTO SEC 2	TRANS 2	TIEMPO SECTOR 3	RITMO SEC 3	PTO SEC 3
101	106	Pablo	Nieto Leis	M	La Fuga - Kurai	1:24:36.2	Veterano	97	35	18:33.5	24:44	118	1:52.5	40:28.6	29,65 Km/h	97	1:15.8	22:25.5	4:09	101
102	250	Sonia	Roca Canzobre	F	Nosportlimit	1:24:54.9	Veterano	5	1	16:00.5	21:20	68	1:38.6	43:46.1	27,41 Km/h	131	1:28.1	22:01.5	4:05	99
103	213	Chus	García Trabazo	F	Nosportlimit	1:25:14.6	Sénior	6	3	15:43.5	20:57	61	2:12.9	44:17.1	27,09 Km/h	133	1:24.0	21:37.1	4:00	88
104	3	Sergio	Oliveira Boga	M	Olimpico De Vedra	1:25:28.5	Sénior	98	62	14:07.2	18:49	33	1:22.8	41:53.2	28,65 Km/h	118	1:14.9	26:50.3	4:58	135
105	83	Alejo	Alvite Del Rio	M	Olimpico De Vedra	1:25:28.7	Sénior	99	63	14:06.2	18:48	31	1:42.9	41:32.6	28,89 Km/h	114	1:22.1	26:44.8	4:57	134
106	84	Manuel	Abuin Ares	M	Ninguno	1:25:28.8	Sénior	100	64	14:08.6	18:51	34	1:49.5	41:22.9	29,00 Km/h	108	1:16.7	26:51.0	4:58	136
107	139	Sergio	Del Arco Marquiz	M	Olimpico De Vedra	1:25:53.8	Veterano	101	36	18:48.0	25:04	120	1:42.2	41:31.7	28,90 Km/h	113	1:14.4	22:37.3	4:11	104
108	22	José Iván	Canle Reino	M	Immortals	1:25:55.6	Sénior	102	65	17:53.2	23:51	110	1:47.5	39:23.2	30,46 Km/h	90	1:30.8	25:20.8	4:41	131
109	50	Sergio	Pérez Treus	M	Tribu Trail	1:26:10.2	Sénior	103	66	15:25.1	20:33	53	2:07.4	43:37.9	27,51 Km/h	126	3:39.2	21:20.4	3:57	83
110	13	Pablo	Dosil Rosende	M	Artrogal Tri 498	1:26:22.1	Sénior	104	67	20:23.5	27:11	133	1:20.9	40:49.5	29,39 Km/h	102	1:03.4	22:44.6	4:13	109
111	124	Alejandro	Rodríguez Lorenzo	M	Nosportlimit	1:26:42.6	Veterano	105	37	17:35.7	23:27	95	2:01.2	42:35.4	28,18 Km/h	123	2:16.0	22:14.2	4:07	100
112	41	César	Castro Ramos	M	A. D. Mediaducia	1:27:18.9	Sénior	106	68	19:34.7	26:05	124	1:59.4	40:34.1	29,58 Km/h	99	2:29.6	22:41.0	4:12	105
113	203	Cristina	García González	F	Nosportlimit	1:27:34.2	Sénior	7	4	16:47.8	22:23	81	1:36.2	43:50.6	27,37 Km/h	132	1:41.8	23:37.6	4:22	113
114	214	Alba	Caamaño Fernández	F	Ninguno	1:28:06.7	Sénior	8	5	16:45.0	22:20	79	1:40.4	44:37.3	26,89 Km/h	134	1:39.0	23:24.8	4:20	112
115	137	Luis	Valdés López	M	Running Oleiros	1:28:16.3	Veterano	107	38	20:51.9	27:48	138	3:08.5	40:20.4	29,75 Km/h	96	1:20.0	22:35.4	4:11	103
116	72	Manuel Enrique	Fandiño Cerqueira	M	Triatlón P. C. Rias Baixas	1:29:10.8	Sénior	108	69	17:46.7	23:41	107	3:35.8	41:37.9	28,83 Km/h	115	1:38.4	24:31.8	4:32	119
117	64	Santiago	Santiago Estevez	M	Triatlón P. C. Rias Baixas	1:29:11.2	Sénior	109	70	17:41.0	23:35	99	3:49.9	41:26.0	28,96 Km/h	109	1:38.4	24:35.6	4:33	120
118	143	Enrique	Hernandez Moldes	M	Triatlón P. C. Rias Baixas	1:29:11.4	Veterano	110	39	19:59.8	26:39	125	1:35.8	41:26.1	28,96 Km/h	110	1:31.4	24:38.1	4:34	121
119	145	Indalecio Luis	Viñas Camba	M	Triatlón P. C. Rias Baixas	1:29:11.6	Veterano	111	40	17:46.2	23:41	106	3:26.7	41:39.3	28,81 Km/h	116	1:40.2	24:39.0	4:34	122
120	66	Pablo	Nogueira Gonzalez	M	Triatlón P. C. Rias Baixas	1:29:11.7	Sénior	112	71	17:42.5	23:36	103	3:44.7	41:22.7	29,00 Km/h	107	1:20.0	25:01.6	4:38	129
121	144	David	Lorenzo Garcia	M	Triatlón P. C. Rias Baixas	1:29:12.3	Veterano	113	41	17:41.9	23:35	102	3:49.3	41:18.8	29,05 Km/h	106	1:42.8	24:39.4	4:34	124
122	69	Santiago	Presa Presa	M	Triatlón P. C. Rias Baixas	1:29:12.7	Sénior	114	72	17:41.0	23:35	100	3:38.6	41:29.5	28,92 Km/h	111	1:44.2	24:39.1	4:34	123
123	63	Alberto	Lopez Penide	M	Triatlón P. C. Rias Baixas	1:29:14.7	Sénior	115	73	20:00.1	26:40	126	1:39.1	41:11.8	29,13 Km/h	105	1:41.8	24:41.8	4:34	127
124	65	Borja	Santome Baqueiro	M	Triatlón P. C. Rias Baixas	1:29:15.0	Sénior	116	74	20:16.8	27:01	130	2:05.4	40:36.2	29,55 Km/h	100	1:35.8	24:40.5	4:34	125
125	70	Rafael	Sierra Lopez	M	Triatlón P. C. Rias Baixas	1:29:15.2	Sénior	117	75	17:47.1	23:43	108	3:32.1	41:31.4	28,90 Km/h	112	1:41.4	24:43.0	4:35	128
126	67	Miguel	Piñon Dapena	M	Triatlón P. C. Rias Baixas	1:29:15.3	Sénior	118	76	20:00.9	26:40	127	1:51.5	41:00.3	29,26 Km/h	104	1:41.6	24:40.8	4:34	126
127	103	Celestino	Mato Peón	M	Artrogal Tri 498	1:29:55.7	Veterano	119	42	18:02.2	24:03	111	2:26.4	42:28.1	28,25 Km/h	122	2:32.6	24:26.2	4:31	118
128	251	Beatriz	Romero Roel	F	Nosportlimit	1:30:00.7	Veterano	9	2	19:05.1	25:27	122	2:11.1	42:00.0	28,57 Km/h	119	1:36.1	25:08.1	4:39	130
129	18	Daniel	Loureiro Ameneiros	M	Tri-fonseca	1:30:27.2	Sénior	120	77	21:04.7	28:05	139	1:54.9	43:17.2	27,72 Km/h	124	1:25.7	22:44.5	4:13	108
130	204	Vanesa	Naveira Lopez	F	C.C. Riazor	1:30:37.8	Sénior	10	6	17:08.3	22:51	87	2:04.9	46:03.0	26,05 Km/h	135	2:04.0	23:17.4	4:19	111
131	120	Jose	Martinez Leis	M	Roxo	1:31:35.0	Veterano	121	43	17:13.1	22:57	88	3:09.7	43:40.3	27,48 Km/h	128	1:58.3	25:33.5	4:44	132
132	58	Carlos	Soto Gonzalez	M	Ninguno	1:33:54.5	Sénior	122	78	19:33.8	26:04	123	1:52.7	50:53.4	23,58 Km/h	142	1:27.3	20:07.1	3:44	59
133	202	Ana	Ramos Ons	F	Artrogal Tri 498	1:35:40.4	Sénior	11	7	20:39.5	27:32	136	1:59.0	43:36.7	27,52 Km/h	125	1:39.4	27:45.5	5:08	140
134	211	Cristina	García Beiro	F	Artrogal Tri 498	1:35:40.6	Sénior	12	8	20:35.0	27:27	134	1:59.9	43:41.2	27,47 Km/h	130	1:39.3	27:45.0	5:08	137
135	201	Olalla	Duro Liñares	F	Artrogal Tri 498	1:35:40.7	Sénior	13	9	20:37.8	27:29	135	1:54.6	43:40.2	27,48 Km/h	127	1:42.7	27:45.2	5:08	138
136	212	Iria	Campos Trabazo	F	Artrogal Tri 498	1:35:40.7	Sénior	14	10	20:40.3	27:33	137	1:53.5	43:41.1	27,47 Km/h	129	1:40.3	27:45.3	5:08	139
137	125	Enrique Fernando	Pena Carril	M	Ninguno	1:36:25.8	Veterano	123	44	21:45.6	29:00	142	2:06.2	46:56.8	25,56 Km/h	137	2:21.5	23:15.4	4:18	110
138	6	Angel	Prado Alonso	M	Tri Fonseca	1:37:00.0	Sénior	124	79	18:30.6	24:40	115	1:44.2	46:42.7	25,69 Km/h	136	1:04.6	28:57.7	5:22	142
139	7	Jose M	Martínez Rodríguez	M	Ninguno	1:37:01.5	Sénior	125	80	16:52.6	22:29	83	2:23.5	49:37.2	24,18 Km/h	140	1:37.9	26:30.1	4:54	133
140	209	Miriam	Iglesias Vázquez	F	A. D. Mediaducia	1:37:15.8	Sénior	15	11	15:55.2	21:13	63	1:54.1	54:07.6	22,17 Km/h	143	1:33.9	23:44.8	4:24	115
141	133	Alvaro	García Dieguez	M	Nosportlimit	1:41:53.0	Veterano	126	45	18:09.2	24:12	113	3:16.1	49:31.7	24,23 Km/h	139	2:28.5	28:27.4	5:16	141
142	206	Amira	Simón Martínez	F	Nosportlimit	1:43:54.6	Sénior	16	12	26:16.2	35:01	143	3:06.6	48:23.5	24,80 Km/h	138	1:46.1	24:22.0	4:31	117
143	207	Mónica	Alarcon Hernandez	F	Nosportlimit	1:44:35.2	Sénior	17	13	21:15.2	28:20	140	1:33.3	50:48.8	23,62 Km/h	141	1:31.4	29:26.3	5:27	143