



## CLASIFICACIÓN CARREIRA ABSOLUTA - XUVENIL

| PTO | DOR | NOMBRE           | APELLIDOS           | CLUB                       | LOCALIDAD            | T.NETO | T.OFICIAL | CATEGORÍA | RITMO | P.SEX | P.CAT |
|-----|-----|------------------|---------------------|----------------------------|----------------------|--------|-----------|-----------|-------|-------|-------|
| 1   | 1   | Ricardo          | Vazquez Vaamonde    | Adas O Barco               | Lalín                | 33:57  | 33:57     | VETERAN A | 3:24  | 1     | 0     |
| 2   | 36  | Jose             | Canda Louzao        | Azervañan                  | Lalín                | 34:03  | 34:04     | SENIOR    | 3:24  | 2     | 0     |
| 3   | 11  | Jonathan         | Fernández Ríos      | Pasa Ou Entorna            | Neda                 | 35:15  | 35:16     | SENIOR    | 3:31  | 3     | 0     |
| 4   | 298 | Jesus            | Rego Cadahía        | Escola Atletica Lucense    | Lugo                 | 36:22  | 36:22     | VETERAN B | 3:38  | 4     | 1     |
| 5   | 39  | Sergio           | Requeijo Requeijo   | Azervañan                  | Silleda              | 36:43  | 36:44     | SENIOR    | 3:40  | 5     | 1     |
| 6   | 243 | Jose Luis        | Lopez               | Mecanica De Campo          | Logroño              | 36:50  | 36:52     | VETERAN A | 3:41  | 6     | 1     |
| 7   | 88  | Carlos           | Fraga Adrio         | Tambre Bike&running        | Bertamirans          | 37:04  | 37:05     | SENIOR    | 3:42  | 7     | 2     |
| 8   | 171 | Jose Antonio     | Vidal Gonzalez      | Atletismo Negreira         | Brion                | 37:06  | 37:08     | VETERAN A | 3:42  | 8     | 2     |
| 9   | 159 | Cristóbal        | Dafonte Dieguez     | Atletismo Deza             | Lalín                | 37:07  | 37:09     | VETERAN A | 3:42  | 9     | 3     |
| 10  | 320 | Nando            | Reino Alvarez       | Atletas Veteranos Ourense  | Orense               | 37:37  | 37:38     | VETERAN B | 3:46  | 10    | 2     |
| 11  | 247 | Javier           | Pérez Rodríguez     | Club Deportivo Pinarium    | Boqueixon            | 37:59  | 38:01     | VETERAN A | 3:48  | 11    | 4     |
| 12  | 205 | Jose Luis        | Gonzalez Nuñez      | Clube Atletismo Boimorto   | Teo                  | 38:03  | 38:05     | VETERAN A | 3:48  | 12    | 5     |
| 13  | 347 | Ramiro           | Perz Pereira        | Sar-vermu Petroni          | Teo                  | 38:14  | 38:15     | VETERAN C | 3:49  | 13    | 1     |
| 14  | 51  | Juan Carlos      | Dominguez Faro      | Porriño                    | Porriño              | 38:17  | 38:19     | SENIOR    | 3:50  | 14    | 3     |
| 15  | 150 | Fernando         | Fernández Martínez  | Olimpico De Vedra          | Milladoiro           | 38:21  | 38:23     | VETERAN A | 3:50  | 15    | 6     |
| 16  | 58  | Javier           | Dieguez Fernandez   | Atletismo Deza             | Rodeiro              | 38:21  | 38:24     | SENIOR    | 3:50  | 16    | 4     |
| 17  | 170 | Javier           | Freire Gallego      | Lamargha Beariz Triatlón   | Barbadas             | 38:27  | 38:29     | VETERAN A | 3:51  | 17    | 7     |
| 18  | 47  | Antonio          | González Datorre    | Beariz Triatlón            | Lalín                | 38:34  | 38:36     | SENIOR    | 3:51  | 18    | 5     |
| 19  | 182 | Julio            | Mallo Nieto         | Olimpico De Vedra          | Brión                | 38:40  | 38:41     | VETERAN A | 3:52  | 19    | 8     |
| 20  | 359 | Carlos           | Meijide García      |                            | Lalín                | 38:41  | 38:44     | PROMESA   | 3:52  | 20    | 1     |
| 21  | 321 | Julio            | Rodriguez Garcia    | Keltia Team                | Xinzo De Limia       | 38:42  | 38:44     | VETERAN B | 3:52  | 21    | 3     |
| 22  | 245 | Oscar            | Fernández Fernández | Cuchipandi                 | Vigo                 | 38:46  | 38:47     | VETERAN A | 3:52  | 22    | 9     |
| 23  | 78  | Nicolás Fernando | Bas Roth            | Aguada Atletismo (uruguay) | A Coruña             | 38:46  | 38:49     | SENIOR    | 3:52  | 23    | 6     |
| 24  | 140 | José Manuel      | Montoto Areán       | Atletismo Deza             | Lalín                | 38:49  | 38:50     | VETERAN A | 3:53  | 24    | 10    |
| 25  | 95  | Renato           | Fernández García    | La Gramola Gtr             | Lalín                | 38:50  | 38:51     | VETERAN A | 3:53  | 25    | 11    |
| 26  | 299 | Francisco Javier | González Ledo       | Independiente              | Culleredo            | 38:51  | 38:52     | VETERAN B | 3:53  | 26    | 4     |
| 27  | 21  | Pablo            | Zobra Lojo          | Club Triatlón Do Morrazo   | Lalín                | 38:53  | 38:54     | SENIOR    | 3:53  | 27    | 7     |
| 28  | 276 | Jose Manuel      | Del Rio Noya        |                            | Santiago De Composte | 38:49  | 38:55     | VETERAN B | 3:53  | 28    | 5     |
| 29  | 224 | Marcos           | Tarrio Martínez     | Vagalume Energía           | Santiago             | 38:55  | 38:58     | VETERAN A | 3:54  | 29    | 12    |
| 30  | 293 | Manuel           | Rendo Perez         | Runinfiz                   | Ames                 | 39:03  | 39:03     | VETERAN B | 3:54  | 30    | 6     |
| 31  | 45  | Amancio          | Raña Recouso        | Urban Runners Santiago     | Oroso                | 39:04  | 39:05     | SENIOR    | 3:54  | 31    | 8     |



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|-----|-----|-------------|---------------------|---|----------------------|--------|-----------|-----------|-------|-------|-------|
| 32  | 239 | Manuel      | Golmar Fondevila    |   | Lalín                | 39:12  | 39:13     | VETERAN A | 3:55  | 32    | 13    |
| 33  | 24  | Marcos      | Carral Suárez       | Ninguno                                     | Saavedra Begonte     | 39:16  | 39:19     | SENIOR    | 3:56  | 33    | 9     |
| 34  | 69  | Luis        | Ferreiro Agra       | Atletismo Arenteiro                         | Lalín                | 39:41  | 39:44     | SENIOR    | 3:58  | 34    | 10    |
| 35  | 98  | Santiago    | Fernández Costa     | Cerne                                       | Brocos               | 39:51  | 39:53     | VETERAN A | 3:59  | 35    | 14    |
| 36  | 50  | Alberto     | Rey Molano          | Cai A Estrada                               | A Estrada            | 40:04  | 40:09     | SENIOR    | 4:00  | 36    | 11    |
| 37  | 19  | Víctor      | García Gómez        | Vii Legio Gemina                            | Bande                | 40:05  | 40:09     | SENIOR    | 4:00  | 37    | 12    |
| 38  | 44  | Jorge       | Ferradáns Valdés    | Olimpico De Vedra                           | Santiago De Composte | 40:10  | 40:12     | SENIOR    | 4:01  | 38    | 15    |
| 39  | 56  | Manuel      | Rodríguez Fernández |   | Cea                  | 40:18  | 40:18     | SENIOR    | 4:02  | 39    | 13    |
| 40  | 250 | Carlos      | Dieguez Carreira    | Cd San Paio                                 | Santiago De Composte | 40:09  | 40:19     | VETERAN A | 4:01  | 40    | 16    |
| 41  | 309 | Jesus       | Garcia Iglesias     |   | Vedra                | 40:13  | 40:20     | VETERAN B | 4:01  | 41    | 7     |
| 42  | 311 | Angel       | Paz Bermúdez        | Cai   | A Estanda            | 40:20  | 40:24     | VETERAN B | 4:02  | 42    | 17    |
| 43  | 194 | Diego       | Alvarez Soto        | Pasa Ou Entorna                             | Narón                | 40:20  | 40:32     | VETERAN A | 4:02  | 43    | 18    |
| 44  | 304 | Manuel      | Conde Pereira       |   | Lalín                | 40:30  | 40:34     | VETERAN B | 4:03  | 44    | 8     |
| 45  | 61  | Abdelouahed | Fouzi               |   | Vila De Cruces       | 40:29  | 40:35     | SENIOR    | 4:03  | 45    | 14    |
| 46  | 261 | Anton       | Ledo Pan            | Asoc Cult E Deportiva O Carballo De Taboada | Taboada              | 40:35  | 40:38     | VETERAN B | 4:04  | 46    | 9     |
| 47  | 303 | Emilio J.   | Ferreiro Hervés     |   | Cuntis               | 40:35  | 40:39     | VETERAN B | 4:04  | 47    | 10    |
| 48  | 208 | Paco        | De La Torre Garcia  | C.C.A.A.                                    | Porto Do Son         | 40:35  | 40:41     | VETERAN A | 4:04  | 48    | 19    |
| 49  | 262 | Daniel      | Becerra             | Noitebra                                    | Santiago De Composte | 40:48  | 40:49     | VETERAN B | 4:05  | 49    | 11    |
| 50  | 240 | Jose Manuel | Toledo Estevez      | Pato Blanco Celanova                        | Celanova             | 40:53  | 40:56     | VETERAN A | 4:05  | 50    | 20    |
| 51  | 203 | Iván        | Diéguez Baladrón    | Zeppelin Atlético                           | Ourense              | 41:00  | 41:03     | VETERAN A | 4:06  | 51    | 21    |
| 52  | 3   | Alex        | Fondevila           | Atletismo Deza                              | Lalín                | 41:12  | 41:14     | SENIOR    | 4:07  | 52    | 15    |
| 53  | 322 | Fran        | Blanco              |   | Ourense              | 41:11  | 41:14     | VETERAN B | 4:07  | 53    | 12    |
| 54  | 253 | Olivier     | Rodrigues Frieiro   |   | Pontevedra           | 41:21  | 41:27     | VETERAN A | 4:08  | 54    | 22    |
| 55  | 215 | Alberto     | Martínez Rico       | No  | Boqueixon            | 41:16  | 41:28     | VETERAN A | 4:07  | 55    | 23    |
| 56  | 336 | Jose Manuel | Toimil Castro       | Escola Atletismo Deza                       | Lalín                | 41:27  | 41:30     | VETERAN C | 4:09  | 56    | 2     |
| 57  | 127 | Oscar       | González Gómez      | Oscar González Gómez                        | O Carballiño         | 41:10  | 41:42     | VETERAN A | 4:07  | 57    | 24    |
| 58  | 302 | Miguel      | Montoso Areán       |   | Lalín                | 41:48  | 41:52     | VETERAN B | 4:11  | 58    | 13    |
| 59  | 113 | José Manuel | Casás Casás         |   | A Coruña             | 41:50  | 41:55     | VETERAN A | 4:11  | 59    | 25    |
| 60  | 305 | Jorge       | Veleiro Díaz        | Vii Legio Gemina                            | Barbadas             | 41:51  | 41:56     | VETERAN B | 4:11  | 60    | 14    |
| 61  | 174 | Emilio José | Iglesias Fernández  | Independiente                               | Ribadavia            | 41:49  | 41:58     | VETERAN A | 4:11  | 61    | 26    |
| 62  | 232 | Javier      | Suárez Giadás       | Azervañan                                   | Touro                | 41:55  | 41:58     | VETERAN A | 4:12  | 62    | 27    |



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|-----|-----|------------------|----------------------|--------------------------|----------------------|--------|-----------|-----------|-------|-------|-------|
| 63  | 101 | Carlos           | García Amigo         | C.A.R Marisqueiro        | Santiago De Composte | 41:59  | 42:06     | VETERAN A | 4:12  | 63    | 28    |
| 64  | 120 | Mario Daniel     | Varela Crespo        | Atletismo Arenteiro      | O Carballiño         | 42:03  | 42:09     | VETERAN A | 4:12  | 64    | 29    |
| 65  | 270 | Jose             | Varela Pajaro        | Independiente            | Vila De Cruces       | 42:05  | 42:09     | VETERAN B | 4:12  | 65    | 15    |
| 66  | 49  | Ivan             | Alvarez Perez        | A.D Limiactiva           | Ourense              | 42:08  | 42:15     | SENIOR    | 4:13  | 66    | 16    |
| 67  | 168 | Jose Luis        | Cagide Fernández     |                          | Lalin                | 42:11  | 42:17     | VETERAN A | 4:13  | 67    | 30    |
| 68  | 204 | Francisco Javier | Domínguez Zufiaurre  |                          | Carballiño (o)       | 41:46  | 42:18     | VETERAN A | 4:10  | 68    | 31    |
| 69  | 346 | Francisco Javier | Cepeda Gacio         | Independiente            | Vedra                | 42:20  | 42:22     | VETERAN C | 4:14  | 69    | 3     |
| 70  | 104 | Jose Manuel      | Vazquez Mato         |                          | Bertamirans          | 42:23  | 42:25     | VETERAN A | 4:14  | 70    | 32    |
| 71  | 196 | Francisco Javier | Miranda Camblor      |                          | Avilés - Asturias -  | 42:21  | 42:26     | VETERAN A | 4:14  | 71    | 33    |
| 72  | 226 | Julio            | Rodríguez Fernandez  |                          | Firmistans - Ames    | 42:28  | 42:31     | VETERAN A | 4:15  | 72    | 34    |
| 73  | 90  | Daniel           | Reiriz Vázquez       | Aisi 316                 | Santiago De Composte | 42:34  | 42:37     | SENIOR    | 4:15  | 73    | 17    |
| 74  | 180 | Alberto          | Rodríguez Iglesias   |                          | Pereiro De Aguiar    | 42:26  | 42:38     | VETERAN A | 4:15  | 74    | 35    |
| 75  | 229 | Marcos           | Fernández Domínguez  | C.C.A.A.                 | Noia                 | 42:38  | 42:43     | VETERAN A | 4:16  | 75    | 36    |
| 76  | 333 | Jose Antonio     | Bermuded Turnes      | Noitebra                 | Santiago De Composte | 42:40  | 42:46     | VETERAN C | 4:16  | 76    | 4     |
| 77  | 235 | Javier           | Fernandez Magdalena  |                          | Ayos                 | 42:26  | 42:46     | VETERAN A | 4:15  | 77    | 37    |
| 78  | 246 | Jose Luis        | Fernandez Carbajales | Club Atletismo Boimorto  | Boimorto             | 42:45  | 42:54     | VETERAN A | 4:17  | 78    | 38    |
| 79  | 128 | Daniel           | Loureiro Ameneiros   | Tri-fonseca              | Teo                  | 42:53  | 42:58     | VETERAN A | 4:17  | 79    | 39    |
| 80  | 324 | Jose             | López Fernández      | José López Fernández     | Ourense              | 42:40  | 42:58     | VETERAN B | 4:16  | 80    | 16    |
| 81  | 115 | Lino             | Vazquez Gonzalez     | Galfor                   | Ourense              | 42:45  | 43:05     | VETERAN A | 4:17  | 81    | 40    |
| 82  | 91  | Jose Manuel      | Sanchez Vigo         | Jose Manuel Sanchez Vigo | Boimorto             | 42:57  | 43:06     | SENIOR    | 4:18  | 82    | 18    |
| 83  | 62  | Camilo           | Framiñan Lamazares   | Atetismo Deza            | Lalin                | 43:03  | 43:13     | SENIOR    | 4:19  | 83    | 19    |
| 84  | 260 | Camilo           | Castro Fernandez     | Atletismo Arenteiro      | O Carballiño         | 43:09  | 43:15     | VETERAN B | 4:19  | 84    | 17    |
| 85  | 92  | Manuel           | Millares Jácome      |                          | Lalín                | 43:13  | 43:20     | SENIOR    | 4:19  | 85    | 41    |
| 86  | 80  | Ruben            | Castro Fernandez     |                          | Lalin                | 43:22  | 43:23     | SENIOR    | 4:20  | 86    | 20    |
| 87  | 148 | Manuel           | González Adan        | Atletismo Deza           | Lalin                | 43:18  | 43:24     | VETERAN A | 4:20  | 87    | 42    |
| 88  | 12  | Javier           | Pampin Martinez      | Clube Tolemia Bike       | Vila De Cruces       | 43:17  | 43:27     | SENIOR    | 4:20  | 88    | 21    |
| 89  | 231 | Jose             | Portela              | A O Carballo             | Taboada              | 43:14  | 43:27     | VETERAN A | 4:19  | 89    | 43    |
| 90  | 217 | Xosé Miguel      | Fernández Vázquez    |                          | Lugo                 | 43:24  | 43:28     | VETERAN A | 4:20  | 90    | 44    |
| 91  | 306 | Roberto          | Brey Mato            | Cai A Estrada            | A Estrada            | 43:15  | 43:30     | VETERAN B | 4:19  | 91    | 18    |
| 92  | 169 | Jorge            | Cid Perez            | Esprints Ourense         | Ourense              | 43:27  | 43:32     | VETERAN A | 4:20  | 92    | 45    |
| 93  | 186 | Juan Carlos      | Jorge Bernardez      | Cc Montes De Deza        | Lalin                | 43:28  | 43:33     | VETERAN A | 4:21  | 93    | 46    |



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|-----|-----|----------------|---------------------|--|----------------------|--------|-----------|-----------|-------|-------|-------|
| 94  | 279 | Miguel Angel   | Brea Lopez          | Tolemia Bike                           | Vila De Cruces       | 43:20  | 43:43     | VETERAN B | 4:20  | 94    | 19    |
| 95  | 166 | Eliseo         | Fabello Cid         | Atletas Veteranos Ourense              | Ourense              | 43:47  | 43:49     | VETERAN A | 4:23  | 95    | 47    |
| 96  | 314 | Francisco Xosé | Candia Durán        | Universidade De Santiago De Compostela | Lugo                 | 43:51  | 43:53     | VETERAN B | 4:23  | 96    | 20    |
| 97  | 230 | Fabia          | Leston Caamaño      |  | Esteiro De Santa Mar | 43:54  | 43:58     | VETERAN A | 4:23  | 97    | 48    |
| 98  | 343 | Jose Ramón     | Martinez Blanco     | Jose Ramón Martinez Blanco             | Ourense              | 43:52  | 43:59     | VETERAN C | 4:23  | 98    | 5     |
| 99  | 210 | Veronica       | Mon Seijas          | Atletismo Deza                         | Lalín                | 43:57  | 43:59     | VETERAN A | 4:23  | 1     | 0     |
| 100 | 198 | Carlos         | Deza Rodríguez      | Patukos Tim Ranin                      | Culleredo            | 43:58  | 44:08     | VETERAN A | 4:23  | 99    | 49    |
| 101 | 220 | Javier         | Fernández Rodríguez |  | Lalín                | 44:06  | 44:10     | VETERAN A | 4:25  | 100   | 50    |
| 102 | 83  | Ignacio        | García Gonzalez     | Ignacio Garcia Gonzalez                | Montrove-oleiros     | 44:06  | 44:13     | SENIOR    | 4:25  | 101   | 22    |
| 103 | 82  | Rubén          | Sesar Vázquez       | Clube Atletismo Boimorto               | Boimorto             | 44:03  | 44:14     | SENIOR    | 4:24  | 102   | 23    |
| 104 | 31  | Daniel         | Santalla Silva      |  | Lalín                | 44:06  | 44:15     | SENIOR    | 4:25  | 103   | 24    |
| 105 | 223 | Alberto        | Piñeiro Leiva       |  | Culleredo            | 43:57  | 44:18     | VETERAN A | 4:23  | 104   | 51    |
| 106 | 10  | Adrian         | Castroagudin Gomez  | Atletismo +9 Moraña                    | Puentecesures        | 44:18  | 44:19     | SENIOR    | 4:26  | 105   | 25    |
| 107 | 154 | María Luisa    | Ximénez             | Cd Relieve                             | Avilés               | 44:15  | 44:21     | VETERAN A | 4:25  | 2     | 0     |
| 108 | 264 | Jose Antonio   | Gil Brea            |  | Santiago             | 44:16  | 44:27     | VETERAN B | 4:25  | 106   | 21    |
| 109 | 46  | Miguel         | Díaz Botana         |  | Lugo                 | 44:28  | 44:31     | SENIOR    | 4:27  | 107   | 52    |
| 110 | 172 | Lolo           | García              | Atletismo Arenteiro                    | Allariz              | 44:28  | 44:33     | VETERAN A | 4:27  | 108   | 53    |
| 111 | 158 | Javier         | García Gil          | Independiente                          | Lalín                | 44:08  | 44:38     | VETERAN A | 4:25  | 109   | 54    |
| 112 | 268 | Ramon          | Villar Ruibal       | Ramon Villar Ruibal                    | A Coruña             | 44:31  | 44:42     | VETERAN B | 4:27  | 110   | 22    |
| 113 | 25  | Jose Angel     | Cid Brandin         | Ad Limiactiva                          | Sarreaus             | 44:37  | 44:44     | SENIOR    | 4:28  | 111   | 26    |
| 114 | 349 | Manuel         | Rodriguez Rodriguez |  | Lalín                | 44:44  | 44:50     | VETERAN C | 4:28  | 112   | 6     |
| 115 | 89  | Ricardo        | Martinez Fernandez  | 3&run By Pedro Nimo                    | Santiago De Composte | 44:43  | 44:50     | SENIOR    | 4:28  | 113   | 55    |
| 116 | 248 | José Luis      | Regueiro Regueira   | Boimorto                               | Boimorto             | 44:40  | 44:51     | VETERAN A | 4:28  | 114   | 56    |
| 117 | 297 | Fran           | Ulloa Prado         | A.C.ED.O Carballo                      | Taboada-lugo         | 44:46  | 44:53     | VETERAN B | 4:28  | 115   | 23    |
| 118 | 265 | Camilo         | Rial Sanchiño       |  | Santiago             | 44:42  | 44:54     | VETERAN B | 4:28  | 116   | 24    |
| 119 | 327 | Daniel         | González Quintairos | A D Limiactiva                         | Ourense              | 44:47  | 44:55     | VETERAN C | 4:28  | 117   | 7     |
| 120 | 67  | José Antonio   | Rodríguez Gutiérrez |  | Lalín                | 44:52  | 45:04     | SENIOR    | 4:29  | 118   | 27    |
| 121 | 15  | Gonzalo        | Filloy López        |  | Silleda              | 44:52  | 45:09     | SENIOR    | 4:29  | 119   | 28    |
| 122 | 119 | Marcos         | Fernandez Salgueiro | Lamargha                               | Carballoa Coruña     | 45:04  | 45:12     | VETERAN A | 4:30  | 120   | 57    |
| 123 | 181 | Ivan           | Lamela Valdomar     | Ivan Lamela Valdomar                   | A Coruña             | 45:07  | 45:18     | VETERAN A | 4:31  | 121   | 58    |
| 124 | 143 | Oscar          | Garrido Rodríguez   | Esprintes                              | Ourense              | 45:00  | 45:18     | VETERAN A | 4:30  | 122   | 59    |



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|-----|-----|------------------|--------------------|--------------------------|----------------------|--------|-----------|-----------|-------|-------|-------|
| 125 | 275 | Jose Luis        | Colmenero Veloso   |                          | Ourense              | 45:04  | 45:19     | VETERAN B | 4:30  | 123   | 25    |
| 126 | 84  | Jose             | Garabal Fernandez  |                          | Santiago             | 45:13  | 45:20     | SENIOR    | 4:32  | 124   | 29    |
| 127 | 310 | Luis             | Jimenez            | Urban Runners            | Santiago             | 45:11  | 45:21     | VETERAN B | 4:31  | 125   | 26    |
| 128 | 313 | Manuel           | Mariño Moreira     | C.C. Montes De Deza      | Lalin                | 45:17  | 45:22     | VETERAN B | 4:32  | 126   | 27    |
| 129 | 236 | Eligio Jesus     | Lamas Vila         | Corredores Do Miño       | Orense               | 45:08  | 45:23     | VETERAN A | 4:31  | 127   | 60    |
| 130 | 345 | Jesús            | Raña Platas        | Usc Universidad Santiago | Santiago De Composte | 45:22  | 45:32     | VETERAN C | 4:32  | 128   | 8     |
| 131 | 111 | Xurxo            | Gómez Vázquez      | Pasa Ou Entorna          | Narón                | 45:20  | 45:32     | VETERAN A | 4:32  | 129   | 61    |
| 132 | 273 | Isabel           | Felgar Lopez       | Pasa Ou Entorna          | Valdoviño            | 45:25  | 45:32     | VETERAN B | 4:32  | 3     | 0     |
| 133 | 163 | Mara             | Otero Rodríguez    | Semprenela               | Carballiño           | 45:14  | 45:35     | VETERAN A | 4:32  | 4     | 1     |
| 134 | 258 | Manuel           | Argibay Perez      | Atletismo Deza           | Silleda              | 45:34  | 45:40     | VETERAN B | 4:33  | 130   | 28    |
| 135 | 317 | Antonio          | Fernandez Costa    | Atletismodeza            | Lalin                | 45:35  | 45:44     | VETERAN B | 4:33  | 131   | 29    |
| 136 | 70  | Begoña           | Dominguez Montes   | Atletismo Arenteiro      | San Cibrao Das Viña  | 45:40  | 45:45     | SENIOR    | 4:34  | 5     | 1     |
| 137 | 218 | Covadonga        | Vázquez Sánchez    |                          | Vila De Cruces       | 45:38  | 45:46     | VETERAN A | 4:33  | 6     | 2     |
| 138 | 219 | Andres           | Fernández Sánchez  |                          | Lalin                | 45:38  | 45:46     | VETERAN A | 4:33  | 132   | 62    |
| 139 | 121 | Santiago         | Lamas Cruz         |                          | Carballiño           | 45:40  | 45:49     | VETERAN A | 4:34  | 133   | 63    |
| 140 | 291 | Juan Carlos      | Fernández Caride   | Atletismo Arenteiro      | Amoeiro              | 45:41  | 45:49     | VETERAN B | 4:34  | 134   | 30    |
| 141 | 292 | Jose Luis        | Requejo Rodriguez  | Atletismo Arenteiro      | Amoeiro              | 45:42  | 45:50     | VETERAN B | 4:34  | 135   | 31    |
| 142 | 271 | Santi            | Souza Fontan       | Gtr                      | Lalin                | 45:39  | 45:58     | VETERAN B | 4:34  | 136   | 32    |
| 143 | 97  | Roberto          | Perez Zarraquiños  | A.D.Limiactiva           | Xinzo De Limia       | 45:51  | 45:58     | VETERAN A | 4:35  | 137   | 64    |
| 144 | 177 | Gonzalo          | López Osorio       | Corredores Do Miño       | Ourense              | 45:45  | 45:59     | VETERAN A | 4:35  | 138   | 65    |
| 145 | 225 | Aurea            | Retamal Muñiz      | Atletismo Milladoiro     | Teo                  | 46:04  | 46:08     | VETERAN A | 4:37  | 7     | 3     |
| 146 | 126 | Miguel           | Rua Vázquez        |                          | Lalin                | 46:02  | 46:12     | VETERAN A | 4:36  | 139   | 66    |
| 147 | 184 | Jose Luis        | Gonzalez Fernandez |                          | Ourense              | 46:02  | 46:14     | VETERAN A | 4:36  | 140   | 67    |
| 148 | 162 | Roberto          | Lorenzo López      | Semprenela               | Carballiño           | 46:00  | 46:20     | VETERAN A | 4:36  | 141   | 68    |
| 149 | 57  | David            | Rodriguez Fraga    | Atletismo +9 Moraña      | Catoira              | 46:22  | 46:28     | SENIOR    | 4:38  | 142   | 30    |
| 150 | 238 | Nestor           | Torea Moledo       |                          | A Coruña             | 46:30  | 46:33     | VETERAN A | 4:39  | 143   | 69    |
| 151 | 112 | Aitor            | Simon Cordero      |                          | San Sebastian        | 46:29  | 46:35     | VETERAN A | 4:39  | 144   | 70    |
| 152 | 209 | Jose Nilo        | Fernández Taboada  |                          | Lalín                | 46:31  | 46:39     | VETERAN A | 4:39  | 145   | 71    |
| 153 | 7   | Patricia         | Varela Santiso     | Atletismo Deza           | Vila De Cruces       | 46:35  | 46:43     | SENIOR    | 4:40  | 8     | 2     |
| 154 | 30  | Daniel           | Martínez Suárez    | Ninguno                  | Rábade               | 46:41  | 46:45     | SENIOR    | 4:40  | 146   | 31    |
| 155 | 214 | Francisco Javier | Diaz Leon          |                          | Ourense              | 46:39  | 46:47     | VETERAN A | 4:40  | 147   | 72    |





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|-----|-----|-------------|--------------------|-----------------------------|----------------------|--------|-----------|-----------|-------|-------|-------|
| 156 | 103 | Martín      | Rozas Ramos        | Noitebra                    | Santiago De Composte | 46:42  | 46:48     | VETERAN A | 4:40  | 148   | 73    |
| 157 | 202 | Mónica      | Montoto Vázquez    | C.A.CambadoS.SeG.Noval      | Cambados             | 46:46  | 46:50     | VETERAN A | 4:40  | 9     | 4     |
| 158 | 157 | Placido     | Ferreiro Fuentes   |                             | Boborás              | 46:27  | 46:54     | VETERAN A | 4:38  | 149   | 74    |
| 159 | 323 | Manu        | Mosquera           |                             | Santiago De Composte | 46:40  | 47:04     | VETERAN B | 4:40  | 150   | 33    |
| 160 | 9   | Alejandro   | Nuñez Lopez        |                             | Padron               | 46:53  | 47:05     | SENIOR    | 4:41  | 151   | 32    |
| 161 | 329 | Carlos      | Pampín Boado       | Club Deportivo Pinarium     | Vila De Cruces       | 47:03  | 47:08     | VETERAN C | 4:42  | 152   | 9     |
| 162 | 94  | Pablo       | Vara Fidalgo       | Pablo Vara Fidalgo          | Ourense              | 46:53  | 47:10     | SENIOR    | 4:41  | 153   | 33    |
| 163 | 18  | Natalia     | Seoane Otero       | Atletismo A Estrada         | A Estrada            | 47:04  | 47:11     | SENIOR    | 4:42  | 10    | 5     |
| 164 | 237 | Suso        | Flores Garcia      | Atletismo A Estrada         | A Estrada            | 47:03  | 47:11     | VETERAN A | 4:42  | 154   | 75    |
| 165 | 178 | Juan Carlos | Gómez Gómez        | Atleta Veteranos Ourense    | Ourense              | 47:03  | 47:13     | VETERAN A | 4:42  | 155   | 76    |
| 166 | 64  | Sergio      | Costoya Rodriguez  | Club Vagalume Enerxia       | Silleda              | 47:08  | 47:13     | SENIOR    | 4:43  | 156   | 34    |
| 167 | 176 | Moni        | Novoa Barbosa      | Atletas Veteranos Ourense   | Barbadás             | 47:10  | 47:14     | VETERAN A | 4:43  | 11    | 6     |
| 168 | 131 | Carlos      | Barral Romeo       | Pasa Ou Entorna             | Naron                | 47:02  | 47:14     | VETERAN A | 4:42  | 157   | 77    |
| 169 | 332 | Xesús Anxo  | López Pintos       | Pasa Ou Entorna             | Cedeira              | 47:07  | 47:15     | VETERAN C | 4:43  | 158   | 10    |
| 170 | 63  | Tomas       | Martinez Alvarez   | A.D.Limiactiva              | Xinzo De Limia       | 47:12  | 47:20     | SENIOR    | 4:43  | 159   | 78    |
| 171 | 256 | Raul        | Rodriguez Gonzalez |                             | Ourense              | 47:06  | 47:23     | VETERAN A | 4:43  | 160   | 79    |
| 172 | 173 | Ruben       | Alvarez Gonzalez   |                             | Ourense              | 47:20  | 47:33     | VETERAN A | 4:44  | 161   | 80    |
| 173 | 6   | Gabriel     | Dasilva Alonso     |                             | Santiago De Composte | 47:09  | 47:33     | SENIOR    | 4:43  | 162   | 35    |
| 174 | 355 | Guillermo   | Marchena Piñeiro   | Team Corbelo                | Portonovo Sanxenxo   | 47:29  | 47:38     | XUNIOR    | 4:45  | 163   | 1     |
| 175 | 85  | Luis Manuel | Varela Ulloa       |                             | Lalín                | 47:51  | 48:08     | SENIOR    | 4:47  | 164   | 36    |
| 176 | 288 | José        | Gómez Viaño        |                             | Ames                 | 47:54  | 48:11     | VETERAN B | 4:47  | 165   | 34    |
| 177 | 142 | Jorge       | Ojea               |                             | Silleda              | 48:06  | 48:19     | VETERAN A | 4:48  | 166   | 81    |
| 178 | 234 | Cristóbal   | Mateos García      |                             | Ourense              | 48:10  | 48:19     | VETERAN A | 4:49  | 167   | 82    |
| 179 | 315 | Alfonso     | Codón Vega         |                             | Vigo                 | 48:09  | 48:19     | VETERAN B | 4:49  | 168   | 35    |
| 180 | 200 | Cristina    | Couto              |                             | Lalín                | 48:02  | 48:20     | VETERAN A | 4:48  | 12    | 7     |
| 181 | 136 | Joaquín     | Gonzalez Penas     | Independiente               | Vila De Cruces       | 48:17  | 48:22     | VETERAN A | 4:50  | 169   | 83    |
| 182 | 100 | Fran        | Muñoz González     |                             | Ourense              | 48:10  | 48:23     | VETERAN A | 4:49  | 170   | 84    |
| 183 | 339 | Suso        | Rodríguez Blanco   | C.S Val Da Rabeda Taboadela | Ourense              | 48:18  | 48:36     | VETERAN C | 4:50  | 171   | 11    |
| 184 | 337 | Carlos      | Cives Duro         | Ninguno                     | Stgo De Compostela   | 48:30  | 48:37     | VETERAN C | 4:51  | 172   | 12    |
| 185 | 164 | Javier      | De La Torre López  | Rigale                      | Ourense              | 48:37  | 48:56     | VETERAN A | 4:51  | 173   | 85    |
| 186 | 197 | Rosendo     | Perez Feijoo       | Rigale                      | Ourense              | 48:37  | 48:56     | VETERAN A | 4:51  | 174   | 86    |



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|-----|-----|------------------|--------------------|----------------------------|----------------------|--------|-----------|-----------|-------|-------|-------|
| 187 | 175 | Jose Manuel      | Pérez Cibeira      |                            | Piñor                | 49:01  | 49:16     | VETERAN A | 4:54  | 175   | 87    |
| 188 | 300 | Carolina         | Balado Lopez       | Club Atletismo Deza        | Lalín                | 49:00  | 49:21     | VETERAN B | 4:54  | 13    | 1     |
| 189 | 183 | Nestor           | Arias Paz          | Club Montepenaarubia Lugo  | Lugo                 | 49:13  | 49:24     | VETERAN A | 4:55  | 176   | 88    |
| 190 | 167 | Maite            | Couto Mendoza      | Atletismo Milladoiro       | Boqueixón            | 49:03  | 49:24     | VETERAN A | 4:55  | 14    | 8     |
| 191 | 308 | Marcial De       | Martín Vázquez     |                            | Santiago De Composte | 49:09  | 49:25     | VETERAN B | 4:55  | 177   | 36    |
| 192 | 252 | J.Luis           | Rosende Fuentes    |                            | A Estrada            | 49:25  | 49:40     | VETERAN A | 4:56  | 178   | 89    |
| 193 | 348 | José Manuel      | Prego López        |                            | Pontedeume           | 49:48  | 49:52     | VETERAN C | 4:59  | 179   | 13    |
| 194 | 331 | Manuel           | Romero Perez       | Galfor                     | Ourense              | 49:48  | 50:07     | VETERAN C | 4:59  | 180   | 14    |
| 195 | 149 | Jose             | Varela Santalla    |                            | Lalín                | 49:47  | 50:13     | VETERAN A | 4:59  | 181   | 90    |
| 196 | 102 | Jose Alberto     | Barral Romeo       | Pasa Ou Entorna            | Fene                 | 50:01  | 50:14     | VETERAN A | 5:00  | 182   | 91    |
| 197 | 34  | Alejandro        | Ferradás Gallego   | Working Wheels             | Lalín (casco Urbano) | 49:53  | 50:23     | SENIOR    | 5:00  | 183   | 37    |
| 198 | 189 | Marcos           | García Blanco      |                            | Lalín                | 49:53  | 50:23     | VETERAN A | 5:00  | 184   | 92    |
| 199 | 290 | Armando          | Broz               |                            | Santiago             | 50:00  | 50:24     | VETERAN B | 5:00  | 185   | 93    |
| 200 | 59  | Jonathan         | Gayon Cueto        |                            | Lalín                | 50:08  | 50:29     | SENIOR    | 5:01  | 186   | 38    |
| 201 | 41  | Rodrigo          | Rubial Lalin       | Rodrigo Rubial Lalin       | A Coruña             | 50:20  | 50:30     | SENIOR    | 5:02  | 187   | 39    |
| 202 | 316 | Manuel           | Paz Carbon         |                            | A Coruña             | 50:17  | 50:30     | VETERAN B | 5:01  | 188   | 37    |
| 203 | 285 | Catalina         | Gonzalez Del Río   | Atletas Veteranos Ourense  | A Valenza-barbadas   | 50:26  | 50:31     | VETERAN B | 5:03  | 15    | 2     |
| 204 | 38  | Raquel           | Castro Perez       | Atletismo Arenteiro        | O Carballiño         | 50:25  | 50:34     | SENIOR    | 5:03  | 16    | 3     |
| 205 | 79  | Jorge            | Rodríguez Liste    |                            | Oroso                | 50:17  | 50:34     | SENIOR    | 5:01  | 189   | 40    |
| 206 | 141 | Beatriz          | Lorenzo Chao       | Cai A Estrada              | A Estrada            | 50:27  | 50:38     | VETERAN A | 5:03  | 17    | 9     |
| 207 | 330 | Jose Antonio     | Sandianes Lorenzo  | Galfor                     | Pereiro De Aguiar    | 50:28  | 50:49     | VETERAN C | 5:03  | 190   | 15    |
| 208 | 344 | Andrés           | González García    | Castro De Lobadiz (ferrol) | Ferrol               | 50:40  | 50:50     | VETERAN C | 5:04  | 191   | 16    |
| 209 | 161 | Francisco Javier | Santamaria Lorenzo |                            | A Arnoia             | 50:47  | 50:57     | VETERAN A | 5:04  | 192   | 94    |
| 210 | 87  | Lucía            | Mariño Paz         | Atletismo Deza             | Lalín                | 50:36  | 50:58     | SENIOR    | 5:04  | 18    | 10    |
| 211 | 254 | Pablo            | Senande Méijome    | Atletismo Deza             | Lalín                | 50:37  | 50:59     | VETERAN A | 5:04  | 193   | 95    |
| 212 | 318 | Angel            | Conde Pereira      |                            | Noceda Teo           | 51:02  | 51:17     | VETERAN B | 5:06  | 194   | 38    |
| 213 | 195 | Jorge            | Roca Miguelez      |                            | Lalín                | 51:15  | 51:28     | VETERAN A | 5:08  | 195   | 96    |
| 214 | 274 | Carlos           | González           |                            | Santiago             | 51:13  | 51:28     | VETERAN B | 5:07  | 196   | 39    |
| 215 | 60  | Laura            | Vilanova Mendez    |                            | Lalín                | 51:12  | 51:30     | SENIOR    | 5:07  | 19    | 4     |
| 216 | 326 | Julio            | Fondevila García   | Running Lusekelo           | Vigo                 | 51:28  | 51:34     | VETERAN C | 5:09  | 197   | 17    |
| 217 | 5   | Jorge            | Lopez Carvalhais   |                            | A Estrada            | 51:32  | 51:39     | SENIOR    | 5:09  | 198   | 41    |



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|-----|-----|--------------|--------------------|------------------------------|----------------------|--------|-----------|-----------|-------|-------|-------|
| 218 | 342 | Daniel Angel | Otero Cepeda       |                              | Santiago De Composte | 51:41  | 51:51     | VETERAN C | 5:10  | 199   | 18    |
| 219 | 190 | Berta        | Noguerol Menoyo    |                              | Lalin                | 51:39  | 51:54     | VETERAN A | 5:10  | 20    | 11    |
| 220 | 107 | Eladino      | Tato Mazaira       |                              | Ourense              | 51:46  | 51:56     | VETERAN A | 5:11  | 200   | 97    |
| 221 | 295 | Joaquin      | Pomares Botana     | Joaquin Pomares Botana       | Santiago De Composte | 51:52  | 51:57     | VETERAN B | 5:11  | 201   | 40    |
| 222 | 155 | Paula        | Paz Bermudez       | Caii A Estrada               | A Estrada            | 51:47  | 51:58     | VETERAN A | 5:11  | 21    | 12    |
| 223 | 199 | Javier       | Pérez-cid          | Rigale                       | Orense               | 51:54  | 52:13     | VETERAN A | 5:11  | 202   | 98    |
| 224 | 43  | David        | Bernárdez Peña     |                              | Piñor                | 52:26  | 52:41     | SENIOR    | 5:14  | 203   | 42    |
| 225 | 283 | Pili         | González Vázquez   | Kópore                       | O Carballiño         | 52:38  | 52:43     | VETERAN B | 5:16  | 22    | 3     |
| 226 | 340 | Margarita    | Urbano Gonzalez    | Atletas Veteranos Orense     | España-orense        | 52:43  | 52:48     | VETERAN C | 5:16  | 23    | 1     |
| 227 | 96  | Albert       | Carballal Iglesias |                              | Encamp-andorra       | 52:46  | 52:59     | VETERAN A | 5:16  | 204   | 99    |
| 228 | 73  | Lucia        | Sousa Rodríguez    |                              | Ourense              | 53:05  | 53:24     | SENIOR    | 5:18  | 24    | 5     |
| 229 | 72  | Karen Dayana | Pico Ariza         |                              | Ourense              | 53:05  | 53:24     | SENIOR    | 5:19  | 25    | 6     |
| 230 | 241 | César        | Carracedo Pose     |                              | Santiago De Composte | 53:10  | 53:29     | VETERAN A | 5:19  | 205   | 100   |
| 231 | 81  | Pablo        | Díaz Botana        |                              | Santiago De Composte | 53:25  | 53:29     | SENIOR    | 5:21  | 206   | 43    |
| 232 | 146 | Jose Maria   | Bergantiños Lopez  | Jose Maria Bergantiños Lopez | Guitiriz             | 53:19  | 53:40     | VETERAN A | 5:20  | 207   | 101   |
| 233 | 335 | José Manuel  | Pérez Rodríguez    | Esprintes Ourense            | Punxín               | 53:20  | 53:42     | VETERAN C | 5:20  | 208   | 19    |
| 234 | 278 | Marga        | Ledesma Rico       | C D. Vagalume Energia        | Teo                  | 53:25  | 53:43     | VETERAN B | 5:21  | 26    | 4     |
| 235 | 272 | Jose Antonio | Fernandez Abalde   | Fuxing Club                  | Vigo                 | 53:37  | 53:55     | VETERAN B | 5:22  | 209   | 41    |
| 236 | 71  | Eva          | Nogueira Balseiros | Atletismo A Estrada          | A Estrada            | 53:52  | 53:59     | SENIOR    | 5:23  | 27    | 7     |
| 237 | 221 | J. Eduardo   | Alvarez Quiroga    | Sofindus                     | O Barco De Valdeorra | 53:55  | 54:06     | VETERAN A | 5:24  | 210   | 102   |
| 238 | 108 | Diego        | Casal Ramos        |                              | Ourense              | 53:56  | 54:06     | VETERAN A | 5:24  | 211   | 103   |
| 239 | 353 | Jose         | Fernandez Barracel | C.S Val Da Rabeda Taboadela  | Ourense              | 53:50  | 54:09     | VETERAN D | 5:23  | 212   | 1     |
| 240 | 212 | Santiago     | González Gutiérrez |                              | Santiso - A Coruña   | 54:04  | 54:21     | VETERAN A | 5:24  | 213   | 104   |
| 241 | 362 | Pablo        | González López     |                              | Lalín                | 54:06  | 54:28     | XUVENIL   | 5:24  | 214   | 1     |
| 242 | 137 | Rocio        | Garcia Felpeto     |                              | Santiago De Composte | 54:07  | 54:29     | VETERAN A | 5:24  | 28    | 13    |
| 243 | 2   | Xabier       | Santiso Carral     |                              | Lalin                | 54:15  | 54:39     | SENIOR    | 5:26  | 215   | 44    |
| 244 | 213 | Raquel       | Lareo Rodríguez    | Club Atletismo Deza          | Lalin                | 54:19  | 54:41     | VETERAN A | 5:26  | 29    | 14    |
| 245 | 301 | Gonzalo      | Brea Lopez         |                              | Lalin                | 54:18  | 54:41     | VETERAN B | 5:26  | 216   | 42    |
| 246 | 289 | Oscar        | Feijoo Martinez    |                              | Prado Lalín          | 54:21  | 54:42     | VETERAN B | 5:26  | 217   | 43    |
| 247 | 134 | Santiago     | Gestal Viqueira    |                              | Ordes                | 54:34  | 54:44     | VETERAN A | 5:27  | 218   | 105   |
| 248 | 257 | Bruno        | Porto Calvelo      |                              | Ames                 | 54:27  | 54:44     | VETERAN A | 5:27  | 219   | 106   |





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|-----|-----|---------------|--------------------------|-----------------------------|----------------------|--------|-----------|-----------|-------|-------|-------|
| 249 | 328 | Antonio Oscar | Constenla Junquera       |                             | Vedra                | 54:27  | 54:50     | VETERAN C | 5:27  | 220   | 20    |
| 250 | 17  | Sergio        | Silva Bautista           |                             | Ourense              | 55:05  | 55:29     | SENIOR    | 5:31  | 221   | 45    |
| 251 | 179 | Francisco     | García Villaverde        |                             | Santiago De Composte | 55:26  | 55:38     | VETERAN A | 5:32  | 222   | 107   |
| 252 | 242 | Raquel        | Bernardez Silva          |                             | Santiago De Composte | 55:15  | 55:38     | VETERAN A | 5:31  | 30    | 15    |
| 253 | 286 | Jorge         | Puga Gonzalez            | C.S Val Da Rabeda Taboadela | Ourense              | 55:21  | 55:40     | VETERAN B | 5:32  | 223   | 44    |
| 254 | 255 | Manuel        | Rodríguez Diez-caballero |                             | Ourense              | 55:22  | 55:42     | VETERAN A | 5:32  | 224   | 108   |
| 255 | 42  | Nuria         | Alvarez Rodríguez        |                             | Piñor                | 55:36  | 55:49     | SENIOR    | 5:34  | 31    | 8     |
| 256 | 277 | Geraldine     | Grove                    |                             | Lalín                | 55:38  | 55:53     | VETERAN B | 5:34  | 32    | 5     |
| 257 | 29  | Daniel        | Martínez González        |                             | Ourense              | 55:49  | 56:04     | SENIOR    | 5:35  | 225   | 109   |
| 258 | 222 | Leticia       | Vilar Vázquez            | Escola De Atletismo Deza    | Lalín                | 55:49  | 56:05     | VETERAN A | 5:35  | 33    | 16    |
| 259 | 287 | Jesus         | Perez Balirac            | Noitebra F.C                | Santiago De Composte | 55:50  | 56:07     | VETERAN B | 5:35  | 226   | 45    |
| 260 | 160 | Daniel        | Varela Armesto           | Atletismo Arenteiro         | O Carballiño         | 56:00  | 56:09     | VETERAN A | 5:36  | 227   | 110   |
| 261 | 193 | Mario         | Failde Fernández         |                             | Lalin                | 55:56  | 56:11     | VETERAN A | 5:36  | 228   | 111   |
| 262 | 191 | Nesi          | Blanco Mosquera          |                             | Lalin                | 55:56  | 56:11     | VETERAN A | 5:36  | 34    | 17    |
| 263 | 114 | Eva Lorena    | Pereira Freire           | Galfor                      | Ourense              | 55:51  | 56:12     | VETERAN A | 5:35  | 35    | 18    |
| 264 | 74  | Emma          | Ferradas Blanco          |                             | Lalin                | 56:03  | 56:17     | SENIOR    | 5:36  | 36    | 9     |
| 265 | 192 | Luis          | Ramos Alvarez            | Vii Legion Gemina           | Lobios               | 56:07  | 56:22     | VETERAN A | 5:37  | 229   | 112   |
| 266 | 152 | Paula         | Fernández Pazò           |                             | Vigo                 | 56:14  | 56:29     | VETERAN A | 5:37  | 37    | 19    |
| 267 | 23  | Laura         | Velasco Fondevila        | Limiaactiva                 | Xinzo De Limia       | 56:26  | 56:41     | SENIOR    | 5:39  | 38    | 10    |
| 268 | 40  | Sira          | Cebreiros Iglesias       | A.D. Limiaactiva            | Pereiro De Aguiar    | 56:26  | 56:41     | SENIOR    | 5:39  | 39    | 11    |
| 269 | 66  | Antonio       | Dominguez Gonzalez       | Vii Legio Gemina            | Bande                | 57:05  | 57:18     | SENIOR    | 5:42  | 230   | 46    |
| 270 | 125 | Jorge         | Vázquez Alvarez          | Vii Legio Gemina            | Cartelle             | 57:08  | 57:23     | VETERAN A | 5:43  | 231   | 113   |
| 271 | 123 | Raul          | Vázquez Alvarez          | Vii Legio Gemina            | Cartelle             | 57:07  | 57:23     | VETERAN A | 5:42  | 232   | 114   |
| 272 | 118 | María José    | Tourón Novelle           | Ourense Atletismo           | Ourense              | 57:10  | 57:23     | VETERAN A | 5:43  | 40    | 20    |
| 273 | 206 | Daniel        | Moure García             |                             | Ourense              | 57:23  | 57:23     | VETERAN A | 5:44  | 233   | 115   |
| 274 | 32  | Carlos        | García Dopazo            |                             | Lalin                | 57:39  | 57:56     | SENIOR    | 5:46  | 234   | 47    |
| 275 | 282 | Laura         | Lopez Blanco             | Atletas Veteranos Ourense   | Ourense              | 57:41  | 57:58     | VETERAN B | 5:46  | 41    | 6     |
| 276 | 334 | Maria         | Varela Garcia            | Independiente               | Moreiras             | 58:45  | 58:53     | VETERAN C | 5:52  | 42    | 2     |
| 277 | 75  | Jose Manuel   | Trigas Sotelo            |                             | Carballiño           | 58:43  | 59:05     | SENIOR    | 5:52  | 235   | 48    |
| 278 | 76  | Diana         | Fernandez Sotelo         |                             | Carballiño           | 58:43  | 59:05     | SENIOR    | 5:52  | 43    | 12    |
| 279 | 133 | Ana Maria     | Perez Romero             |                             | Santiago De Composte | 58:55  | 59:05     | VETERAN A | 5:54  | 44    | 21    |



## CLASIFICACIÓN CARREIRA ABSOLUTA - XUVENIL

| PTO | DOR | NOMBRE          | APELLIDOS            | CLUB                           | LOCALIDAD             | T.NETO  | T.OFICIAL | CATEGORÍA | RITMO | P.SEX | P.CAT |
|-----|-----|-----------------|----------------------|--------------------------------|-----------------------|---------|-----------|-----------|-------|-------|-------|
| 280 | 68  | Gabriel         | López González       | Independiente                  | O Carballiño (ourens) | 59:02   | 59:22     | SENIOR    | 5:54  | 236   | 49    |
| 281 | 360 | Martín          | Saa López            | Escola Atletismo Deza          | Lalín                 | 59:28   | 59:40     | PROMESA   | 5:57  | 237   | 2     |
| 282 | 284 | José Luis       | Mosquera Fuentes     |                                | Lalín                 | 59:15   | 59:40     | VETERAN B | 5:55  | 238   | 46    |
| 283 | 145 | Isabel          | Pereira Vilariño     |                                | Lalín                 | 59:37   | 59:54     | VETERAN A | 5:58  | 45    | 22    |
| 284 | 358 | Andrea          | Vazquez Alvarez      | Escola Atletismo Deza          | Lalín                 | 59:53   | 1:00:05   | XUNIOR    | 5:59  | 46    | 1     |
| 285 | 269 | Santiago        | Romero Otero         | Santiago Romero Otero          | Santiago De Composte  | 59:54   | 1:00:10   | VETERAN B | 5:59  | 239   | 47    |
| 286 | 233 | Fátima          | Valverde             | A O Carballo                   | Taboada               | 1:00:29 | 1:00:44   | VETERAN A | 6:03  | 47    | 23    |
| 287 | 294 | María Jose      | Ulloa                | María Jose Ulloa               | Santiago De Composte  | 1:00:29 | 1:00:44   | VETERAN B | 6:03  | 48    | 7     |
| 288 | 20  | Ledicia         | Santos Fernández     | Independiente                  | Santiago De Composte  | 1:00:33 | 1:00:57   | SENIOR    | 6:04  | 49    | 13    |
| 289 | 363 | Adrián          | Mato Rodríguez       |                                | Lalín                 | 1:01:00 | 1:01:22   | XUVENIL   | 6:06  | 240   | 2     |
| 290 | 48  | Alberto         | Fernandez Villamarin |                                | Lalín                 | 1:01:21 | 1:01:37   | SENIOR    | 6:08  | 241   | 50    |
| 291 | 185 | Pablo           | Fernandez Villamarin |                                | Lalín                 | 1:01:21 | 1:01:37   | VETERAN A | 6:08  | 242   | 116   |
| 292 | 151 | Pily            | Pérez Barros         |                                | Vigo                  | 1:01:25 | 1:01:40   | VETERAN A | 6:08  | 50    | 24    |
| 293 | 201 | Salomé          | Miramontes Mirás     |                                | Santiago De Composte  | 1:02:03 | 1:02:24   | VETERAN A | 6:12  | 51    | 25    |
| 294 | 26  | Veronica        | Rodriguez Perez      | Atletismo Arenteiro            | O Carballiño          | 1:02:26 | 1:02:46   | SENIOR    | 6:15  | 52    | 14    |
| 295 | 211 | Cristina        | Rodríguez Perez      |                                | Carballino            | 1:02:26 | 1:02:46   | VETERAN A | 6:15  | 53    | 26    |
| 296 | 139 | Eva             | Cebreiros Iglesias   | A.D.Limiactiva                 | Ourense               | 1:02:32 | 1:02:47   | VETERAN A | 6:15  | 54    | 27    |
| 297 | 341 | María Jesús     | Sánchez Fernández    |                                | Lalín                 | 1:03:12 | 1:03:16   | VETERAN C | 6:19  | 55    | 3     |
| 298 | 138 | Gerardo         | González Soler       |                                | Lalín                 | 1:04:13 | 1:04:37   | VETERAN A | 6:25  | 243   | 117   |
| 299 | 13  | María           | Perez Dacal          | Limiaactiva                    | Xinzo De Limia        | 1:04:55 | 1:05:10   | SENIOR    | 6:30  | 56    | 15    |
| 300 | 27  | Tania           | Salgado Carnero      | Limiaactiva                    | Xinzo De Limia        | 1:04:55 | 1:05:10   | SENIOR    | 6:30  | 57    | 16    |
| 301 | 53  | Hector          | Gomez Seguin         | Limiaactiva                    | Xinzo De Limia        | 1:04:56 | 1:05:10   | SENIOR    | 6:30  | 244   | 51    |
| 302 | 52  | Laura           | Baña Nimo            |                                | Ordes                 | 1:05:10 | 1:05:27   | SENIOR    | 6:31  | 58    | 17    |
| 303 | 350 | Francisco       | Bao Estevez          | Adas - Barco                   | O Barco De Valdeorra  | 1:05:56 | 1:06:17   | VETERAN D | 6:36  | 245   | 2     |
| 304 | 352 | Jesus           | Rua Perez            | Independiente                  | Santiago De Composte  | 1:06:11 | 1:06:17   | VETERAN D | 6:37  | 246   | 3     |
| 305 | 307 | María Guadalupe | Chavez Vazquez       | Club Atletas Veteranos Ourense | O Carballiño          | 1:06:05 | 1:06:21   | VETERAN B | 6:36  | 59    | 8     |