

CLASIFICACIÓN CARRRA ABSOLUTA_10Km

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | EQUIPO | TIEMPO OFICIAL | RITMO | TIEMPO NETO | CATEGORIA | PTO SEXO | PTO CAT |
|-----|--------|----------------|-------------------|------|--|----------------|-------|-------------|-------------|----------|---------|
| 1 | 26 | Juan Antonio | Gude Vila | M | Montependarubia | 32:05 | 3:13 | 32:05 | Veterano 2 | 1 | 0 |
| 2 | 1 | Amador | Pena Torreira | M | Club Atletismo O Pino | 32:53 | 3:17 | 32:53 | Veterano 1 | 2 | 0 |
| 3 | 13 | Jose | Lojo | M | San Miguel De Marin | 32:57 | 3:18 | 32:57 | Senior | 3 | 0 |
| 4 | 103 | Esteban | Toucedo Santos | M | San Miguel De Marin | 33:08 | 3:19 | 33:08 | Sénior | 4 | 1 |
| 5 | 19 | Ciro | Fernández Briones | M | C.A. Santiago | 33:18 | 3:19 | 33:18 | Promesa | 5 | 1 |
| 6 | 14 | Victor | Gonzalez Horta | M | Comesaña Sporting Club | 33:28 | 3:21 | 33:28 | Senior | 6 | 2 |
| 7 | 300 | José Miguel | Gómez Sánchez | M | Ateltismo Sar - Vermú Petroni | 33:44 | 3:23 | 33:44 | Veteranos 2 | 7 | 1 |
| 8 | 318 | Miguel | Mayán Dios | M | Ninguno | 33:48 | 3:23 | 33:48 | Veteranos 2 | 8 | 2 |
| 9 | 274 | Samuel | Saborido Soñora | M | Ateltismo Sar - Vermú Petroni | 33:58 | 3:24 | 33:58 | Veteranos 2 | 9 | 3 |
| 10 | 312 | José | Nercellas Méndez | M | Adas Barco | 34:00 | 3:24 | 33:59 | Veteranos 2 | 10 | 4 |
| 11 | 284 | Juan Carlos | Rodriguez Torres | M | S. D. Barbantia Roda | 34:02 | 3:24 | 34:02 | Veteranos 2 | 11 | 5 |
| 12 | 161 | Jacobo | Crego Fernandez | M | Ninguno | 34:49 | 3:29 | 34:49 | Veteranos 1 | 12 | 1 |
| 13 | 313 | Ernesto | Buceta Pouso | M | Ninguno | 34:58 | 3:29 | 34:58 | Veteranos 2 | 13 | 6 |
| 14 | 213 | Alexis | Buig Fernandez | M | 3&run Club De Corredores By Pedro Nimo | 35:02 | 3:30 | 35:00 | Veteranos 2 | 14 | 7 |
| 15 | 151 | Ricardo | León Viñas | M | Ateltismo Sar - Vermú Petroni | 35:18 | 3:32 | 35:17 | Sénior | 15 | 3 |
| 16 | 119 | Héctor | Lorenzo Buceta | M | Tribu Trail | 35:34 | 3:33 | 35:33 | Sénior | 16 | 4 |
| 17 | 240 | Juan | Cepeda Reboiras | M | Olimpico De Vedra | 35:36 | 3:34 | 35:36 | Veteranos 2 | 17 | 8 |
| 18 | 228 | Juan | Garcia Fandiño | M | Ninguno | 35:47 | 3:34 | 35:46 | Veteranos 2 | 18 | 9 |
| 19 | 304 | Japi | Baamonde Arufe | M | Ateltismo Sar - Vermú Petroni | 35:53 | 3:35 | 35:52 | Veteranos 2 | 19 | 10 |
| 20 | 182 | Jose Antonio | Vidal Gonzalez | M | Noitebra F.C. | 35:56 | 3:36 | 35:54 | Veteranos 1 | 20 | 2 |
| 21 | 127 | Luis | Tempra Peneireiro | M | Triatlón Riveira | 36:16 | 3:37 | 36:16 | Sénior | 21 | 5 |
| 22 | 20 | Miguel | Iglesias Amores | M | Club Deportivo Pinarium | 36:30 | 3:39 | 36:29 | Senior | 22 | 6 |
| 23 | 233 | Alberto | Vázquez Tubio | M | S. D. Barbantia Roda | 36:37 | 3:39 | 36:35 | Veteranos 2 | 23 | 11 |
| 24 | 10 | Ruben | Vila Sieira | M | Egozarros | 36:46 | 3:41 | 36:45 | Veterano 2 | 24 | 12 |
| 25 | 155 | Boni | González Rey | M | Praia De Carnota Runners | 36:47 | 3:41 | 36:46 | Veteranos 1 | 25 | 3 |
| 26 | 156 | Josecho | González Rey | M | Praia De Carnota Runners | 36:48 | 3:41 | 36:45 | Veteranos 1 | 26 | 4 |
| 27 | 289 | Luis | Mendez Torres | M | Ninguno | 36:50 | 3:41 | 36:49 | Veteranos 2 | 27 | 13 |
| 28 | 222 | José Manuel | Martinez Otero | M | Atletismo Milladoiro | 36:54 | 3:41 | 36:53 | Veteranos 2 | 28 | 14 |
| 29 | 176 | Julio | Mallo Nieto | M | Olimpico De Vedra | 36:57 | 3:42 | 36:56 | Veteranos 1 | 29 | 5 |
| 30 | 354 | Jesús | Barral Sanchez | M | Ninguno | 37:08 | 3:42 | 37:07 | Veteranos 3 | 30 | 1 |
| 31 | 16 | Santiago | Calvo Viturro | M | S. D. Barbantia Roda | 37:11 | 3:43 | 37:11 | Promesa | 31 | 2 |
| 32 | 305 | Juan Francisco | Fernandez Lijo | M | Club De Remo Nautico Riveira | 37:12 | 3:43 | 37:09 | Veteranos 2 | 32 | 15 |
| 33 | 166 | Eloy | Rey Martínez | M | Ninguno | 37:13 | 3:43 | 37:12 | Veteranos 1 | 33 | 6 |

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|-----|--------|----------------|--------------------|------|---|----------------|-------|-------------|-------------|----------|---------|
| 34 | 268 | Fernando | Fernández Martínez | M | Os Aforcados | 37:31 | 3:45 | 37:31 | Veteranos 2 | 34 | 16 |
| 35 | 200 | Carlos | Dieguez Carreira | M | Club Deportivo San Paio | 37:33 | 3:45 | 37:31 | Veteranos 1 | 35 | 7 |
| 36 | 392 | Julio | Muñoz Espasandin | M | Ninguno | 37:39 | 3:46 | 37:38 | Veteranos 2 | 36 | 8 |
| 37 | 143 | Hector | Vidal Martinez | M | Los Chavales | 37:42 | 3:46 | 37:38 | Sénior | 37 | 7 |
| 38 | 125 | Luis | Ourille Vázquez | M | S. D. Barbantia Roda | 37:45 | 3:46 | 37:41 | Sénior | 38 | 8 |
| 39 | 351 | Manuel | Paredes Parada | M | Atletica Barbanza | 37:49 | 3:47 | 37:47 | Veteranos 3 | 39 | 2 |
| 40 | 260 | José | Buján González | M | Club Atletismo Outes - John Turkey | 37:51 | 3:46 | 37:45 | Veteranos 2 | 40 | 17 |
| 41 | 116 | Alberto | Vituro Piñeiro | M | Ninguno | 37:52 | 3:47 | 37:46 | Sénior | 41 | 9 |
| 42 | 204 | David | Yañez Ordoñez | M | S. D. Barbantia Roda | 37:52 | 3:47 | 37:50 | Veteranos 1 | 42 | 9 |
| 43 | 181 | Nicolas | Gómez Ourille | M | S. D. Barbantia Roda | 38:03 | 3:48 | 37:59 | Veteranos 1 | 43 | 10 |
| 44 | 203 | Alberto | Mariño Lameiro | M | S. D. Barbantia Roda | 38:08 | 3:49 | 38:07 | Veteranos 1 | 44 | 11 |
| 45 | 22 | Jose Francisco | Vilasoia Silva | M | Os Aforcados | 38:15 | 3:49 | 38:12 | Veterano 1 | 45 | 12 |
| 46 | 294 | Jose Antonio | Costa Rodriguez | M | Agrupación Atlético Mazi | 38:17 | 3:49 | 38:16 | Veteranos 2 | 46 | 18 |
| 47 | 262 | Héctor | Cajaraville Araújo | M | Ninguno | 38:23 | 3:50 | 38:21 | Veteranos 2 | 47 | 19 |
| 48 | 299 | Juan Carlos | Vituro Martínez | M | S. D. Barbantia Roda | 38:24 | 3:50 | 38:22 | Veteranos 2 | 48 | 20 |
| 49 | 154 | Lito | Rodriguez Pouso | M | Club Atletismo Lousame Deportes Hermida | 38:30 | 3:51 | 38:25 | Veteranos 1 | 49 | 13 |
| 51 | 177 | Rocio | Alvite Ferreiro | F | Ateltismo Sar - Vermú Petroni | 38:41 | 3:52 | 38:40 | Veteranos 1 | 1 | 0 |
| 50 | 323 | Xoel | Blanco Romero | M | Oziona Barbanza | 38:41 | 3:52 | 38:38 | Xuvenil | 50 | 1 |
| 52 | 212 | Jacobo | García Vicente | M | Ninguno | 38:42 | 3:52 | 38:40 | Veteranos 2 | 51 | 21 |
| 53 | 301 | Antonio | Fernández Cabezas | M | Millaraio | 38:46 | 3:52 | 38:41 | Veteranos 2 | 52 | 22 |
| 54 | 144 | Gustavo | Vázquez Torrado | M | S. D. Barbantia Roda | 39:06 | 3:54 | 39:03 | Sénior | 53 | 10 |
| 55 | 343 | Santiago | Triñanes Vazquez | M | S. D. Barbantia Roda | 39:06 | 3:54 | 39:03 | Veteranos 3 | 54 | 3 |
| 56 | 241 | Antón | Gómez Pombo | M | R.C. Celta Atletismo | 39:09 | 3:55 | 39:07 | Veteranos 2 | 55 | 23 |
| 57 | 361 | Juan | Rivas Castro | M | Ninguno | 39:13 | 3:55 | 39:09 | Veteranos 3 | 56 | 4 |
| 59 | 246 | Manuel | Figueira Perez | M | Ateltismo Sar - Vermú Petroni | 39:28 | 3:57 | 39:27 | Veteranos 2 | 58 | 24 |
| 58 | 387 | Xose Luis | Otero Cepeda | M | Universidade Santiago | 39:28 | 3:57 | 39:25 | Veteranos 4 | 57 | 1 |
| 60 | 205 | Jorge | Triñanes Ozores | M | Ninguno | 39:29 | 3:57 | 39:26 | Promesa | 59 | 3 |
| 62 | 180 | Guillermo | Tubio Muñiz | M | Nos Bares Falase Moito | 39:33 | 3:57 | 39:25 | Veteranos 1 | 61 | 14 |
| 63 | 249 | Alfonso | Gonzalez Abuin | M | Ninguno | 39:33 | 3:57 | 39:33 | Veteranos 2 | 62 | 26 |
| 61 | 287 | Juan | Mayo Balderrabano | M | Pavimentos Noia | 39:33 | 3:57 | 39:28 | Veteranos 2 | 60 | 25 |
| 64 | 123 | Xacobe | Fontán Martínez | M | Ninguno | 39:34 | 3:57 | 39:30 | Sénior | 63 | 11 |
| 65 | 271 | Toño | Figueira | M | S. D. Barbantia Roda | 39:35 | 3:57 | 39:32 | Veteranos 2 | 64 | 27 |
| 66 | 31 | Renato | Fernández García | M | La Gramola Gtr | 39:44 | 3:59 | 39:44 | Veterano 2 | 65 | 28 |

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|-----|--------|------------------|---------------------|------|---|----------------|-------|-------------|-------------|----------|---------|
| 67 | 344 | Juan Carlos | Fernandez Castro | M | Noitebra | 39:46 | 3:59 | 39:45 | Veteranos 3 | 66 | 5 |
| 68 | 341 | Francisco | Sanmarco Santos | M | Ateltismo Sar - Vermú Petroni | 39:48 | 3:59 | 39:46 | Veteranos 3 | 67 | 6 |
| 69 | 189 | Emilio | Saborido Fernandez | M | S. D. Barbantia Roda | 39:51 | 3:59 | 39:48 | Veteranos 1 | 68 | 15 |
| 70 | 215 | Rafael | Pérez García | M | S. D. Barbantia Roda | 39:52 | 3:59 | 39:48 | Veteranos 2 | 69 | 29 |
| 71 | 27 | Jose | Navarro Anton | M | S. D. Barbantia Roda | 39:53 | 3:59 | 39:50 | Veterano 2 | 70 | 30 |
| 72 | 128 | Martin | Cespon Peneireiro | M | Club Natacion Riveira | 39:58 | 3:59 | 39:53 | Sénior | 71 | 12 |
| 73 | 149 | Alexander | Rodríguez Rodríguez | M | Ninguno | 40:03 | 3:59 | 39:55 | Sénior | 72 | 13 |
| 74 | 292 | Fran | Olveira Martinez | M | Ateltismo Sar - Vermú Petroni | 40:06 | 4:00 | 40:04 | Veteranos 2 | 73 | 31 |
| 75 | 193 | Mario | Queiruga Santiago | M | Ninguno | 40:28 | 4:03 | 40:28 | Veteranos 1 | 74 | 16 |
| 76 | 178 | Luis | Vazquez Reiriz | M | Natural Sport | 40:44 | 4:04 | 40:42 | Veteranos 1 | 75 | 17 |
| 77 | 135 | José Daniel | Vicente García | M | Ninguno | 40:46 | 4:04 | 40:37 | Sénior | 76 | 14 |
| 78 | 138 | Adrián | Castroagudín Gómez | M | Atletismo +9 Moraña | 40:49 | 4:05 | 40:46 | Sénior | 77 | 15 |
| 80 | 122 | Javiere | O Catalàn | M | Pishas Bravas | 40:51 | 4:05 | 40:48 | Sénior | 79 | 16 |
| 79 | 173 | Oscar | Sarucho | M | Pishas Bravas | 40:51 | 4:05 | 40:49 | Veteranos 1 | 78 | 18 |
| 81 | 190 | Pablo | Astray López | M | Ninguno | 40:58 | 4:05 | 40:49 | Veteranos 1 | 80 | 19 |
| 82 | 331 | Antonio | Vidal Ares | M | Clube Triatlon Arcade Inforhouse Santiago | 40:58 | 4:05 | 40:55 | Veteranos 3 | 81 | 7 |
| 83 | 285 | Miguel | Gonzalez Mirás | M | Ninguno | 40:59 | 4:05 | 40:57 | Veteranos 2 | 82 | 32 |
| 84 | 115 | Iván | Rodríguez Blanco | M | Ninguno | 41:02 | 4:05 | 40:56 | Sénior | 83 | 17 |
| 85 | 375 | Francisco Javier | Blanco Pias | M | Raposos | 41:08 | 4:06 | 41:02 | Veteranos 3 | 84 | 8 |
| 86 | 206 | Rafael Senen | Gomez Garcia | M | Club Atletismo Outes - John Turkey | 41:14 | 4:07 | 41:12 | Promesa | 85 | 4 |
| 87 | 283 | Manuel | Martínez Sestayo | M | Tartarugas | 41:19 | 4:07 | 41:06 | Veteranos 2 | 86 | 33 |
| 88 | 298 | Juan Ramon | Caamaño Figueira | M | Ninguno | 41:24 | 4:08 | 41:18 | Veteranos 2 | 87 | 34 |
| 89 | 363 | Agustín | Agra | M | Club Atletismo Noia | 41:32 | 4:09 | 41:29 | Veteranos 3 | 88 | 9 |
| 90 | 199 | Pablo | Casais Lopez | M | Ninguno | 41:34 | 4:09 | 41:29 | Veteranos 1 | 89 | 20 |
| 91 | 195 | Ivan | Alvarez Fernandez | M | Ninguno | 41:35 | 4:09 | 41:23 | Veteranos 1 | 90 | 21 |
| 92 | 2 | Jose Matias | Regueira Boo | M | Atletica Barbanza | 41:37 | 4:09 | 41:34 | Veterano 4 | 91 | 2 |
| 93 | 210 | Santi | Galban Lesende | M | Ninguno | 41:40 | 4:09 | 41:34 | Veteranos 2 | 92 | 35 |
| 95 | 280 | Elena | Matalobos Redondo | F | S. D. Barbantia Roda | 41:42 | 4:10 | 41:38 | Veteranos 2 | 2 | 0 |
| 94 | 376 | Xaime | Rivas Posse | M | C.A. Santiago | 41:42 | 4:10 | 41:38 | Veteranos 3 | 93 | 10 |
| 96 | 373 | Adolfo | Rodriguez Rodriguez | M | Atenas | 41:50 | 4:10 | 41:44 | Veteranos 3 | 94 | 11 |
| 97 | 279 | Jose Manuel | Lores Meis | M | Clube Atletismo Cambados - Seguros Noval | 41:56 | 4:11 | 41:52 | Veteranos 2 | 95 | 36 |
| 98 | 158 | Roi | Maneiro Sánchez | M | Run4us | 42:01 | 4:12 | 41:55 | Veteranos 1 | 96 | 22 |
| 99 | 121 | Pablo | Baña Tome | M | Club Atletismo Outes - John Turkey | 42:03 | 4:12 | 41:58 | Sénior | 97 | 18 |

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| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | EQUIPO | TIEMPO OFICIAL | RITMO | TIEMPO NETO | CATEGORIA | PTO SEXO | PTO CAT |
|-----|--------|-----------------|-------------------|------|-------------------------------|----------------|-------|-------------|-------------|----------|---------|
| 100 | 172 | Daniel | Negreira Barcia | M | Atletismo Fontes Do Sar | 42:05 | 4:12 | 42:01 | Veteranos 1 | 98 | 23 |
| 101 | 164 | Jose Manuel | Aldrey Raices | M | Praia De Carnota Runners | 42:07 | 4:11 | 41:51 | Veteranos 1 | 99 | 24 |
| 102 | 319 | Miguel Angel | Muñiz Sanvicente | M | S. D. Barbantia Roda | 42:10 | 4:13 | 42:08 | Júnior | 100 | 1 |
| 103 | 131 | Teresa | Carneiro Barroso | F | C.A. Santiago | 42:15 | 4:13 | 42:11 | Sénior | 3 | 0 |
| 104 | 372 | Juan Antonio | Argibay Perez | M | Club Natacion Riveira | 42:20 | 4:13 | 42:12 | Veteranos 3 | 101 | 12 |
| 105 | 356 | Angel | Perez Susavila | M | Ninguno | 42:23 | 4:14 | 42:16 | Veteranos 3 | 102 | 13 |
| 106 | 242 | Iñaki | Pérez Lopez | M | Caimanes Del Barbanza | 42:27 | 4:14 | 42:23 | Veteranos 2 | 103 | 37 |
| 107 | 102 | Santiago Manuel | Gey Segade | M | S. D. Barbantia Roda | 42:30 | 4:15 | 42:29 | Sénior | 104 | 19 |
| 108 | 33 | Chema | Dominguez Piñeiro | M | S. D. Barbantia Roda | 42:35 | 4:15 | 42:28 | Veterano 3 | 105 | 14 |
| 109 | 6 | Silvia | Garcia Lorenzo | F | Artrogal Tri498 | 42:54 | 4:17 | 42:50 | Senior | 4 | 1 |
| 110 | 7 | Pablo | Hermo Villar | M | Artrogal Tri498 | 42:54 | 4:17 | 42:51 | Veterano 1 | 106 | 25 |
| 111 | 23 | Marcos | Lado Perez | M | Ninguno | 43:03 | 4:17 | 42:55 | Veterano 2 | 107 | 38 |
| 112 | 29 | Benito | Piñeiro Abeijon | M | Ninguno | 43:07 | 4:17 | 42:54 | Veterano 2 | 108 | 39 |
| 113 | 265 | Joselo | Tubio Martinez | M | Club Atletismo Noia | 43:14 | 4:19 | 43:06 | Veteranos 2 | 109 | 40 |
| 114 | 247 | Javier | Rivas Beis | M | Ninguno | 43:19 | 4:19 | 43:05 | Veteranos 2 | 110 | 41 |
| 115 | 272 | Javier | Monterroso Prieto | M | Ninguno | 43:24 | 4:20 | 43:22 | Veteranos 2 | 111 | 42 |
| 116 | 340 | Jose Manuel | Valiño Cereijo | M | Ninguno | 43:28 | 4:20 | 43:23 | Veteranos 3 | 112 | 15 |
| 117 | 386 | Manuel | Vigo Mourullo | M | Atletismo Milladoiro | 43:28 | 4:20 | 43:25 | Veteranos 4 | 113 | 3 |
| 118 | 28 | Jose Carlos | Lopez Outeiral | M | S. D. Barbantia Roda | 43:33 | 4:21 | 43:29 | Veterano 2 | 114 | 43 |
| 119 | 202 | Eusebia | Maldonado | F | Ninguno | 43:34 | 4:21 | 43:31 | Veteranos 1 | 5 | 1 |
| 120 | 252 | Elena | Miguens Otero | F | Ateltismo Sar - Vermú Petroni | 43:41 | 4:22 | 43:38 | Veteranos 2 | 6 | 1 |
| 121 | 221 | Arturo | Piñeiro | M | S. D. Barbantia Roda | 43:43 | 4:20 | 43:27 | Veteranos 2 | 115 | 44 |
| 123 | 145 | Marcos | Franco Doval | M | Club Natacion Riveira | 43:52 | 4:22 | 43:37 | Sénior | 117 | 20 |
| 122 | 174 | Carlos | Portas Costa | M | 6pikosbike Club | 43:52 | 4:22 | 43:36 | Veteranos 1 | 116 | 26 |
| 124 | 30 | Xose Manuel | Bures Miguens | M | Tribu Trail | 43:57 | 4:23 | 43:51 | Veterano 2 | 118 | 45 |
| 125 | 137 | David | Rodríguez Fraga | M | Atletismo +9 Moraña | 44:12 | 4:25 | 44:07 | Sénior | 119 | 21 |
| 126 | 267 | Daniel | Calvo Rey | M | S. D. Barbantia Roda | 44:13 | 4:25 | 44:06 | Veteranos 2 | 120 | 46 |
| 127 | 194 | Raul | Outeiral Davila | M | Immortals | 44:16 | 4:25 | 44:10 | Veteranos 1 | 121 | 27 |
| 128 | 383 | Isolino | Noceda Gonzalez | M | Ninguno | 44:19 | 4:24 | 44:04 | Veteranos 4 | 122 | 4 |
| 129 | 197 | Aurea | Retamal Muñiz | F | Noitebra F.C. | 44:24 | 4:26 | 44:22 | Veteranos 1 | 7 | 2 |
| 130 | 259 | José Manuel | Outeiral Davila | M | Immortals | 44:26 | 4:26 | 44:20 | Veteranos 2 | 123 | 47 |
| 131 | 297 | Francisco | Pais Trigo | M | Ninguno | 44:34 | 4:26 | 44:23 | Veteranos 2 | 124 | 48 |
| 132 | 114 | Francisco | Santos Rojas | M | Ninguno | 44:39 | 4:27 | 44:34 | Sénior | 125 | 22 |

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|-----|--------|--------------|--------------------|------|-------------------------------------|----------------|-------|-------------|-------------|----------|---------|
| 133 | 9 | Paula | Seoane Fernández | F | S. D. Barbantia Roda | 44:46 | 4:28 | 44:39 | Senior | 8 | 2 |
| 134 | 211 | Marcos | Fontans Sebe | M | Ninguno | 44:48 | 4:28 | 44:39 | Veteranos 2 | 126 | 49 |
| 135 | 185 | Diego | Garcia Lorenzo | M | Atletismo Fontes Do Sar | 44:49 | 4:28 | 44:39 | Veteranos 1 | 127 | 28 |
| 136 | 101 | Diego | Miguens Sanchez | M | Ninguno | 44:51 | 4:28 | 44:44 | Sénior | 128 | 23 |
| 137 | 253 | Victor | Fernandez Miguez | M | Ninguno | 44:51 | 4:28 | 44:41 | Veteranos 2 | 129 | 50 |
| 138 | 269 | Nino | Alvarez González | M | Club Triatlon Bomberos Valladolid | 45:00 | 4:29 | 44:52 | Veteranos 2 | 130 | 51 |
| 139 | 302 | Jose Manuel | Garcia Ares | M | Praia De Carnota Runners | 45:00 | 4:28 | 44:43 | Veteranos 2 | 131 | 52 |
| 141 | 273 | Tomás | Tubío Piñeiro | M | Nos Bares Fálase Moito | 45:02 | 4:29 | 44:51 | Veteranos 2 | 133 | 54 |
| 140 | 296 | Luis Mariano | Saborido Fernandez | M | S. D. Barbantia Roda | 45:02 | 4:29 | 44:51 | Veteranos 2 | 132 | 53 |
| 142 | 34 | Tobías | Betanzos Rego | M | Ninguno | 45:03 | 4:29 | 44:51 | Veteranos 3 | 134 | 16 |
| 143 | 357 | José | Gómez Viaño | M | Ninguno | 45:12 | 4:30 | 45:05 | Veteranos 3 | 135 | 17 |
| 144 | 110 | Luis | Casais Calo | M | Ninguno | 45:18 | 4:30 | 45:04 | Sénior | 136 | 24 |
| 145 | 389 | Javier | Acosta Crespo | M | Atenas Triatlón Vilagarcia | 45:24 | 4:31 | 45:13 | Veteranos 4 | 137 | 5 |
| 146 | 248 | Juan Carlos | Fernández Oliveira | M | Ninguno | 45:28 | 4:32 | 45:22 | Veteranos 2 | 138 | 55 |
| 147 | 21 | Sergio | Soto Buceta | M | C.A.Cambados-seG.Noval | 45:31 | 4:31 | 45:07 | Veterano 1 | 139 | 29 |
| 149 | 227 | David FcO. | Figueira Hermo | M | S. D. Barbantia Roda | 45:31 | 4:33 | 45:26 | Veteranos 2 | 141 | 57 |
| 148 | 286 | Alvaro | Pereiras Couto | M | Ninguno | 45:31 | 4:32 | 45:25 | Veteranos 2 | 140 | 56 |
| 150 | 209 | Adriana | Pensado Deus | F | Triatlon Arcade Inforhouse Santiago | 45:34 | 4:33 | 45:29 | Promesa | 9 | 1 |
| 151 | 337 | Juan Carlos | Escuris Villa | M | Os Chans Do Barbanza | 45:40 | 4:33 | 45:36 | Veteranos 3 | 142 | 18 |
| 152 | 347 | José Manuel | Romero Olveira | M | Veteranos De Samil | 45:45 | 4:34 | 45:40 | Veteranos 3 | 143 | 19 |
| 153 | 321 | Javier | Buceta Queiruga | M | Ninguno | 45:50 | 4:35 | 45:50 | Júnior | 144 | 2 |
| 154 | 366 | José Luis | Simoes Fernández | M | Ninguno | 45:54 | 4:34 | 45:42 | Veteranos 3 | 145 | 20 |
| 156 | 256 | Juan José | Outeiral Seco | M | S. D. Barbantia Roda | 46:02 | 4:35 | 45:50 | Veteranos 2 | 147 | 59 |
| 155 | 261 | Francisco | Somoza Garcia | M | S. D. Barbantia Roda | 46:02 | 4:34 | 45:43 | Veteranos 2 | 146 | 58 |
| 157 | 368 | Ricardo | Lopez Triñanes | M | Os Aforcados | 46:05 | 4:35 | 45:51 | Veteranos 3 | 148 | 21 |
| 158 | 281 | Vitor Manuel | Rodriguez Jurjo | M | Quescrem | 46:09 | 4:36 | 45:59 | Veteranos 2 | 149 | 60 |
| 159 | 219 | Fran | Muñiz Santos | M | Ninguno | 46:10 | 4:37 | 46:07 | Veteranos 2 | 150 | 61 |
| 160 | 365 | Manuel | Garrido Picón | M | Ninguno | 46:29 | 4:38 | 46:23 | Veteranos 3 | 151 | 22 |
| 161 | 133 | Susana | Nieto Pazos | F | Ateltismo Sar - Vermú Petroni | 46:35 | 4:39 | 46:32 | Sénior | 10 | 3 |
| 162 | 276 | Juan Jose | Mariño Dieste | M | Os Aforcados | 46:38 | 4:38 | 46:24 | Veteranos 2 | 152 | 62 |
| 163 | 196 | Ivan | Flores Vazquez | M | Ninguno | 46:40 | 4:39 | 46:28 | Veteranos 1 | 153 | 30 |
| 164 | 352 | Joaquín | Riveiro Dieste | M | Itbs | 46:43 | 4:40 | 46:36 | Veteranos 3 | 154 | 23 |
| 165 | 336 | Roberto | Cao Braña | M | Ninguno | 46:53 | 4:40 | 46:43 | Veteranos 3 | 155 | 24 |

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|-----|--------|------------------|-----------------------|------|------------------------------------|----------------|-------|-------------|-------------|----------|---------|
| 166 | 225 | José | Paulos Lobato | M | Galitar | 46:54 | 4:40 | 46:38 | Veteranos 2 | 156 | 63 |
| 167 | 234 | Ignacio | Touzón Lijó | M | Bajandode40.Com | 46:54 | 4:40 | 46:41 | Veteranos 2 | 157 | 64 |
| 168 | 168 | Rubén | Vidal Martínez | M | Los Chavales | 46:55 | 4:41 | 46:50 | Veteranos 1 | 158 | 31 |
| 169 | 369 | Fernando | Couselo Barrio | M | Ninguno | 46:59 | 4:41 | 46:49 | Veteranos 3 | 159 | 25 |
| 170 | 152 | Iván | Nine Sieira | M | Ninguno | 47:01 | 4:41 | 46:48 | Sénior | 160 | 25 |
| 172 | 147 | Zoraida | Lojo Abanqueiro | F | S. D. Barbantia Roda | 47:05 | 4:42 | 47:00 | Sénior | 12 | 4 |
| 173 | 243 | Roberto | Gómez Fernández | M | Ninguno | 47:05 | 4:41 | 46:54 | Veteranos 2 | 161 | 65 |
| 171 | 315 | Ana Isabel | Ouviña Figueira | F | S. D. Barbantia Roda | 47:05 | 4:41 | 46:58 | Veteranos 2 | 11 | 2 |
| 174 | 382 | Jose | Pena Franco | M | Ninguno | 47:06 | 4:41 | 46:48 | Veteranos 4 | 162 | 6 |
| 175 | 134 | David | Pena Silva | M | Tran - Tran | 47:17 | 4:43 | 47:07 | Sénior | 163 | 26 |
| 176 | 258 | Vicente | Ordoñez Parada | M | Os Aforcados | 47:18 | 4:42 | 47:04 | Veteranos 2 | 164 | 66 |
| 177 | 317 | Eva | De La Fuente Iglesias | F | Club Atletismo O Pino | 47:18 | 4:43 | 47:14 | Veteranos 2 | 13 | 3 |
| 178 | 191 | Jose Ramon | Torrado Vidal | M | Os Aforcados | 47:26 | 4:43 | 47:12 | Veteranos 1 | 165 | 32 |
| 181 | 136 | Adrián | Fernández Domínguez | M | Máximo | 47:29 | 4:45 | 47:27 | Sénior | 167 | 27 |
| 179 | 217 | Mada | García Abalo | F | Ninguno | 47:29 | 4:45 | 47:25 | Veteranos 2 | 14 | 4 |
| 180 | 263 | Antonio | Castro Casal | M | Ninguno | 47:29 | 4:43 | 47:17 | Veteranos 2 | 166 | 67 |
| 182 | 418 | Adel | Sánchez Dieste | M | Club De Remo Cabo Da Cruz | 47:34 | 4:44 | 47:20 | Xuvenil | 168 | 2 |
| 183 | 171 | Manuel | Suarez Mayo | M | Ninguno | 47:40 | 4:45 | 47:31 | Veteranos 1 | 169 | 33 |
| 184 | 175 | Iván | Canle Reino | M | Immortals | 47:42 | 4:45 | 47:35 | Veteranos 1 | 170 | 34 |
| 185 | 266 | Jose Antonio | Perez Lijo | M | Ninguno | 47:44 | 4:45 | 47:24 | Veteranos 2 | 171 | 68 |
| 186 | 326 | Iker | Romero Piñeiro | M | Club De Remo Cabo Da Cruz | 47:46 | 4:45 | 47:33 | Xuvenil | 172 | 3 |
| 187 | 278 | José Antonio | Ramallo Araújo | M | Ninguno | 47:49 | 4:46 | 47:39 | Veteranos 2 | 173 | 69 |
| 188 | 183 | Roberto | Rey Gomez | M | Club Deportivo San Paio | 47:52 | 4:46 | 47:37 | Veteranos 1 | 174 | 35 |
| 189 | 124 | Jose Luis | Miranda Sueiro | M | Ninguno | 47:59 | 4:46 | 47:48 | Sénior | 175 | 28 |
| 190 | 167 | José Manuel | Vidal Sieira | M | Ninguno | 48:01 | 4:46 | 47:44 | Veteranos 1 | 176 | 36 |
| 191 | 275 | José | Ferreirós Fernández | M | Tartarugas | 48:03 | 4:47 | 47:49 | Veteranos 2 | 177 | 70 |
| 192 | 334 | Rafael | Señaris Gonzalez | M | Club Social Banco Pastor | 48:10 | 4:48 | 48:04 | Veteranos 3 | 178 | 26 |
| 193 | 381 | Carlos | Cives Duro | M | Ninguno | 48:13 | 4:48 | 48:05 | Veteranos 4 | 179 | 7 |
| 194 | 255 | Rafael Senen | Gomez Reiris | M | Club Atletismo Outes - John Turkey | 48:14 | 4:48 | 48:03 | Veteranos 2 | 180 | 71 |
| 195 | 359 | Francisco Javier | Eiras Castro | M | Ninguno | 48:19 | 4:49 | 48:08 | Veteranos 3 | 181 | 27 |
| 196 | 245 | Jorge | Dieste Del Rio | M | Ninguno | 48:20 | 4:48 | 48:02 | Veteranos 2 | 182 | 72 |
| 197 | 339 | Manuel María | Silva Triñanes | M | Ninguno | 48:28 | 4:49 | 48:10 | Veteranos 3 | 183 | 28 |
| 198 | 239 | José Alberto | Segade Otero | M | Ninguno | 48:35 | 4:50 | 48:19 | Veteranos 2 | 184 | 73 |

CLASIFICACIÓN CARRRA ABSOLUTA_10Km

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | EQUIPO | TIEMPO OFICIAL | RITMO | TIEMPO NETO | CATEGORIA | PTO SEXO | PTO CAT |
|-----|--------|------------------|----------------------|------|-----------------------------------|----------------|-------|-------------|-------------|----------|---------|
| 199 | 288 | Jorge | Lojo Triñanes | M | Ninguno | 48:35 | 4:51 | 48:26 | Veteranos 2 | 185 | 74 |
| 200 | 150 | Ines | Porto Regueiro | F | Club Deportivo San Paio | 48:39 | 4:51 | 48:35 | Sénior | 15 | 5 |
| 201 | 129 | Pili | Franco Resúa | F | Ninguno | 48:41 | 4:51 | 48:35 | Sénior | 16 | 6 |
| 202 | 370 | Maria | Rodriguez Lobagueira | F | Ninguno | 48:46 | 4:51 | 48:37 | Veteranos 3 | 17 | 1 |
| 204 | 355 | Juan Carlos | Muñiz Abuin | M | Ninguno | 48:53 | 4:53 | 48:48 | Veteranos 3 | 187 | 30 |
| 203 | 364 | Paulino | Martínez Muñiz | M | Ninguno | 48:53 | 4:51 | 48:31 | Veteranos 3 | 186 | 29 |
| 205 | 308 | Angeles | Sánchez Navia | F | Tran - Tran | 49:03 | 4:53 | 48:53 | Veteranos 2 | 18 | 5 |
| 206 | 214 | Santiago | Nuñez Nuñez | M | Ninguno | 49:04 | 4:53 | 48:51 | Veteranos 2 | 188 | 75 |
| 207 | 314 | Jose Luis | Gonzalez Novoa | M | Ninguno | 49:05 | 4:53 | 48:50 | Veteranos 2 | 189 | 76 |
| 208 | 367 | Paz | Peña Villamide | F | Tartarugas | 49:10 | 4:53 | 48:56 | Veteranos 3 | 19 | 2 |
| 210 | 25 | Jose Manuel | Gonzalez Santamaria | M | S. D. Barbantia Roda | 49:15 | 4:54 | 49:03 | Veterano 2 | 190 | 31 |
| 209 | 198 | Ana | Bello Nine | F | S. D. Barbantia Roda | 49:15 | 4:54 | 49:02 | Veteranos 1 | 20 | 3 |
| 211 | 216 | Juan José | Sieira Otero | M | S. D. Barbantia Roda | 49:21 | 4:55 | 49:08 | Veteranos 2 | 191 | 77 |
| 212 | 325 | Miguel Angel | Outeiral Perez | M | Club De Remo Cabo Da Cruz | 49:28 | 4:55 | 49:13 | Xuvenil | 192 | 4 |
| 213 | 413 | Samuel | Muñiz Alonso | M | Club De Remo Cabo De Cruz | 49:29 | 4:55 | 49:15 | Xuvenil | 193 | 5 |
| 214 | 111 | Cathi | Sánchez Oliveira | F | Ninguno | 49:36 | 4:57 | 49:28 | Sénior | 21 | 7 |
| 215 | 236 | Lara | Buig Fernandez | F | Club Atletismo O Pino | 49:36 | 4:57 | 49:29 | Veteranos 2 | 22 | 6 |
| 216 | 349 | Gonzalo | Alfonsin Soliño | M | Tartarugas | 49:44 | 4:57 | 49:30 | Veteranos 3 | 194 | 32 |
| 217 | 157 | Alberto | Rodríguez Bouzon | M | Ninguno | 49:49 | 4:59 | 49:47 | Veteranos 1 | 195 | 37 |
| 218 | 229 | Juan Francisco | Lojo Patiño | M | Ninguno | 49:54 | 4:57 | 49:33 | Veteranos 2 | 196 | 78 |
| 219 | 179 | Sendy | Rios Lustres | F | Ninguno | 50:04 | 5:00 | 49:53 | Veteranos 1 | 23 | 4 |
| 220 | 108 | José Ricardo | Pérez Casas | M | Fast Running | 50:18 | 5:01 | 50:08 | Sénior | 197 | 29 |
| 222 | 146 | Virginia | Lustres Pérez | F | Ninguno | 50:22 | 5:01 | 50:07 | Sénior | 25 | 8 |
| 221 | 160 | Alina | Fernández Campos | F | S. D. Barbantia Roda | 50:22 | 5:01 | 50:10 | Veteranos 1 | 24 | 5 |
| 223 | 371 | Luis | Alborés Díaz | M | Ninguno | 50:22 | 5:01 | 50:07 | Veteranos 3 | 198 | 33 |
| 225 | 192 | Juanky | Ageitos Sampedro | M | Ninguno | 50:27 | 5:01 | 50:15 | Veteranos 1 | 200 | 38 |
| 224 | 220 | Gerardo Miguel | Fontan Perez | M | Clube Ciclista Armenteira E Punto | 50:27 | 5:00 | 50:04 | Veteranos 2 | 199 | 79 |
| 226 | 282 | Susana | Gomez Lodeiros | F | Tartarugas | 50:36 | 5:02 | 50:23 | Veteranos 2 | 26 | 7 |
| 227 | 223 | Francisco Javier | Suarez Bermudez | M | Ninguno | 50:52 | 5:04 | 50:40 | Veteranos 2 | 201 | 80 |
| 228 | 120 | Paula | Martínez Dieste | F | Vengadores Ocr | 51:35 | 5:08 | 51:19 | Sénior | 27 | 9 |
| 229 | 330 | Manuel | Lago Moledo | M | Cao Outes | 51:37 | 5:09 | 51:26 | Veteranos 3 | 202 | 34 |
| 230 | 374 | Arturo | Bermejo Rubio | M | Ninguno | 52:02 | 5:11 | 51:47 | Veteranos 3 | 203 | 35 |
| 231 | 105 | Brais | Abuin | M | Brais Abuin | 52:18 | 5:13 | 52:05 | Sénior | 204 | 30 |

CLASIFICACIÓN CARRRA ABSOLUTA_10Km

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | EQUIPO | TIEMPO OFICIAL | RITMO | TIEMPO NETO | CATEGORIA | PTO SEXO | PTO CAT |
|-----|--------|----------------|--------------------|------|--------------------------|----------------|-------|-------------|-------------|----------|---------|
| 232 | 118 | Moisés | Campaña Vilanova | M | Ninguno | 52:18 | 5:13 | 52:06 | Sénior | 205 | 31 |
| 233 | 360 | Jesus | Lopez Outeiral | M | Tri-a-tetas | 52:29 | 5:14 | 52:24 | Veteranos 3 | 206 | 36 |
| 234 | 348 | Juan Manuel | Salguero Del Valle | M | Ule-león | 52:34 | 5:15 | 52:29 | Veteranos 3 | 207 | 37 |
| 236 | 307 | Rafael | Fernandez Ponte | M | Ninguno | 52:36 | 5:14 | 52:18 | Veteranos 2 | 209 | 82 |
| 235 | 310 | Juan Antonio | Armental Lopez | M | Ninguno | 52:36 | 5:14 | 52:18 | Veteranos 2 | 208 | 81 |
| 237 | 309 | Emilio Antonio | Caeiro Casás | M | Tran - Tran | 52:37 | 5:14 | 52:26 | Veteranos 2 | 210 | 83 |
| 238 | 251 | Chus | Busto Lorenzo | F | Club Liceo Noia | 52:58 | 5:17 | 52:48 | Veteranos 2 | 28 | 8 |
| 239 | 8 | Laura Alicia | Acevedo Arteaga | F | Tartarugas - Running Sar | 53:02 | 5:11 | 51:47 | Veterano 2 | 29 | 9 |
| 240 | 290 | Mariana | Blanco Mariño | F | Ninguno | 53:05 | 5:18 | 52:57 | Veteranos 2 | 30 | 10 |
| 241 | 332 | Ramon | Miras Rodriguez | M | Ninguno | 53:07 | 5:18 | 53:03 | Veteranos 3 | 211 | 38 |
| 242 | 358 | Ramon | Hermo Rey | M | Ninguno | 53:08 | 5:17 | 52:51 | Veteranos 3 | 212 | 39 |
| 243 | 293 | Marcos | Sanchez Lopez | M | Ninguno | 53:10 | 5:18 | 52:55 | Veteranos 2 | 213 | 84 |
| 244 | 270 | Araceli | Garcia Silva | F | Ninguno | 53:12 | 5:18 | 53:04 | Veteranos 2 | 31 | 11 |
| 245 | 335 | Ricardo | Vázquez Regueiro | M | S. D. Barbantia Roda | 53:13 | 5:19 | 53:05 | Veteranos 3 | 214 | 40 |
| 246 | 231 | Emma | Chao Blanco | F | S. D. Barbantia Roda | 53:14 | 5:19 | 53:06 | Veteranos 2 | 32 | 12 |
| 247 | 113 | Abel | Vicente Peiteado | M | Ninguno | 53:31 | 5:19 | 53:17 | Sénior | 215 | 32 |
| 248 | 165 | Ruben | Seijo Val | M | Running Sociedad Liceo | 53:38 | 5:21 | 53:29 | Veteranos 1 | 216 | 39 |
| 249 | 250 | Pastora | Caramés Hermo | F | Liceo De Noia | 53:39 | 5:21 | 53:29 | Veteranos 2 | 33 | 13 |
| 251 | 107 | Lucía | Pérez Casas | F | Fast Running | 53:42 | 5:21 | 53:32 | Sénior | 34 | 10 |
| 250 | 159 | Anton | Cuntin Gomez | M | Ninguno | 53:42 | 5:21 | 53:32 | Veteranos 1 | 217 | 40 |
| 252 | 264 | Marcos | Alvarez Rodriguez | M | Club Natacion Riveira | 54:14 | 5:24 | 53:55 | Veteranos 2 | 218 | 85 |
| 253 | 141 | Pablo | Gomez Gomez | M | Pavimentos Noia | 54:22 | 5:26 | 54:16 | Sénior | 219 | 33 |
| 254 | 184 | Marcos | Lojo Triñanes | M | Ninguno | 54:23 | 5:25 | 54:13 | Veteranos 1 | 220 | 41 |
| 255 | 311 | Patricia | Silva Fajardo | F | Ninguno | 54:23 | 5:25 | 54:09 | Veteranos 2 | 35 | 14 |
| 256 | 188 | Sandra | Garcia Fernandez | F | Ninguno | 54:25 | 5:25 | 54:11 | Veteranos 1 | 36 | 6 |
| 257 | 385 | Perfecto | Dominguez Riveiro | M | Ninguno | 54:31 | 5:25 | 54:08 | Veteranos 4 | 221 | 8 |
| 258 | 12 | German | Villanustre Abuin | M | S. D. Barbantia Roda | 54:36 | 5:26 | 54:23 | Veterano 3 | 222 | 41 |
| 259 | 106 | Irene | Blanco Torrado | F | Ninguno | 54:38 | 5:26 | 54:25 | Sénior | 37 | 11 |
| 260 | 163 | Raquel | Baptista Fonseca | F | Ninguno | 54:39 | 5:27 | 54:31 | Veteranos 1 | 38 | 7 |
| 261 | 244 | Marga | Hermo Figueira | F | S. D. Barbantia Roda | 54:42 | 5:26 | 54:26 | Veteranos 2 | 39 | 15 |
| 262 | 201 | Kevinnoa | Collazo Suárez | M | Egozarros | 54:43 | 5:27 | 54:27 | Veteranos 1 | 223 | 42 |
| 263 | 342 | Susana | López Louro | F | Ninguno | 54:43 | 5:27 | 54:35 | Veteranos 3 | 40 | 3 |
| 264 | 350 | Jose Manuel | Camean Seoane | M | Ninguno | 54:44 | 5:27 | 54:35 | Veteranos 3 | 224 | 42 |

CLASIFICACIÓN CARRRA ABSOLUTA_10Km

| PTO | DORSAL | NOMBRE | APELLIDOS | SEXO | EQUIPO | TIEMPO OFICIAL | RITMO | TIEMPO NETO | CATEGORIA | PTO SEXO | PTO CAT |
|-----|--------|----------------------|----------------------|------|------------------------------------|----------------|-------|-------------|-------------|----------|---------|
| 265 | 328 | Yoel | Martínez Armental | M | Club Remo Cabo De Cruz | 54:58 | 5:28 | 54:44 | Xuvenil | 225 | 6 |
| 266 | 218 | Vicente | Hermo Santamaría | M | Galiza | 55:50 | 5:34 | 55:36 | Veteranos 2 | 226 | 86 |
| 267 | 345 | Ramon | Sampedro Muñiz | M | AT. Virxe Da Guía | 55:56 | 5:34 | 55:39 | Veteranos 3 | 227 | 43 |
| 268 | 254 | Estefanía | Martínez Santos | F | Ninguno | 57:11 | 5:42 | 57:07 | Veteranos 2 | 41 | 16 |
| 269 | 362 | Maria Jose | Gonzalez Saavedra | F | Ninguno | 57:33 | 5:44 | 57:19 | Veteranos 3 | 42 | 4 |
| 270 | 186 | Flory | Martínez Laranga | F | Ninguno | 57:42 | 5:44 | 57:25 | Veteranos 1 | 43 | 8 |
| 271 | 132 | Bruno | Figueira Tubio | M | Ninguno | 57:43 | 5:44 | 57:25 | Sénior | 228 | 34 |
| 272 | 187 | Terio | Vila Pena | M | Ninguno | 57:45 | 5:45 | 57:28 | Veteranos 1 | 229 | 43 |
| 275 | 224 | Juan Manuel | Filgueira Fernández | M | Ninguno | 58:44 | 5:51 | 58:33 | Veteranos 2 | 231 | 87 |
| 273 | 333 | Maria Del Carmen | Liñares Perez | F | Ninguno | 58:44 | 5:51 | 58:32 | Veteranos 3 | 44 | 5 |
| 274 | 338 | Estanislao Francisco | Fernández Insua | M | Ninguno | 58:44 | 5:51 | 58:33 | Veteranos 3 | 230 | 44 |
| 276 | 324 | Soffa | Mariño García | F | Ninguno | 59:07 | 5:54 | 59:05 | Xuvenil | 45 | 1 |
| 277 | 329 | Marina | Ramallo Blanco | F | Ninguno | 59:08 | 5:54 | 59:06 | Xuvenil | 46 | 2 |
| 278 | 112 | Marta | Silva Iglesias | F | Ninguno | 1:00:27 | 6:01 | 1:00:08 | Sénior | 47 | 12 |
| 279 | 140 | Alba | Vazquez Santos | F | Ninguno | 1:01:27 | 6:07 | 1:01:12 | Sénior | 48 | 13 |
| 280 | 142 | Marcos | Furelos | M | Ninguno | 1:01:28 | 6:07 | 1:01:13 | Sénior | 232 | 35 |
| 281 | 35 | Jose Carlos | Matilla Garcia | M | Club Natacion Riveira | 1:01:54 | 6:10 | 1:01:36 | Veterano 3 | 233 | 45 |
| 282 | 238 | Charo | Mayan | F | Ninguno | 1:02:04 | 6:12 | 1:01:55 | Veteranos 2 | 49 | 17 |
| 283 | 388 | Mª Jesús | González Blanco | F | Ninguno | 1:03:28 | 6:19 | 1:03:13 | Veteranos 4 | 50 | 1 |
| 285 | 306 | Xoán | Muñiz Muñiz | M | Ninguno | 1:07:00 | 6:40 | 1:06:40 | Veteranos 2 | 235 | 89 |
| 284 | 316 | Juan Carlos | Paz Santos | M | Ninguno | 1:07:00 | 6:40 | 1:06:39 | Veteranos 2 | 234 | 88 |
| 286 | 380 | Jesus | Rua Perez | M | Ninguno | 1:08:05 | 6:48 | 1:07:58 | Veteranos 4 | 236 | 9 |
| 287 | 327 | Marta | Santamaria Vila | F | Ninguno | 1:08:40 | 6:52 | 1:08:38 | Xuvenil | 51 | 3 |
| 288 | 409 | Claudia | Miguéns Silva | F | Ninguno | 1:09:17 | 6:56 | 1:09:16 | Xuvenil | 52 | 4 |
| 289 | 322 | Moises | Calvo Viturro | M | S. D. Barbantia Roda | 1:11:15 | 7:08 | 1:11:15 | Júnior | 237 | 3 |
| 290 | 384 | Elvira | Tresguerras González | F | Ateltismo Sar - Vermú Petroni | 1:12:14 | 7:12 | 1:12:06 | Veteranos 4 | 53 | 2 |
| 291 | 353 | Jose Manuel | Rey Rodríguez | M | Talleres David Triatlón Compostela | 1:12:16 | 7:12 | 1:11:59 | Veteranos 3 | 238 | 46 |